



The City Bridge Trust Committee

Date: THURSDAY, 27 NOVEMBER 2014

Time: 1.45 pm

Venue: COMMITTEE ROOMS, 2ND FLOOR, WEST WING, GUILDHALL

- c) Women's Centre Sutton - Recommended Grant £57,700 (Pages 1 - 10)
- d) Providence Row - Recommended Grant £52,600 (Pages 11 - 20)
- e) CALM - Recommended Grant £100,000 (Pages 21 - 30)
- f) Centrepont Soho - £208,400 (Pages 31 - 40)
- g) Havering & Brentwood Bereavement Service - Recommended Grant £38,900 (Pages 41 - 50)
- h) Maya Centre - Recommended Grant £52,700 (Pages 51 - 60)
- i) Sound Minds - Recommended Grant £72,000 (Pages 61 - 70)
- j) Working With Men - Recommended Grant £145,700 (Pages 71 - 80)
- k) Friends R Us - Recommended Grant £100,000 (Pages 81 - 88)
- l) Norwood Ravenswood Ltd - Recommended Grant £121,000 (Pages 89 - 98)
- m) ADVANCE - Recommended Grant £90,000 (Pages 99 - 108)
- n) Newham Asian Women's Project - Recommended Grant £90,000 (Pages 109 - 116)
- o) Woman's Trust - Recommended Grant £ 75,000 (Pages 117 - 126)
- p) Arts Depot Trust Ltd - Recommended Grant £81,300 (Pages 127 - 136)
- q) Finsbury and Clerkenwell Volunteers - Recommended Grant £30,000 (Pages 137 - 146)
- r) Iraqi Community Association - Recommended Grant £83,000 (Pages 147 - 156)
- s) Newham New Deal Partnership - Recommended Grant £84,000 (Pages 157 - 166)
- t) Royal Docks Learning & Activity Centre - Recommended Grant £49,200 (Pages 167 - 176)

- u) Enfield Citizens Advice Bureau - Recommended Grant £132,200 (Pages 177 - 184)
- v) Fitzrovia Neighbourhood Association - Recommended Grant £99,000 (Pages 185 - 192)
- w) Only Connect - Recommended Grant £135,000 (Pages 193 - 202)
- x) Black Training and Enterprise Group - Recommended Grant £165,000 (Pages 203 - 212)
- y) Cranfield Trust - Recommended Grant £128,000 (Pages 213 - 222)
- z) National Association of Child Contact Centres - Recommended Grant £65,700 (Pages 223 - 232)
- aa) Tower Hamlets Council for Voluntary Service - Recommended Grant £180,000 (Pages 233 - 242)

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: The Women's Centre Sutton	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Sutton	
Contact person: Ms Elizabeth McGarry	Position: Centre Manager
Website: http://www.suttonwomen.co.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 294067
When was your organisation established? 15/05/1985	

Grant Request

Under which of City Bridge Trust's programmes are you applying? English for Speakers of Other Languages
Which of the programme outcome(s) does your application aim to achieve? More people with improved English language skills More people participating in the wider community
Please describe the purpose of your funding request in one sentence. To provide English as another Language/ IT tuition to local women who may require an all women environment with crèche facilities.
When will the funding be required? 08/09/2014
How much funding are you requesting? Year 1: £19,804 Year 2: £20,200 Year 3: £20,604 Total: £60,608

Aims of your organisation:

To provide a safe place which is responsive to the needs of local women, especially those who are isolated or vulnerable and hard to reach. We have a women only environment.

To provide a woman-centred information and advice service which will promote the rights of women and enhance their ability to make informed choices.

Provide access to emotional and practical support to women.

Provide learning opportunities, including educational courses, creative activities and volunteering experiences which will build women's confidence and self esteem.

Provide safe and enjoyable crèche facilities for all our activities.

Main activities of your organisation:

Face-to-face counselling for victims of Domestic Abuse/ Sexual Abuse
Confidential Telephone Counselling for victims of Domestic /Sexual Abuse
Support Groups (Freedom Programme) victims of domestic abuse

Meet a Mum

Drop In

Internet Café and free personal supervision, support and tuition for benefit claims, C.V and job applications.

Citizens Advice Bureaux, advice and information on a weekly basis

Monthly Writers Group. Social event

Crèche facilities are provided for all our activities

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	5	8	21

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	2015 we will own the freehold

Summary of grant request

We are requesting funding to provide 2 English language/ IT courses per year for 3 years. The purpose of the project is to bring migrant/ethnic minority women together to improve their language and communication skills. We will use a variety of learning styles in a friendly informal setting that promotes confidence building and social ability. Each student will initially be assessed by two qualified ESOL teachers and recommended for one or other of the courses depending on their needs and level of English language facility. Areas of concern/ interest to them to be incorporated into an agreed learning plan. These plans to be monitored using continuous assessment. We are requesting funding to provide 2 English language/ IT courses per year for 3 years. We intend to keep the format the same over the three years but we will monitor this closely and implement changes if necessary.

Evaluation of our current course, which ends in July 2014 shows that students enjoy the informal setting, quality of teaching and have requested further classes. As crèche facilities are provided women with young children can access learning where previously they were excluded through lack of free childcare provision.

Course A: Basic English language and IT skills for 2 hours per week during term time for ten to twelve women, for 36 weeks. The class to be divided into two groups, each group to be taught English and English language with IT. Teaching to incorporate everyday subjects that are relevant to the students.

Course B:

3 x Fast track 12 week courses for, 2 hours per week, from September 2014, for ten to twelve women for students wishing to take Level 1 or 2 English exams. The course to be tailored to suit the needs of the students. Two qualified ESOL tutors to be employed.

Crèche facilities to be available for a maximum of 8 pre-school children on each course. Two qualified crèche workers to be employed to provide organised activities.

Our objectives are:

To increase students verbal confidence using English to shop; fill in forms; to express their opinions in the group and encourage students to visit the centre's internet café and weekly drop-in service.

To raise IT skills: To be able to access the internet and email.

To increase children's social skills and language facility as preparation for mainstream nurseries, playgroups & school.

The Sutton Women's Centre has delivered these courses subject to funding for several years. Our tutors are friendly, flexible and approachable. It is also the only organisation in the borough that provides a safe space for women. As well as teaching English/ IT we can provide ad hoc services such as support, information and advice that is not always easily accessible to some ethnic minority women. The centre is small and informal and women are encouraged to feel part of the centre and at ease to request support and advice.

The project meets the Trusts principles of 'Good Practice' in that:

The course content will be guided by the requirements of the student and continually monitored and assessed.

Students to provide feedback at the end of each term by completing an evaluation form.

The project to be promoted to all local ethnic minority groups and migrant women.

Volunteers will be asked to join the meetings with the staff running the project and be given the opportunity to offer their opinions. They will be offered training and regularly meet with the centre manager to discuss any concerns.

We have installed a new efficient boiler, double glazed windows to reduce our heating costs. We use energy saving bulbs and recycle on a daily basis.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Having run successful ESOL courses before, we do not need any formal consent from other statutory bodies at this time.

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

We do not hold any quality marks but we are currently liaising with Sutton Centre for the Voluntary Sector to work towards achieving the PQASSO standard.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

36, 2 hourly sessions of Basic English Grammar/ English conversation, to enable women to be able to read letters from schools, doctors, landlords, health professionals etc and use English more fluently and breakdown the barriers of isolation

Total of 108 sessions provide over three years.

36, 2 hourly sessions of IT to enable women to access info on the internet and to keep in contact with friends & relatives, and t gain basic computing skills for everyday use.

Total of 108 sessions provided over three years.

3, 12 week, two hourly courses of ESOL level 1/ level 2 for women.

Total of 9 twelve week course provided over three years

72, two hourly creche sessions for children of women attending ESOL.

216 sessions provided over 3 three years.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Women are more confident & better able to interact with professionals

Women will be less isolated and be more able to communicate with other members of the community

Women will be more confident and more able to support their children with school work and activities

Women will be more confident in accessing the internet and using IT skills in their daily life.

Children will be more confident, happier with improved social skills, more easily ready for mainstream nursery & schools.

There will be marked improvements in health & well being for the whole family.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We do intend to continue this activity and plan to apply for grants to other Trusts and charitable organisations. We have been successful in the past with grants from The City Bridge Trust, John Paul Getty Jnr, LloydsTSB and many others.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

90

In which Greater London borough(s) or areas of London will your beneficiaries live?

Sutton (90%)

Croydon (5%)

Merton (5%)

What age group(s) will benefit?

0-15

16-24

25-44

45-64

65-74

What gender will beneficiaries be?

Female

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

Mixed/ Multiple ethnic groups (including White and Black Caribbean; White and Black African; White and Asian; Any other Mixed/ Multiple ethnic background)

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)

If Other ethnic group, please give details: **Eastern Europeans**

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Tutor fees	9,400	9,588	9,780	27,768
Creche worker fees	4,320	4,406	4,495	13,221
Centre Co-ordinator	2,560	2,611	2,663	7,835
Premises	3,024	3,084	3,146	9,255
Stationery	500	510	520	1,530
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	19,804	20,200	20,604	60,608
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
As above in section 'J'	19,804	20,200	20,604	60,608
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	20,444	20,853	21,270	62,567
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	13,984
Activities for generating funds	3,280
Investment income	21
Income from charitable activities	8,433
Other sources	0
Total Income:	25,718

Expenditure:	£
Charitable activities	17,129 26,291
Governance costs	450
Cost of generating funds	9,162
Other	0
Total Expenditure:	26,741
Net (deficit)/surplus:	-1,023
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-1,023

Asset position at year end	£
Fixed assets	55,778
Investments	0
Net current assets	20,474
Long-term liabilities	0
*Total Assets (A):	76,252

Reserves at year end	£
Restricted funds	58,280
Endowment Funds	0
Unrestricted funds	17,972
*Total Reserves (B):	76,252

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 0%
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Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: 5 year grant of £154,051.00 from the Big Lottery, awarded in 2013.
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Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	9,280	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder		2012 £	2013 £	2014 £
Big Lottery	0	29,602	30,195	
Sutton Community Fund	0	8,575	0	
LloydsTSB	9,350	0	0	
Awards For All	0	6,860	0	
John Paul Getty Jnr	0	3,000	0	

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Elizabeth McGarry**

Role within **Centre Manager**

Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Providence Row	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Tower Hamlets	
Contact person: Ms Laura Hopper	Position: Social Enterprise Development Manager
Website: http://www.providencerow.org.uk	
Legal status of organisation: Charitable company	Charity, Charitable Incorporated Company or company number: 07452798
When was your organisation established? 01/05/1860	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving London's Environment
Which of the programme outcome(s) does your application aim to achieve? More people reporting improved wellbeing through greater use of open spaces and through growing and greening initiatives More Londoners with a greater knowledge and understanding of the 'green' environment and biodiversity
Please describe the purpose of your funding request in one sentence. Improving the well-being of homeless people and building local knowledge of the 'green' environment and biodiversity through greater use of open spaces.
When will the funding be required? 02/01/2015
How much funding are you requesting? Year 1: £36,024 Year 2: £37,753 Year 3: £33,163 Total: £106,940

Aims of your organisation:

Providence Row was established in 1860 and has a long track record of helping homeless and vulnerable people in East London. We aim to tackle the root causes of homelessness to help people get off and stay off the streets, supporting 1,200 people each year. Our 3 year strategy outlines four main aims: i) Thriving - providing a safe, welcoming and high quality environment for vulnerable people, supporting them into a stable, secure and positive way of life; ii) Dynamic - a leading frontline agency, working in a thoughtful and strategic way with other organisations across all sectors to prevent homelessness; iii) Sustainable - financially robust, independent and sustainable; iv) Effective - focused, efficient and making a difference.

Main activities of your organisation:

We help 1,200 people each year through the following services:

- Resource Centre - for people who are sleeping rough with breakfast, showers and access to IT.
- Advice and Support - housing and benefit advice and support for people who are homeless or at risk of homelessness.
- Recovery and Progression - for people whose mental health and substance misuse issues are affecting their ability to find and stay in accommodation. We offer 1:1 advice and group support; help to access treatment; a learning programme (funded by the Big Lottery).
- Training and Employment - our trainee schemes and social enterprise help people with complex needs to improve their self-esteem; gain certifications and move into regular learning, volunteering or work. We run a catering trainee scheme with progressions to a bakery social enterprise. We have also run pilot schemes in painting and decorating and buildings maintenance.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
18	8	13	15

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

Providence Row tackles the root causes of homelessness to help people get off, and stay off the streets. We aim to improve people's well-being and help them to develop their skills and interests so that they may lead a more independent and fulfilled life.

Homeless people are amongst the most marginalised in our society. Their physical and mental health are significantly worse than others in the community, exacerbated by limited access to healthy food, inadequate health care and very few opportunities to access learning and training programmes to get back into employment. People who are sleeping rough can also feel excluded from parks and public spaces due to fear of being accused of loitering or begging.

The aim of this project is to improve the well-being of 90 homeless and vulnerably housed people through greater use of open spaces and to create a community resource for more than 200 Londoners to gain a greater knowledge of the green environment.

We will do this by developing our gardens into an area for growing a wide range of fruits, vegetables, mushrooms and herbs. The design and planning of our garden incorporates the principles of permaculture through the utilisation of recycled materials, creation of insect and green walls, beekeeping, rainwater collection and composting systems.

We will run learning and training programmes in the garden. Our weekly gardening group will be focused on learning and caring for plants and horticultural therapy. Our trainee scheme with City & Guilds accreditations in Practical Horticulture Skills will build clients' skills and confidence, enabling them to move on to further learning/training, volunteering or employment. Through both activities, we will support clients to grow food and incorporate it into our daily lunch service thus improving their diet and physical health. We will organise corporate challenges and community gardening days where clients will have the opportunity to engage with other members of the local community and share their pride and knowledge of creating a beautiful 'green' environment in the heart of the city.

Through these activities, the following outcomes will be realised: i) 90 homeless and vulnerably housed clients will show improved physical health; ii) 60 improved emotional and mental health; iii) 70 will be less isolated and show improved confidence; iv) 53 will improve their skills and employability; v) more than 200 Londoners (clients and volunteers) will gain an improved understanding of the 'green' environment and biodiversity.

Providence Row is the right organisation to deliver this work as the charity has over 150 years of experience of supporting homeless people in east London and developing learning and training programmes for homeless people with mental health and/or drug and alcohol problems. We own our own buildings and in 2013 transformed our barren courtyard space into a beautiful flower garden. We have been running a weekly gardening group under the guidance of an experienced gardener for the last 9 months with 44 clients participating. We have already seen evidence of improved well-being and several clients are now moving on to further education, training and employment in gardening.

This project reflects 'Principles of Good Practice' by involving local people (70% of clients are from the local area) in the design and building of various structural elements. Client volunteers will be trained as Peer Mentors and be responsible for maintaining the garden during the week. Corporate challenges and community gardening days will provide more opportunities for local people of all backgrounds to enjoy the garden and learn about its 'green' elements. The project will reduce our carbon footprint through growing our own food, composting and enhancing the productivity of our solar panels.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

A planning application has been submitted to the Tower Hamlets for a rooftop greenhouse. No other consents for the project are required.

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Our kitchen has a 5 (out of 5) rating from Tower Hamlets Environmental Health.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Develop Phase 2 of our garden using our rooftop space for growing fruits, vegetables, mushrooms and herbs and beekeeping. We will build insect walls, green walls and planters using recycled materials. We will create composting and rainwater harvesting systems.

Run a weekly gardening group in our learning programme for 72 homeless and vulnerable people per year. Sessions will focus on caring for plants; horticulture therapy; learning about the environment. Clients will plan and build a green wall and create a multi-media project on wildlife in our garden.

Deliver a gardening trainee scheme with a City & Guilds accreditation in Practical Horticulture Skills for 18 homeless/ex-homeless people per year; provide them with 1:1 and group support for their mental health and drug/alcohol problems through our specialist workers; provide them with job search support, cv writing, move on options.

Support 90 homeless and vulnerable people per year to plan the food we grow and integrate it into our breakfast/lunch service for clients, teaching principles of growing food organically and healthy eating.

Organise 8 team challenges with corporate or community volunteers; 4 community gardening days with local gardening groups from neighbouring estates with introductory tours on our green initiatives; hold 2 events per year whereby local people can access the garden.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Improved physical health and energy levels for 90 clients per year, with 40 clients per year showing improved diet and nutrition through growing and consuming healthier food.

Improved emotional and mental health for 60 clients per year - connecting with nature in a peaceful environment will reduce levels of depression, anger and stress; 40 clients per year will use their time more meaningfully, reducing their consumption of drugs/alcohol and show improved mental and physical health.

Reduced isolation and improved confidence for 70 clients per year - clients will engage in activities, work and communicate better with others, be more confident in what they can do.

Improved skills and employability - 53 clients per year will show improved motivation, responsibility and confidence - key elements of employability; 18 clients per year will gain an accreditation; more clients will be completing job searches (16 per year); 15 clients will progress to volunteering in other gardening projects annually.

Improved knowledge and understanding of the 'green' environment and biodiversity for more than 200 Londoners per year - 90 homeless/ex-homeless people and more than 120 volunteers from the local community per year.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

The cost of our garden project will reduce after 3 years as more trained volunteers take an active role in its maintenance. Funding will be sustained by small trusts and companies (we have a track record for this with gardening) and an increasing amount of our independently generated income.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

200

In which Greater London borough(s) or areas of London will your beneficiaries live?

Tower Hamlets (50%)

City (10%)

Hackney (7%)

London-wide (33%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

21-30%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff costs	31,814	33,360	34,027	99,202
Activity Costs	17,376	17,172	12,153	46,700
Office, General and Admin	356	363	370	1,089
Premises Costs	3,468	3,638	3,462	10,568
Overhead Cost Allocation	5,301	5,420	5,167	15,888
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	58,316	59,953	55,179	173,448

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Trusts & Foundations	3,762	3,706	1,802	0
Liveries	1,250	0	0	0
Companies	1,035	0	0	0
	0	0	0	0
TOTAL:	6,047	3,706	1,802	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Costs	23,760	25,145	25,648	74,552
Activity Costs	6,660	6,660	2,160	15,480
Office, General & Admin	187	191	194	572
Premises Costs	2,142	2,277	2,041	6,461
Overhead Cost Allocation	3,275	3,481	3,120	9,876
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	36,024	37,753	33,163	106,940

Finance details 12449

Please complete using your most recent audited or independently examined accounts.

Financial year ended:31	Month: March	Year:2014
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Income received from:	£
Voluntary income	199,954
Activities for generating funds	339,438
Investment income	42,404
Income from charitable activities	251,000
Other sources	218,717
Total Income:	£1,051,513

Expenditure:	£
Charitable activities	1,055,569
Governance costs	57,539
Cost of generating funds	156,520
Other	
Total Expenditure:	1,269,628
Net (deficit)/surplus:	(218,115)
Other Recognised Gains/(Losses):	127,831
Net Movement in Funds:	(90,284)

Asset position at year end	£
Fixed assets	5,625,884
Investments	1,831,367
Net current assets	1,434,464
Long-term liabilities	
*Total Assets (A):	8,891,715

Reserves at year end	£
Endowment funds	617,506
Restricted funds	2,667,996
Unrestricted funds	5,606,213
*Total Reserves (B):	8,891,715

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
29.73%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

On 30.05.2014 we acquired the leasehold interest in a commercial property adjacent to our main operating site for £1,150,000 (we financed this from unrestricted designated reserves). We already held the freehold interest in this property and intend to hold it as a managed investment property continuing to let the units to small business

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	26,000	0	16,000
London Local Authorities	258,000	217,125	234,875
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	113,470	61,614

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery Fund	0	0	84,759
Street Smart	5,000	10,000	7,600
The 29th May 1961 Charitable Trust	5,000	5,000	5,000
The Albert Hunt Trust	5,000	5,000	5,000
The Worshipful Company of Feltmakers	3,000	3,000	7,500

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Laura Hopper**

Role within **Social Enterprise Development Manager**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: CALM, the campaign against living miserably	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Southwark	
Contact person: Ms Jane Powell	Position: Director
Website: http://www.thecalmzone.net	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1110621
When was your organisation established? 20/07/2005	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? A reduction in suicide and self-harm amongst the recognised at risk groups
Please describe the purpose of your funding request in one sentence. To continue prevent male suicide in London by providing support/information to male Londoners who are depressed/in crisis; and encourage local involvement in the campaign.
When will the funding be required? 01/11/2014
How much funding are you requesting? Year 1: £50,000 Year 2: £50,000 Year 3: £0 Total: £100,000

Aims of your organisation:

CALM, campaign against living miserably, is an award-winning national charity aimed at preventing male suicide in the UK. According to the latest Office for National Statistics figures (2012) suicide is the single biggest killer of men aged 20-49 in the UK. That year 77% of 5,981 suicides were men. Suicide consistently ranks as one of the leading killers of young men in the UK and there is a wealth of evidence to show that men are less likely to access mental health services.

CALM helps prevent suicide by providing easily accessible support, information and signposting to men when they are down or in crisis. We aim to change the culture which prevents men seeking help when they are down; influence decision-makers and commissioners to implement better suicide reduction strategies; and improve understanding of who takes their lives and why.

Main activities of your organisation:

We provide a free confidential and anonymous helpline and texting service open every day of the year, 5pm to midnight. Last year, calls to our helpline doubled to 30,000 and calls increase month on month, with almost 4,000 taken in June 2014. Webchat, aimed at young men, will be launched 1st Aug 2014 with the support of Comic Relief. Our website, www.thecalmzone.net averages 20,000 per month unique visitors. It showcases stories written by and for men about their experiences and packed in amongst high quality information and signposting.

We work with commissioners in London and Merseyside to provide local signposting and targeted campaigns 'on the ground' through 'CALMzones' to reach men who would otherwise not seek help. This is supported by a high number of volunteers who raise awareness of CALM and suicide amongst peers and the public. In London, 43,000 copies of CALMzine magazine are distributed at outlets including Topman, bars, sports venues and amongst student groups.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
5	1	11	100

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	3 month notice

Summary of grant request

CALM is seeking continuation funding support our London CALMzone, which seeks to raise awareness of male suicide, encourage men to seek help and talk about their problems.

It fits with the trusts programme outcome because it seeks to prevent suicide amongst the highest risk group -men. Suicide is the biggest killer of men under 50: 77% of 5,981 suicides in England and Wales in 2012 were men. Although the national analysis for suicide shows London has the lowest rates of suicide (13.4% per 100,000 population) compared with the England average of 16.4%, this does not show the wide discrepancies between boroughs: some areas of London have rates over 20%.

Over the last two years, calls to our helpline have increased by 51% and we are now receiving just under 4,000 calls per month, of which we estimate one third are from London, where we have a strong presence on the ground to raise awareness of suicide. We are seeing increasing calls from men desperate as a result of benefits and debt, with some men expressing suicidal intent due to Atos assessments, benefit delays and problems with bedroom tax.

The London CALMzone wants to achieve the following:

- Provide more support and information for men via a range of helpline channels including calls, text and a new web-chat service to be launched in August. We want to encourage more men to seek help when they need it, open up about their problems and feel confident to call again should they need help. We expect our service to deal with at least 30,000 calls from London per annum
- Build upon our website, www.thecalmzone.net as a resource of stories and inspiration told for men and by men, currently reaching 250,000 unique visitors a year, of which 64,000 are currently from London. It includes our award-winning CALMzine magazine, which is distributed in London to young male audiences via outlets such as Topman, sports venues, festivals and events. We want more men to tell their stories without feeling a failure or less of a man for doing so.
- Continue to develop a network of volunteers, ambassadors and student groups who raise the profile of CALM, influence their peers, tell their stories and raise awareness of male suicide. We want to sustain at least 100 volunteers in London.

CALM has been active in the field of suicide prevention since we launched in Manchester in the late 1990s. We are a campaign for, about and populated by men. Key to our success is our brand and approach which genuinely reaches male audiences. We avoid mental health terminology and use men's contemporaries to raise awareness of suicide. Our campaign is gathering momentum and is winning awards for innovation, impact and good practice.

The London CALMzone meets the principles of good practice in a number of ways:

- 1.The campaign is for and by men. The majority of articles and stories published across our platforms are written for and by men who have mental health issues and problems to deal with. We have a growing network of men who are involved in the development and delivery of our communication/awareness raising activities.
- 2.We have a high number of volunteers and contributors: 100-120 are active in London - helping to distribute materials, attend events, help in the office, raise awareness through student action groups. Their contributions are the key to delivering highly impactful and successful 'CALMzones' on the ground.
- 3.Our helpline is delivered by a team of people who work from home and our campaign is increasingly becoming effective online - reducing the need to travel and produce materials.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Our helpline achieved the Helplines Partnership accreditation in 2013.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Continue to provide helpline services for men across London by phone, text message and a new web-chat service between 5pm-midnight, providing support and signposting information and receiving at least 29,000 calls from London over two years.

Continue to build upon www.thecalmzone.net as a resource of stories and inspiration for men and by men attracting 538 men over two years from within London. over 158,000 unique visitors to the site over two years reading their stories, and reaching a further 16,000 readers through distribution of CALMzine.

Continue to expand our support and reach within the London CALMzone, increasing our supporter base to 45,000 over two years, which includes volunteers, ambassadors, corporate partners, social media followers, student groups and fundraisers.

Increase awareness of suicide as the biggest killer of adult men aged under 50 through extending our networks and influence to affect changes in policy relating to suicide prevention, playing active roles in suicide prevention advisory groups, alliances and working groups.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

More men who engage with CALM's campaign. 700 men will feel more confident talking about their mental health issues, feel more supported, engaged and feeling that they are making a meaningful contribution. More men joining the campaign who report feeling connected with the cause.

Reduced stigma around mental health and normalising conversations around mental health. Over two years, 12,000 men using the helpline service realise it's OK to discuss their feelings and feel comfortable talking in depth about problems; 3,000 men reporting the helpline service met their needs; 2,400 confident to access signposting information.

More men experiencing crisis who wouldn't normally seek help open up about their problems. 3% of callers who report feeling suicidal or self-harming feel supported and better afterwards, 65% of men report feeling able to talk about their problems and confident to call again should they need.

Increase in public awareness of suicide as a leading killer of men aged under 50, from 17% to 22%

Increased involvement of CALM at policy level of the need for gender interventions with greater advocacy ability and evidence of the impact of gender interventions on men's mental health and suicide prevention.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will seek to expand support from London Commissioners, broaden our London grant funding base and develop evidence of what works in targeting men to bid for further health commissions. We will continue to invest in resources to develop a sustainable individual supporter base and through extending corporate support.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

48,300

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

0-15

16-24

25-44

45-64

65-74

What gender will beneficiaries be?

All

Male

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary Costs	37,781	38,537	0	0
Staff Costs	680	693	0	0
Volunteer Costs	7,920	8,078	0	0
Helpline Services	142,533	145,383	0	0
Office Costs	7,164	7,307	0	0
Management Costs	7,229	7,374	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	203,307	207,373	0	0

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Comic Relief	13,200	13,200	0	0
Rayne Foundation	3,300	0	0	0
Tudor Trust	8,580	8,580	0	0
Commissioners	30,000	30,000	0	0
TOTAL:	57,080	51,780	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
John Ellerman Foundation	9,900	9,900	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary Costs	19,367	19,754	0	0
Staff Costs	680	680	0	0
Volunteer Costs	6,900	6,051	0	0
Helpline Services	16,164	16,487	0	0
Office Costs	3,582	3,654	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	50,000	50,000	0	0

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	209,632
Activities for generating funds	251,673
Investment income	1,992
Income from charitable activities	170,570
Other sources	360
Total Income:	634,227

Expenditure:	£
Charitable activities	609,204
Governance costs	4,557
Cost of generating funds	21,448
Other	
Total Expenditure:	635,209
Net (deficit)/surplus:	(982)
Other Recognised Gains/(Losses):	
Net Movement in Funds:	

Asset position at year end	£
Fixed assets	
Investments	
Net current assets	136,175
Long-term liabilities	
*Total Assets (A):	136,175

Reserves at year end	£
Endowment funds	
Restricted funds	53,020
Unrestricted funds	83,155
*Total Reserves (B):	136,175

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 18.6%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:
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Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	43,568	135,443	58,910
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Henry Smith Charity	0	32,500	33,100
Comic Relief	25,223	58,000	18,000
Criseren Foundation	7,200	17,500	10,560
Pilkington Trust	0	5,000	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Jane Powell**

Role within **Director**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Centrepont Soho	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Tower Hamlets	
Contact person: Miss Millie Hui	Position: Trusts & Statutory Fundraising Manager
Website: http://www.centrepont.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 292411
When was your organisation established? 16/12/1969	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? More children and young people receiving specialist help, resulting in improved mental health More homeless and transient people having access to mental health services and reporting improved well-being
Please describe the purpose of your funding request in one sentence. The expansion of Centrepont's Dual Diagnosis programme which provides focused interventions for young people, integrating support work around substance misuse (harm reduction) and mental health.
When will the funding be required? 01/02/2015
How much funding are you requesting? Year 1: £55,958 Year 2: £75,225 Year 3: £77,225 Total: £208,408

Aims of your organisation:

As per our articles of association, Centrepoint aims to:

- provide care, support, accommodation and resettlement for young people who are vulnerable or homeless or in need of help in acquiring a settled way of life
- assist, educate and further the interests of those young people who are physically, psychologically, emotionally or socially disadvantaged who are in need of advice, counselling or any other form of aid in order that they may obtain a settled way of life in the community and to enable them to develop into mature and responsible individuals.

Main activities of your organisation:

Centrepoint provides supported accommodation services in the form of hostels, emergency shelters and self-contained flats, to ensure that homeless young people have a safe place to sleep at night. However, we believe that accommodation is not enough, and work holistically with homeless young people in all aspects of their lives to turn their lives around. Our Health & Wellbeing Team deliver a range of high quality health services to homeless young people with physical and mental health issues whilst our Learning Team provides information, guidance and accredited support into education, training, work and vocational opportunities. Centrepoint's Youth Parliament and Youth Educators' Project provide homeless young people with a voice and engage and empower them through participation. Our programmes help young people gain independent living skills and we also continue to support them with guidance and advice for six months after they have moved on. Furthermore, Centrepoint campaigns to influence national and local government on policies that affect homeless young people.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
234	64	12	134

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	3

Summary of grant request

Upon arrival at Centrepont, 25% of our homeless young people have a formally diagnosed mental health problem, an additional 28% report mental health and emotional wellbeing problems including mild depression, anxiety and consistent low moods, and of the 53% with a diagnosis or symptoms of a mental health problem, 61% admit to using drugs. Frequently, we have found that where a young person has been diagnosed, the resources are not available through statutory services in order for them to receive the intensive support they need and that 18-25 year olds are misdiagnosed as having a personality disorder.

This is where Centrepont's Health & Wellbeing Team comes in. Working holistically and in a targeted way, the Health & Wellbeing Team tackles physical, mental, social and emotional wellbeing, employing a multidisciplinary approach. The team is unique in that it has both qualified clinicians such as psychotherapists and healthy living experts and, for the past year, a dedicated dual diagnosis worker, bridging the gap between mental health and substance misuse. With the London Mental Health Report (Greater London Authority, 2014) indicating that over 75% of lifetime mental health disorders start by the mid-20s, Centrepont's programme is reaching the most vulnerable age group, working specifically with 16-25 year olds. Key to our delivery strategy is working with partners across local areas to ensure that our young people get access to the most appropriate services.

Having just run our programme for almost one year, our approach is already proving very successful. The way we work means that we can reach not just those with a known need, but also those who have not received a formal diagnosis, pre-contemplative young people who do not consider themselves in need of support, and even young people who may not necessarily have a dual diagnosis, but nevertheless are concerned about mental health and substance misuse issues.

Moving into the programme's second year, our primary aim is to build on the success and momentum of the programme. Based on the first year's evaluation, we will continue to improve the quality of the service. We also hope to reach a greater number of young people within our services by recruiting an additional Dual Diagnosis Practitioner.

Principles of good practice

Involving service users in the planning of the services

We find that the best way to engage young people with our service is to involve them in programme design and making appropriate adaptations in response to their feedback, so that their voices are heard. We also work with them to communicate in ways relevant to young people's age and culture and run youth-led drop-ins/open days. In 2013, over 100 young people were involved in designing or improving how Centrepont's health services are delivered.

Welcoming people from all backgrounds and valuing diversity

39% of our young people are from BME communities and 37% are refugees, 31% have slept rough and 20% have been in care. We also have a large percentage (20%) with a history of offending.

Valuing and supporting volunteers

We intend to recruit young people who have previously accessed the service and who are now in recovery as volunteers, or Recovery Champions, to come into group sessions to share stories and experiences. They will be supported to develop and deliver AQA-accredited training. Through initiatives such as our Youth Educator' Project, we know that peer support has a very positive influence on young people receiving the support.

Organisational steps to reducing carbon footprint

Centrepont has an environmental policy and action plan, and are currently creating an Environmental Management System. We will raise the profile of environmental issues through a marketing campaign.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Not applicable.

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

1:1 Brief Interventions: Minimum 2 sessions. Aims (depending on presenting issues): a) give the opportunity to discuss dual diagnosis needs and acknowledge that substance use might hinder a healthy lifestyle, b) address ambivalence accessing support, c) enhance motivation for change and d) to encourage access to block sessions.

1:1 Block Sessions: engaging a young person in a block of sessions (a minimum of 6 sessions). The aim of the block treatment is to address risk, symptom management, harm reduction and reduced use.

Speak Freely Groups have proven hugely successful. These peer led sessions focus on the initial engagement of young people, particularly those unfamiliar with 1:1 Dual Diagnosis support, enabling them to choose discussion topics, increasing engagement and attendance without incentives. Friends and family can attend, as can those not displaying Dual Diagnosis.

Train and support 4 young people to volunteer as rehabilitation champions, to deliver AQA accredited sessions and sharing their experiences.

Dual Diagnosis assessments and treatments offer and / or signposting. Young people will be referred to appropriate treatment.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

80% of young people who have received a therapeutic 1-2-1 dual diagnosis intervention self report a positive change in how they feel by the end of the intervention.

80% of young people receiving a dual diagnosis intervention report an overall satisfaction rate of 8 or above as a satisfaction rating when completing a Health & Wellbeing Satisfaction Form.

70% of young people receiving a dual diagnosis intervention subsequently reduce the levels of substance misuse at the end of the intervention.

80% of young people receiving a dual diagnosis intervention engaged with their pathway provider.

80% of young people referred to appropriate treatment improve their mental / emotional wellbeing and gain better access to mental health services.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

This programme has already been incredibly successful and it is Centrepoint's intention to continuing offering Dual Diagnosis support to homeless young people and expand its provision to an increasing number of our services. In order to achieve this, we will continue to identify potential funding, including trusts and foundations, corporations and wealthy individuals.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

150

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

16-24

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries, NI and Pension (2 FTE Dual Diagnosis Practitioners)	64,716	66,657	68,657	200,030
Training	1,300	1,300	1,300	3,900
Recruitment (1 FTE additional post)	995	0	0	995
Staff insurance	308	308	308	924
Office costs	1,200	1,200	1,200	3,600
ICT	1,200	1,200	1,200	3,600
Central Costs (HR, Finance, Contracts, Communication)	4,560	4,560	4,560	13,680
	0	0	0	0
	0	0	0	0
TOTAL:	74,279	75,225	77,225	226,729

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Amy Winehouse Foundation	18,321	0	0	18,321
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries, NI and Pension	46,395	66,657	68,657	181,709
Training	1,300	1,300	1,300	3,900
Recruitment	995	0	0	995
Staff insurance	308	308	308	924
Office costs	1,200	1,200	1,200	3,600
ICT	1,200	1,200	1,200	3,600
Central costs (HR, Finance, Contracts, Communication)	4,560	4,560	4,560	13,680
	0	0	0	0
	0	0	0	0
TOTAL:	55,958	75,225	77,225	208,408

From your most recent audited or independently examined accounts, complete the following:

Financial year ended -

Month: 31st March

Year: **2014**

Income received from:	£
Voluntary income	10,293,000
Activities for generating funds	403,000
Investment income	136,000
Income from charitable activities	9,463,000
Other sources	270,000
Total Income	20,565,000

Expenditure:	£
Charitable activities	14,044,000
Governance costs	85,000
Cost of generating funds	4,216,000
Other	
Total Expenditure	18,345,000
Net (Deficit)/Surplus:	2,220,000
Other Recognised Gains/(Losses)	0
Net Movement in Funds	2,220,000

Asset position at year end	
Fixed assets	4,329,000
Investments	24,000
Net current assets	9,998,000
Long-term liabilities	0
*Total A	14,351,000

Reserves at year end	
Endowment funds	172,000
Restricted funds	2,698,000
Unrestricted funds	11,481,000
*Total B	14,351,000

*** Total A and Total B must be the same and should be taken from your balance sheet**

for staff, human resources

- Policy and Engagement: includes volunteering and partnering with other organisations
- Commercial: fundraising, marketing and communications, business and property development
- Finance and Corporate Services: finance, ICT, other business support

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	28,500	0	0
London Local Authorities	4,631,688	4,385,036	4,813,856
London Councils	0	0	0
Health Authorities	7,770	0	0
Central Government departments	10,000	10,000	0
Other statutory bodies	387,376	299,128	557,087

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder		2012 £	2013 £	2014 £
R&H Trust (Bermuda) Ltd	303,901	0	0	
Comic Relief	184,630	121,678	121,678	
Northern Rock Foundation	145,513	136,387	136,387	
Newman's Own Foundation	102,376	0	0	
JPaul Getty Jnr Charitable Trust	60,000	60,000	60,000	

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Millie Hui**

Role within **Trusts & Statutory Fundraising Manager**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Havering and Brentwood Bereavement Service	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Havering	
Contact person: Mrs Louise Mundy	Position: Grants Manager
Website: http://www.hbbscounselling.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 803650
When was your organisation established? 12/07/1989	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? More children and young people receiving specialist help, resulting in improved mental health A reduction in suicide and self-harm amongst the recognised at risk groups
Please describe the purpose of your funding request in one sentence. To fully support 30 local children and their families in 2014-5 through our Children's Bereavement Service
When will the funding be required? 01/07/2014
How much funding are you requesting? Year 1: £17,362 Year 2: £0 Year 3: £0 Total: £17,362

Aims of your organisation:

For almost 25 years the Havering and Brentwood Bereavement Service has supported local people struggling to come to terms with bereavement or loss.

Our aim is to help them unlock their emotions, come to terms with how they are feeling and adjust to their new lives.

Through timely clinical intervention and support we aim to enhance their self esteem and ability to express their feelings and overcome feelings of helplessness and isolation enabling them to lead more active and fulfilling lives.

5 years ago we launched our Children's Service as many adult clients either had children who needed advice, help and support or had been bereaved as children

We offer a unique local service, 25% year on year increase in referrals, this year anticipating 100, free from point of contact and are a part of our local community with good relationships with schools and GPs and other health professionals.

Main activities of your organisation:

Our activities are mainly one to one counselling sessions for clients. We also run a Social Interaction project for current and former children clients incorporating an annual christmas party, outdoor adventure days for the bereaved children to meet with others in a similar positions to themselves.

We also offer informal support to clients and their families by phone from the moment they first make contact with us.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	12	10	10

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	6 months

Summary of grant request

Since it was funded 25 years ago the Havering and Brentwood Bereavement Service (HBBS) has supported local people of all ages deal with issues surrounding bereavement and loss. We have a diverse range of services which we offer which have developed through our work in the local community which are all funded in different ways. For example we run a Dementia Carers Counselling Project based in Hadleigh funded by SW Essex Health and a generic counselling service for Brentwood Secondary Schools funded by the schools' consortium. Presently we see 70 clients a week across all services which is efficiently managed from our Hornchurch office.

As an organisation we are very passionate about the work we do. We have a dedicated team of specialist, experienced counsellors and the long serving management staff ensure that the organisation not only fulfils our mission but that we do it effectively and efficiently. Local community fundraising events have made a significant contribution to the running of the Children's Service particularly and we have excellent relationships not only with schools, GPs and other medical practitioners, especially those involved with mental health issues.

Since the Children's Service was founded nearly 5 years ago demand has increased year on year by 20-25%. In the next financial year we anticipate 100 referrals. The number of children clients from the most deprived parts of Havering has more than doubled over the last 2 years. Each year in Havering about 60 children are bereaved of a parent or a sibling, often in traumatic circumstances such as suicide or road traffic accidents. The impact of such events is immense, especially for the children in the family and no other specialised bereavement support is available. We are also finding that cases referred to us are becoming increasingly complex, families more disjointed and living under additional burdens of financial, employment and social pressures. All of which exacerbates the impact of a bereavement, especially on the children, the most vulnerable. We do not receive any local authority or health service funding for this work.

Through timely clinical intervention we are able to maintain and preserve the mental health of our clients, seeking further professional help as needed. Usually we are able to help our clients understand what has happened, talk about it and in time adjust to their new lives. Negative feelings, such as anger, frustration and revenge, are acknowledged, addressed and dealt with in such a way to stop the spiral of hurt which often follows bereavement. We also work with our clients to build self esteem and confidence, combatting the isolation and loneliness so often experienced after a loved one has died. This enables them to feel more in control and less vulnerable and it a stronger mental state to face the challenges of the future.

Next year we aspire to make this difference to 100 children and their families and are seeking funding from The City Bridge Trust to finance work with 30 of these children, supporting them within their families and schools.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

No

Do you have a Vulnerable Adults policy? ~~No~~ **YES**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

One to One Counselling for Children (30)

Informal support for parents, carers and schools

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Our clients will demonstrate and report improved emotional well being and emotional skills.

Grief can trigger a range of emotions, including loneliness, anger, confusion and guilt as well as loss. Counselling eases people into talking about their emotions, normalising and accepting them giving them the confidence to adjust to changes.

They will demonstrate and report changes in their general attitude to life and improvements in behaviour.

Children referred to us often have behaviour issues. Frustration and anger about what has happened can lead to aggression or violence. We help them understand what is happening and deal with their feelings.

Our clients will demonstrate and report improved relationships with family and friends

Under the pressure of bereavement family units often break down. Grief affects everyone differently and we all have to make our journey. Counselling can give everyone a better understanding of themselves and each other, strengthening the family unit.

Our clients will demonstrate and voice their improved self esteem and ability to cope with issues of day to day life.

Feeling powerless and vulnerable affects children's confidence and through counselling and meeting other children in similar positions to their own, our Service helps them feel positive about themselves.

Our clients will demonstrate and voice a more positive attitude to the future and will aspire to lead happy, successful and well adjusted lives.

Unresolved grief can stay with an individual for a lifetime. Through our work with the children of today, we can minimise the impact of childhood bereavement.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes, it will be funded in the same way as it has been since the Service was founded 5 years ago through local fundraising and grant applications to Trusts and Foundations. Some monies have been secured for 2014-5, fundraising events planned and in addition to this application, further applications are being made to other Foundations.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year? 150
In which Greater London borough(s) or areas of London will your beneficiaries live? Havering (100%)
What age group(s) will benefit? 0-15
What gender will beneficiaries be? All
What will the ethnic grouping(s) of the beneficiaries be? A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people? 0%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Children's Social Interaction Project	3,500	0	0	0
Expenses	2,160	0	0	0
Rent	10,287	0	0	0
It/comms/insurance/office supplies	3,195	0	0	0
Supervision	1,890	0	0	0
Salary Co ordinator	15,000	0	0	0
Salary client administrator	9,636	0	0	0
Salary Counsellor	12,240	0	0	0
	0	0	0	0
TOTAL:	57,908	0	0	0

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Barbara Ward Children's Foundation	5,000	0	0	0
Royal Bank of Scotland	5,000	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Children in Need	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Children's interaction project t	1,050	0	0	0
Expenses	647	0	0	0
Rent	3,086	0	0	0
It/comms/insurance & office supplies	958	0	0	0
Supervision	567	0	0	0
Salary Co ordinator	4,500	0	0	0
Salary client administrator	2,891	0	0	0
Salary counsellor	3,672	0	0	0
	0	0	0	0
TOTAL:	17,372	0	0	0

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	113,405
Activities for generating funds	39,898
Investment income	0
Income from charitable activities	19,737
Other sources	0
Total Income:	173,040

Expenditure:	£
Charitable activities	162,730
Governance costs	750
Cost of generating funds	11,270
Other	0
Total Expenditure:	175,200
Net (deficit)/surplus:	(2,160)
Other Recognised Gains/(Losses):	0
Net Movement In Funds:	2,160

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	44,789
Long-term liabilities	0
*Total Assets (A):	44,789

Reserves at year end	£
Restricted funds	127
Endowment funds	0
Unrestricted funds	44,662
*Total Reserves (B):	44,789

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
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Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:
--

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	32,896	40,399	39,778
Central Government departments	0	0	0
Other statutory bodies	13,329	12,022	9,485

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Lloyds TSB	13,700	0	0
Children in Need	0	8,882	28,236
Awards for All	0	0	9,604
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Louise Anne Mundy**

Role within **Grants Manager**
Organisation:

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
To support 30 bereaved children in each year				
Children's Social Interaction Project	£1530.00	£1560.60		
Counsellors Expenses	£660.96	£673.90		
Rent	£3147.72	£3210.67		
IT/Comms/Insurance/Office Supplies	£978.18	£997.74		
Supervision	£578.34	£589.90		
Salary Service Coordinator	£4590	£4681.80		
Service Client Administrator	£2948.82	£3007.80		
Counsellors (total 3 working P/T hours)	£3745.44	£3820.35		
TOTAL:	£19,250	£19635.18		

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
N/A				
TOTAL:				

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
N/A				
TOTAL:				

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
To support 30 bereaved children in each year	2015/16	2016/17		
As per breakdown above	£19250	£19635.18		
TOTAL:				

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Maya Centre	
If your organisation is part of a larger organisation, what is its name? n/a	
In which London Borough is your organisation based? Islington	
Contact person: Mrs Jo Ansell	Position: Director
Website: http://www.mayacentre.org.uk	
Legal status of organisation:	Charity, Charitable Incorporated Company or company number: 1012889
When was your organisation established? 01/10/1984	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? More refugee and asylum seekers experiencing trauma, grief and loss accessing mental health services resulting in improved mental health More people from BME communities accessing appropriate mental health services, resulting in them receiving the right care and treatment
Please describe the purpose of your funding request in one sentence. We are seeking to bridge the gap between mental health services and those women who are most in need of them.
When will the funding be required? 04/08/2014
How much funding are you requesting? Year 1: £52,608 Year 2: £58,258 Year 3: £0 Total: £110,866

Aims of your organisation:

The Maya Centre is an independent charity offering a specialist counselling service run by women for women. The charitable objects as laid out in our governing document are:

1. To provide relief for women who are suffering from mental health problems by means of therapeutic services
2. To educate the general public on the subject of mental health

We provide free, long-term psychodynamic counselling for some of the most vulnerable and marginalized women in our community: women who have experienced severe trauma through domestic violence, sexual assault, abuse or neglect in childhood, or war and conflict overseas.

The aim is to provide women with a safe and trusting relationship, within which they can come to terms with their history and rebuild their self-esteem and identity. The resulting benefits of better mental health and life chances benefit not only the client herself but also her immediate family, including her children, her community and other services.

Main activities of your organisation:

We offer women in severe distress up to 48 weeks of counselling with a qualified, experienced counsellor.

We provide:

- Detailed assessments of the therapeutic needs of women referred to us;
- Long term psychodynamic counselling for those who meet our criteria and for whom it is appropriate;
- Therapeutic group work.

Maya Centre therapy is only available to clients who meet our criteria and it is always free for those clients who qualify. Our clients are all women over 18 who are:

- In receipt of any form of means-tested state benefit (not including child benefit) and on an income of less than £10,000 p.a. (£15,000 p.a. with dependants);
- Living or working in, or having a significant local connection with, the London Borough of Islington or, less frequently, the boroughs of Hackney, Haringey, Camden, Enfield and Barnet.
- Unable to access other mental health services.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	9	7	4

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	4 years

Summary of grant request

The women referred to The Maya Centre have increasingly significant mental health needs. The process of therapy is not easy, and requires clients to face extremely difficult issues and experiences in order to change the way they react to situations and break the cycle of abuse and neglect. It is no surprise, then, that the increase in severity of distress in our clients has coincided with a rise in the number of sessions cancelled or not attended and that around 60% exit the service early, in an unplanned way.

Our clients are often isolated with no support network beyond the therapist to help them process and 'contain' the difficult issues being faced in counselling. Many are refugees or asylum seekers, separated from their families; some are from broken families. Some Asian women who have left an abusive husband, are rejected by their families as a result of cultural stigma. Clients have told us they feel little engagement with the Centre outside of their one-to-one sessions with their counsellor, adding to their sense of isolation.

We believe there is a gap between the women who are most in need of support on one side, and mental health services (including ours) on the other: those most in need of services are unable to access or fully engage with them. We want to bridge this gap through:

- shorter, more manageable courses of counselling;
- psycho-educational courses to prepare clients for the therapeutic process;
- non-therapeutic sessions to complement the counselling;
- weekly drop-in sessions for women using our counselling services, providing informal peer support;
- recruiting a part-time Community Support Worker to offer practical, non-therapeutic support to women who are facing challenges (such as housing or benefits issues) which may prevent them from attending counselling.

Through these activities, we are aiming to increase the number of women accessing our counselling services and to ensure they are:

- better able to make the most of their counselling sessions;
- more likely to complete their full course of therapy;
- able to gain support from peers, reducing isolation;
- able to continue attending counselling, even when things go wrong in their day-to-day life.

The Maya Centre has been operating for 30 years and is accredited by the British Association for Counselling and Psychotherapy (BACP). All of our counsellors - as well as the Centre's Director - are qualified, experienced and either accredited by the BACP or working towards accreditation.

Currently, 58% of our clients are from BME communities (we expect this to rise as our services become more accessible) and at least half of these are refugees or asylum seekers. This project will ensure that more women from these backgrounds who have experienced trauma are able to access appropriate therapy, resulting in improved mental health, thus contributing to two outcomes under the 'Improving Londoners' Mental Health' programme.

The need for this project was identified through client feedback and we will continue to involve clients in the development of services. During Year 1, we will engage clients in developing and running the weekly 'drop-in' sessions, with the aim that by Year 2 they will be completely user-led.

Our services are open to people from all backgrounds (provided they meet our eligibility criteria). We value the trainee counsellors who support the delivery of our service as volunteers, and offer them clinical supervision and support.

We have taken steps to ensure all possible waste is recycled (bins in every room) and to reduce what is sent to landfill. We have recently moved to premises with a glass ceiling, increasing natural light and reducing our electricity usage.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

n/a

Do you have a Vulnerable Adults policy? ~~No~~ Yes

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Pilot 6 week and 12 week courses of counselling for those women who are not ready to commit to longer-term therapy. We will deliver 300 hours of counselling through this flexible model.

Run four 8-week 'About People' courses which will prepare clients for the therapeutic process and build skills of self-care and managing relationships to take into their everyday and family lives.

Run a minimum of 2 non-therapeutic sessions per month for women undertaking our counselling. These will include one-off psycho-educational workshops, as well as sessions on relaxation, mindfulness, creative arts and other engagement techniques.

To establish a weekly user-led 'drop in' session to provide non-therapeutic, informal peer support for women using our counselling services. These sessions will be attended by a minimum of 40 women per year.

Offer practical support to women who are facing challenges in their personal lives which may prevent them from attending counselling. A Community Support Worker will work with a minimum of 60 women per year to resolve financial, legal, housing and other issues through casework, signposting and liaison with relevant services.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

More vulnerable women with chaotic lives will be able to access counselling services.

Women will be better able to make the most of their counselling sessions and are less likely to be discouraged by difficult experiences during therapy.

Women are more likely to complete their full course of counselling as a result of feeling less isolated.

Women are able to gain support from peers, reducing isolation and engendering a stronger relationship with the organization, thus encouraging service users to continue engaging with their therapy.

Women are able to continue attending counselling, even when things go wrong in their day to day life.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will evaluate the success of the project at the end of Year 2. We will use evidence of impact to enable us to apply for funding for individual elements of this project from local funders.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

60

In which Greater London borough(s) or areas of London will your beneficiaries live?

Islington (80%)

Hackney (7%)

Haringey (7%)

Camden (6%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

What gender will beneficiaries be?

Female

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

21-30%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
300 hours of counselling delivered through a flexible, responsive model	13,500	13,500	0	27,000
4 x 'About People' psycho-educational course	3,246	3,246	0	6,492
2 non-therapeutic sessions per month	7,200	7,200	0	14,400
Drop-in sessions	1,440	1,440	0	2,880
Community Support Worker salary (30 hours per week)	23,140	27,768	0	50,908
National Insurance	2,545	3,054	0	5,599
Overheads and management costs	5,107	5,621	0	10,728
	0	0	0	0

TOTAL:	56,178	61,829	0	118,007
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
The Arsenal Foundation	3,571	3,571	0	7,142
	0	0	0	0

TOTAL:	3,571	3,571	0	7,142
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Henry Smith Charity	31,110	37,016	0	68,125
	0	0	0	0

TOTAL:	31,110	37,016	0	68,125
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
300 hours of counselling delivered through a flexible, responsive model	13,500	13,500	0	27,000
2 non-therapeutic sessions per month	7,200	7,200	0	14,400
Drop-in sessions	1,440	1,440	0	2,880
Community Support Worker salary (30 hours per week)	23,140	27,768	0	50,908
National Insurance	2,545	3,054	0	5,599
Overheads and management costs	4,783	5,296	0	10,079
	0	0	0	0

TOTAL:	52,608	58,258	0	110,866
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From your most recent audited or independently examined accounts, complete the following:

Financial year ended -

Month: 31st March

Year: 2014

Income received from:	£
Voluntary income	259,930
Activities for generating funds	6,140
Investment income	471
Income from charitable activities	5,585
Other sources	0
Total Income	272,126

Expenditure:	£
Charitable activities	266,373
Governance costs	12,290
Cost of generating funds	0
Other	
Total Expenditure	278,663
Net (Deficit)/Surplus:	(6,537)
Other Recognised Gains/(Losses)	0
Net Movement in Funds	(6,537)

Asset position at year end	
Fixed assets	1,294
Investments	0
Net current assets	68,216
Long-term liabilities	0
*Total A	69,510

Reserves at year end	
Endowment funds	0
Restricted funds	2,146
Unrestricted funds	67,364
*Total B	69,510

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	29,000	29,000
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
The Big Lottery	76,271	78,516	80,825
Cripplegate Foundation	20,000	20,000	20,000
Peter Stebbings Memorial Charity	30,000	30,000	30,000
Trust for London	29,500	29,500	0
Volant Trust	0	0	15,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Josephine Ansell**

Role within **Director**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Sound Minds	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Wandsworth	
Contact person: Mr Paul Brewer	Position: CEO
Website: http://www.soundminds.co.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1079521
When was your organisation established? 24/02/2000	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? More people from BME communities accessing appropriate mental health services, resulting in them receiving the right care and treatment More offenders and ex-offenders receiving help and support to improve their mental health
Please describe the purpose of your funding request in one sentence. To maintain and extend mental health peer support services to people living in south west London through ward visits, consultation and post discharge support.
When will the funding be required? 10/01/2014
How much funding are you requesting? Year 1: £26,850 Year 2: £31,066 Year 3: £32,085 Total: £90,001

Aims of your organisation:

Sound Minds uses the arts to improve the lives of people recovering from long term mental health conditions. The Battersea studios house a vibrant and inclusive arts community with music rehearsal, recording and filmmaking facilities, a visual art facility, and a theatre group. Sound Minds delivers group and individual sessions that include courses accredited by the Open College Network and a timetable of music and other arts activities and projects. Canerows and Plaits (Canerows) is a user led group of mental health service users under the Sound Minds umbrella who are determined to improve mental health services for everyone but particularly people from black and minority ethnic backgrounds, who are in the majority on local hospital wards.

Main activities of your organisation:

For several years Canerows has organised 'Have Your Say' meetings informing people and consulting on mental health issues, often with South West London and St. George's Mental Health NHS Trust the Clinical Commissioning Group or other community partners. A 3 year grant from Comic relief in 2010 enabled Canerows to develop and consolidate the peer to peer Hospital Ward Visiting scheme and establish a community post discharge peer support service, in partnership with the clinical team on Ward 2 at Springfield Hospital Tooting. Canerows delivers user led training courses for people interested in Ward Visiting and other forms of peer support. Canerows and Sound Minds also offer a one day user led drop-in ('Mama Lows' Kitchen') based at a local community centre, in partnership with 'Together' and funded by Wandsworth Council.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	6	6	17

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	soon to sign a 3 year lease

Summary of grant request

The need for the project

Locally and nationally, Caribbean, African and other Black groups (BaME) are disproportionately represented on mental health wards. On average people stay in hospital longer, are more likely to be sectioned, more likely to access services via the police and more likely to experience Control and Restraint. In Wandsworth black groups account for 25% of admissions but about 7% of the local population. People from BaME backgrounds detained in secure settings are triply disadvantaged and often become disconnected from friends and family. Peer support is recognised as an acceptable and effective aid to recovery in mental health. Social capital and community support is known to increase resilience to distress (Friedli, 2009) yet there is a low level of BaME participation in service user groups nationally (Begum, SCIE, 2006).

An independent evaluation of established Canerows Ward Visiting service was overwhelmingly positive. A hospital in patient said, "They took the time to listen and helped me be optimistic. They gave me encouragement and hope". (Reynolds 2010)

Since summer 2013 Canerows has been piloting a six week post discharge community peer support service in partnership with one local acute ward. The model was positively evaluated at the beginning of 2014, with all stakeholders and users giving encouraging feedback. Canerows aims to improve local mental health services for everyone, but particularly people from BaME groups.

How the Project will be delivered

Canerows provides hope to people at their lowest point through ordinary human kindness, friendship, encouragement and practical support from the perspective of people who have had similar experiences and successfully moved forward with their lives. A cycle of regular reporting compiled from interviews with in patients discussed with local NHS managers on a six monthly basis brings about improvements to local mental health care.

More people to benefit from our Ward Visiting service and post discharge peer support work over the next three years. We will continue to expand, train and support our dedicated team of previously unemployed people in this important work.

Canerows will test new models of peer support in local forensic settings, developed in partnership with service users and the Medium Secure unit staff.

Why we are the right organisation to deliver the work

Canerows is a dedicated user led group of mental health service users operating from charity Sound Minds. The service has been cited as good practice in national reports by Mind (2012), Together (2013) and in national mental health joint commissioning guidance (2014)

Canerows has trained more than 20 mental health service users on our self accredited Ward Visiting courses since 2008, making around 750 in patient engagement episodes per year over the past three years.

Since 2013 three formerly unemployed Ward Visitors people have gone on to substantive paid peer support work.

Canerows peer services include a one day user led drop-in at a local community centre, funded by Wandsworth Council. Since the end of project funding from Comic Relief in 2013, a one year grant from London Catalyst is enabling us to address training needs within the group, and continue peer support to three hospital wards and the associated post discharge peer service to one ward.

Canerows involves about 12 people per year as volunteers.

Canerows office is located in a basement which has low heating costs, and we are phasing in low energy light bulbs throughout. Our landlords hope to upgrade our ventilation system for greater efficiency and heat retention as part of upcoming building refurbishment. Ward Visitors live locally and use public transport for work.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Weekly Peer Support visits to 3 acute psychiatric wards, rising to 5 wards by end of year 2. Regular visits will be introduced to NHS and other community residential facilities. Visits include consultation, support and advice and from the perspectives of those who share the experience of hospitalisation

Post Discharge Peer support will be available to people leaving one acute psychiatric ward throughout the grant period. Activity includes introducing people to new services, taking people to appointments, social and leisure support, help with voluntary work and practical help.

2 accredited Peer Support Ward Visiting courses and 2 accredited Community Peer support courses delivered. Peer Support in Forensic settings 'add-on' unit developed, piloted and delivered three times in partnership with local forensic secure ward team and accredited with the Open College Network.

6 'Have Your Say' community forums held in Wandsworth for mental health service users to express their views about services and exchange information

Peer support and regular ward visiting delivered to at least one Forensic low secure ward at Springfield Hospital (Tooting) to include routine assistance in rehabilitation activities. Targeted peer support available to people in medium secure forensic settings and in transition between secure and other residential settings or to independent living.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

1880 engagement episodes of peer support on mental health hospital wards, including peer support activity with people detained on secure forensic units, inspiring hope for people in acute mental health crisis or enduring long term hospitalisation

22 patients recently discharged from acute hospital wards to receive six weeks episodes of personalised peer support. 9 detained forensic patients will receive targeted peer support. 5 forensic patients in transition between services will receive timely peer support and advice.

20 people previously unemployed as a consequence of long term mental ill health will receive accredited training in peer support work and all the projects staff will receive further training, supervision and role development.

Over three years at least 18 different unemployed people with mental health problems will be employed sessionally for at least two hours per week to deliver peer support work, with at least three moving on to more substantive work

Have Your Says Forums are attended by an average of 15 people on each occasion, increasing our informal support network. 6 reports will be compiled bringing together the views of people contacted through ward visiting, and these will be presented and discussed six monthly with NHS staff and managers

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We have been in discussion with Wandsworth CCG who have indicated a willingness to fund Canerows Peer Support, at a future date, if resources allow. Canerows prefers to preserve an independent voice and managerial autonomy by not relying on statutory funding.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

400

In which Greater London borough(s) or areas of London will your beneficiaries live?

Wandsworth (85%)

Merton (8%)

Several SW London (7%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaried staff costs + recruitment + volunteer expenses +staff travel	16,490	16,550	16,610	49,650
Communications	415	405	405	1,225
Sessional Peer Support Workers (incl. Have Your Say events)	7,900	12,220	13,180	33,300
Training (incl. Open College Network fees Peer support)	650	650	650	1,950
Consumables incl office supplies and refreshments for consultation meetings etc.	450	450	450	1,350
Equipment and repairs	325	170	170	665
External Room rental events	120	120	120	360
Subscriptions and payroll expense	150	150	150	450
additional insurance	350	350	350	1,050
TOTAL:	26,850	31,066	32,085	90,001

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
none	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaried staff costs + recruitment + volunteer expenses +staff travel	16,490	16,550	16,610	49,650
Communications	415	405	405	1,225
Sessional Peer Support Workers	6,820	9,340	11,660	27,820
Training (incl. Open College Network fees Peer support)	650	650	650	1,950

Consumables incl office supplies and refreshments for consultation meetings etc.	450	450	450	1,350
Equipment and repairs	325	170	170	665
External Room rental events	120	120	120	360
Subscriptions and payroll expense	150	150	150	450
additional insurance	350	350	350	1,050
TOTAL:	26,850	31,066	32,085	90,001

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	170
Activities for generating funds	5,535
Investment income	59
Income from charitable activities	143,855
Other sources	0
Total Income:	149,619

Expenditure:	£
Charitable activities	139,209
Governance costs	2,351
Cost of generating funds	0
Other	0
Total Expenditure:	141,560
Net (deficit)/surplus:	8,059
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	8,059

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	115,064
Long-term liabilities	0
*Total Assets (A):	115,064

Reserves at year end	£
Restricted funds	7,503
Endowment Funds	0
Unrestricted funds	107,561
*Total Reserves (B):	115,064

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 61-70%
--

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: Since completion of 3 year project grant from Comic Relief in October 2013 the Canerows project has been scaled down, and is currently funded by reserves and a small grant from London Catalyst.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	59,067	55,342	53,967
London Councils	0	0	0
Health Authorities	37,744	37,744	40,025
Central Government departments	3,625	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Comic Relief	10,510	25,798	31,498
Sing Up	1,560	0	0
Big Fund	0	13,361	0
Awards for All	0	0	5,385
Heritage Lottery Fund	0	0	4,800

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Paul Brewer**

Role within **CEO**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: <b style="text-align: center;">Working With Men	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Southwark	
Contact person: Mrs. Sally Mehta	Position: Operations Director
Website: http://www.workingwithmen.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1102451
When was your organisation established?	

Grant Request

Under which of City Bridge Trust's programmes are you applying? <b style="text-align: center;">Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? More children and young people receiving specialist help, resulting in improved mental health A reduction in suicide and self-harm amongst the recognised at risk groups
Please describe the purpose of your funding request in one sentence. Support boys/ young men to access relevant mental health services and where appropriate deliver support ourselves, to reduce acute development of mental illness and suicide.
When will the funding be required?
How much funding are you requesting? Year 1: £ Year 2: £ Year 3: £ Total: £145,652

Aims of your organisation:

We aim ourselves and support others to understand how best to deliver services that understand issues around masculinity and support boys and men to access relevant services.

We believe there are many ways to be male in our society and aim to ensure our services and others are meeting the needs of this diversity.

We aim:

to involve our service users in the development and dissemination of our services.

to use our practice experience to inform policy makers.

We put our service delivery first.

Our Vision is that all boys and young men men can be productive and active members of society and that organisations work in ways that include and support boys and men, particularly those who are socially or economically disadvantaged or excluded

Main activities of your organisation:**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?

Summary of grant request

Since 1988, based on experience and research, direct consultation and feedback from boys and young men, WWM has developed expertise engaging and supporting boys and men from marginalised and diverse backgrounds. Numerous evaluations and evidence demonstrate success. We know that how and what they learn about being a man affects their lives and relationships, how they feel about themselves, at a time when the concept of masculinity is constantly evolving. Personal confusion during adolescence and key transitions have harmful consequences for young men. As a result many young men misuse alcohol and drugs and are four times more likely to commit suicide than young women: and do not access mental health services, often until too late.

CALM reported men form 77% of suicides , 73% of adults who 'go missing' , are three times more likely to become alcohol dependent. Suicide is the single biggest killer of men aged under35

Male depression is often seen as a sign of weakness and as something that can be overcome without assistance. Funders and policy makers are beginning to recognise the need for a gendered approach.

Resilience consortium research report, written post august 2011 disturbances, Nicola Sugden

"48% of NEETS are known to always or often feel depressed ;it is particularly important to seek them out for assistance rather than assume those needing help will find it
www.princes-trustresearch

Invisible Men: engaging more men in social projects, commissioned by Big Lottery produced by Young Foundation, 2012

"We know that men have particular needs but we have also become aware that fewer men than women get involved in or benefit from social projects we fund.

In current socio political context, including rising unemployment and the recent UK riots, men are increasingly facing crises and yet are more resistant to seeking help. In spite of this men are rarely considered to be a target group.....however there is clear evidence that some men are suffering adverse outcomes in aspects of psychological and material well being

Men are more resistant to seeking help from others than women. This is most evident in health behaviours and outcomes for men in UK which are significantly worse than those of women. Men have a tendency to disregard symptoms for far longer than women and so diagnosis tends to be late.

When addressing the needs of society we tend to avoid examining problems in terms of gender and focus on cultural background , age and economic situation. Perhaps one of the biggest barriers in engaging men into social projects is this overall resistance to engage gender as an issue from a male perspective. This needs to be tackled

Training practitioners to make environments more male friendly is key to engagement "

Numerous case examples show our young men (especially from BME communities) experience mental health problems. We could support more young men with a project focussing on mental health. We want to use our expertise to deliver both intervention and prevention services to young men 13 to 25. Through our contacts in Westminster from

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Identify, map and engage with key services and agencies, statutory and community based, that are likely to come across young men with mental health problems in order to encourage referrals , ongoing over three years, through outreach and networking in Tr borough and develop partnerships, joint working to engage families.

Engage with 100 young men a year aged 13 to 25 experiencing or at risk of a diagnosed or undiagnosed mental health problem, through street outreach, referrals from relevant agencies, ongoing over three years

Provide intensive individual support to 8 to 10 young men at any one time (60 over three years) who are experiencing a mental health issue and/or identified as at serious risk of developing an acute problem. Refer /signpost on to specialist agencies where appropriate

Develop and facilitate peer support forum of up to 10 (by third year) young men (starting second year) to reduce isolation, empower young men to have their own voice to be assertive with service providers, professionals, with a view to using group members to engage and educate their community

Provide 3 training workshops a year to 30 health practitioners on awareness raising regarding needs of young men around mental health issues. Identify and support health organisations and mental health practitioners to change the way they offer services so that they are accessible to young men

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

WWM receives up to 60 referrals a year of young men in need of support for mental health and other related issues, 180 over three years. Relevant agencies are aware of WWM project and how to refer

60 young men have a reduced risk of mental health problems developing, 180 to 200 over three years

8 to 10 young men a year have improved mental health, well being and confidence and able to deal with their lives constructively and relate well to family and peers and others, example teachers, employers, 60 over three years

up to 30 - 40 young men are less isolated and gaining support from each other with increase resilience and improved well being/mental health by third year

10 Young men supported by the project go on to take community educator/engagement role promoting positive sympathetic approaches attitudes within the community.

Agencies and 90+ practitioners have increased awareness of young men's mental health needs and increased capacity/skills to engage and support them leading to improved outcomes for young men. Agencies become more responsive to young men's mental health needs.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

In which Greater London borough(s) or areas of London will your beneficiaries live?

Several NW London (100%)

Several NW London (0%)

What age group(s) will benefit?

0-15

16-24

What gender will beneficiaries be?

Male

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

81-90%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary costs , NIC, pension at 3%	32,970	33,959	34,978	101,907
clinical supervision (300)	3,770	3,883	3,999	11,652
overheads at 20%	7,962	8,036	8,277	24,275
	47,772	48,217	49,663	145,652

TOTAL:	0	0	0	0
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary costs , NIC, pension at 3%	32,970	33,959	34,978	101,907
Admin support (1645)line management(1824)	0	0	0	0
clinical supervision (300)	3,770	3,883	3,999	11,652
recruitment(800) travel(150)project activities	0	0	0	0
(1500)publicity(500)mobile phone(120)	3,070	0	0	0
overheads at 20%	7,962	8,036	8,277	24,275
TOTAL:	47,772	48,217	49,663	145,652

From your most recent audited or independently examined accounts, complete the following:

Financial year ended -

Month: 31st March

Year: **2014**

Income received from:	£
Voluntary income	59,918
Activities for generating funds	1,265
Investment income	0
Income from charitable activities	792,476
Other sources	13,269
Total Income	866,928

Expenditure:	£
Charitable activities	795,088
Governance costs	12,241
Cost of generating funds	5,196
Other	0
Total Expenditure	812,525
Net (Deficit)/Surplus:	54,403
Other Recognised Gains/(Losses)	0
Net Movement in Funds	54,403

Asset position at year end	
Fixed assets	3,049
Investments	0
Net current assets	192,332
Long-term liabilities	0
*Total A	195,381

Reserves at year end	
Endowment funds	0
Restricted funds	125,872
Unrestricted funds	69,509
*Total B	195,381

* Total A and Total B must be the same and should be taken from your balance sheet

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	22,000	0
London Local Authorities	242,881	205,266	221,209
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	21,993	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Esmee Fairbairn	0	43,256	50,256
Trust for London	41,000	43,000	52,000
Tudor Trust	40,000	40,000	40,000
Monument	88,500	83,000	68,000
Big Lottery	0	118,176	133,122

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Sally Mehta**

Role within **Operations Director**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Friends R Us	
If your organisation is part of a larger organisation, what is its name? N/A	
In which London Borough is your organisation based? Hackney	
Contact person: Mrs Rose Hoffman	Position: Chair of trustees
Website: http://N/A	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1121746
When was your organisation established? 01/01/1972	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Community buildings that are more accessible and as a result Disabled people reporting increased well-being as a result of taking part in the arts or sport
Please describe the purpose of your funding request in one sentence. To refurbish Beth Jacob House, creating a fully accessible multi-use community hub for disabled people especially enhancing the lives of young people through sports/arts activity
When will the funding be required? 06/10/2014
How much funding are you requesting? Year 1: £100,000 Year 2: £0 Year 3: £0 Total: £100,000

Aims of your organisation:

Friends R Us is a youth group based in Stamford Hill catering for Orthodox Jewish girls aged six to 16. It was established in response to the need for a safe, culturally appropriate and stimulating place for the target group to enjoy making friends, developing skills and talents, and having fun.

Most of our users are part of large, financially disadvantaged families and often live in cramped conditions. We are open during times of heavy traffic at home (after school, at weekends and during Jewish and school holidays) and offer users a safe, dedicated space to enjoy artistic and creative opportunities they would otherwise be unable to access.

Traditionally the community's lifestyle can be quite sedentary and we have higher-than-average incidences of obesity. Tackling obesity among our young is a key aim: we are committed to promoting the benefits of healthy, creative and active lifestyles, especially among disabled young people who lack a range of accessible services locally.

Main activities of your organisation:

We have over 900 members and serve the community by providing the following services: Saturday and Sunday youth activities for 120 young people a day from six local schools, who come together for an hour to sing, play, tell stories and take part in the arts; an annual showcase performance, the pinnacle of our annual activities, involving nearly 400 users in 14 separate performance pieces; residential weekends organised for 100 children and young people; our summer sleepaway, a two-week holiday encouraging users' development; twice-yearly day trips where young people can organise their own activities, including carnivals and smaller performances; and social gatherings during holidays and out of school.

As a community we have high instances of disability. Therefore, we are committed to supporting greater numbers of disabled members to attend our services, thus tackling the isolation they feel and address the social stigma still surrounding disability in our community.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	0	4	70

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	25 years

Summary of grant request

Project/need

Friends R Us HQ at Beth Jacob House, is an astounding property in terms of location and potential space, entrusted to us for community benefit. However, still in its original residential layout it is unfit for purpose: eg main entrance, all floors and washrooms of the building are completely in-accessible (please see enclosed access audit report)*. Stamford Hill's Orthodox Jewish population is growing at a rate of 4% a year, creating a membership with a wide spectrum of needs. Disabled children in particular lack accessible local activities (and the number of children with disabilities in the community is higher than the borough average). There are limited community facilities for disabled adults from the wider community to develop user-led activities or engage in new services that promote their health and independence. We want to provide a building fit for all their needs.

The total cost of the project is £750,000 including VAT. We are in the final stages of securing £500,000 match funding from Big Lottery Reaching Communities and have just secured £150,000 from the Maurice Wohl Charitable Foundation to carry out the extension and refurbishment of the building. City Bridge funding of £100,000 would help ensure the refurbishment's accessibility. As the Access Audit report shows modifications will include accessible parking, main entrance; rationalisation of floor levels to eliminate internal changes; improved toilet facilities, including wheelchair-accessible ones; hearing induction loops; a sensory play room and lift access to every public level.

Delivery

We have enclosed a capital project management strategy and business plan that detail our management of the build and vision for the site over the next three years. This includes details of new staff we will recruit to manage the building's use (Project Manager, Caretaker, Security and Book-keeper) as well as a three-year financial projection. These are conservative, but show that even in worst-case scenarios, the organisation will remain solvent during the period of upheaval necessary to deliver a state-of-the-art facility for all users, disabled and non-disabled.

Why Friends R Us

For a small user-led organisation (staffed entirely by volunteers) we have achieved a great deal: services annually for over 820 users; London Youth Quality Mark; generations of support from local families who attended our services; commitment from local councillors and stakeholders; business planning/project planning acumen and significant capital investment secured towards the project. City Bridge funding will future-proof the building for future generations of disabled users.

Aim/City Bridge Outcomes

The building renovation and extension will: increase Beth Jacob House's functional space, creating an inclusive environment to accommodate above-average numbers of local disabled children and adults; provide DDA-compliant access, plus a dedicated sensory room, accessible washroom facilities; renovate the fabric of the building, bolstering its mechanical, electrical, heating and ventilation services; improve it aesthetically and in comfort terms; and make it environmentally friendly. Local disabled children and young people (who previously could not attend FRU activities) will be able to regularly access art activities that encourage their creativity and older disabled residents will be able to access new services and activities which improve their self-expression, emotional health and reduce their isolation.

We envisage 140 new users a year for 25 years minimum more than 3,500 disabled participants.

Best practice

We involve service users planning (eg, a three-year consultation that informed the project); valuing and supporting volunteers (our lifeblood, working 21,108 unpaid hours a year, we have boosted their management role); welcoming people from all backgrounds and valuing diversity (for example, opening up the refurbished space to Muslim groups); taking steps to reduce carbon footprint (all new fittings are energy-saving, we'll institute policies to ensure environmental awareness).

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

We have completed Pre-planning application enquiry stage to Hackney Council and our full planning application has been submitted 19.5.14. We expect to hear a response on 14.7.14. We are also issuing party-wall notices to all neighbors. The scheme is based on extensive local consultation and our neighbors/local community members are very supportive.

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

We currently hold the London Youth Quality Mark Bronze Mark and are working towards Silver. We also are working towards PQASSO level one self-assessment. As part of our business planning we are developing a vulnerable adults policy (please see business plan).

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Friends R Us Arts and Performance Activities delivered year round with showcase performance in February. 50, 62 and 74 disabled users regularly attend activities over three years respectively.

Beth Jacob House rented out to local groups working with disabled children to provide activities to their users. 60, 70, 80 disabled children and young people benefit from inclusive space at Beth Jacob House over three years respectively.

Local disabled people (older people etc) supported to utilise Beth Jacob House for community activities. 5 groups/50 disabled people Year One. 10 groups/100 disabled people Year Two. 15 groups/150 disabled people Year Three.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Local disabled CYP will report being more able to regularly access arts activities that encourage their creativity

Local disabled CYP report improved self-expression, emotional health and well-being.

Local disabled CYP report reduced isolation and increased opportunities to socialise with children in an inclusive setting.

Local disabled people will report improved access to community activities reducing isolation.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

No this is capital funding towards a build that will be completed in 2015 as a result of this contribution from City Bridge Trust. There will be no ongoing capital costs - though there will be some ongoing maintenance costs which will be generated by income from room rentals.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

160

In which Greater London borough(s) or areas of London will your beneficiaries live?

Hackney (40%)

Haringey (60%)

What age group(s) will benefit?

0-15

16-24

25-44

45-64

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

Other ethnic group (including Arab)

If Other ethnic group, please give details: **Predominantly Jewish**

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Capital Construction Costs inc vat	683,238	0	0	0
Professional Fees inc vat	55,800	0	0	0
Surveys and Reports inc vat	10,962	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	750,000	0	0	0

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Big Lottery Reaching Communities Capital Fund	44,000	0	0	0
Maurice Wohl Charitable Foundation	150,000	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	194,000	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Big Lottery Reaching Communities Capital Fund	456,000	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	456,000	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
External ramp to front of building - clearing area	1,278	0	0	0
External ramp to front of building - ramped area	17,040	0	0	0
External ramp to front of building - handrail	14,040	0	0	0
External ramp to front of building - alterations to existing entrances/ steps to accommodate new ramp	2,400	0	0	0
Platform lift	36,000	0	0	0
Disabled toilets - Dock M pack and associated works (walls/doors)	9,118	0	0	0
Accessible kitchen - provisional sum	5,000	0	0	0
Main contractors Prelims	10,311	0	0	0
Main Contractors OHP	4,811	0	0	0
TOTAL:	99,998	0	0	0

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: October	Year: 2013
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Income received from:	£
Voluntary income	14,930
Activities for generating funds	0
Investment income	0
Income from charitable activities	32,288
Other sources	0
Total Income:	47,218

Expenditure:	£
Charitable activities	46,809
Governance costs	250
Cost of generating funds	3,910
Other	0
Total Expenditure:	50,969
Net (deficit)/surplus:	-3,751
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-3,751

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	14,395
Long-term liabilities	0
*Total Assets (A):	14,395

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	14,395
*Total Reserves (B):	14,395

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
11-20%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

The most notable change is the provisional award of £500,000 from Reaching Communities. We are currently satisfying the Development Stage requirements of this grant (Up to RIBA Stage E) and should receive a decision in Sept this year. We have developed a business plan to support expansion of our organisation in coming years to manage this building successfully.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	9,929
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery Reaching Communities	0	0	44,000
Big Lottery Awards for All	0	10,000	0
BBC Children in Need	0	7,600	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Rose Hoffman**

Role within **Chair of Trustees**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Norwood Ravenswood Ltd	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Harrow	
Contact person: Ms Jessica Palmer	Position: Trust and Statutory Fundraiser
Website: http://www.norwood.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1059050
When was your organisation established? 01/01/1795	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Disabled people actively taking part in the arts or sport
Please describe the purpose of your funding request in one sentence. 'Change the Game' will increase access and redefine attitudes to sport for people with learning disabilities, enabling people to achieve maximum independence through sport.
When will the funding be required? 01/08/2014
How much funding are you requesting? Year 1: £39,129 Year 2: £40,303 Year 3: £0 Total: £79,432

Aims of your organisation:

Norwood is a leading charity enabling people with learning disabilities and vulnerable children and families to maximise their potential, at home, in school and through life. We provide a range of bespoke services that are flexible and responsive to individual needs, aiming to support children, adults and families to realise their dreams and live the life they choose. Norwood was established as a small charity over 200 years ago and through amalgamation, growth and diversification it has developed into the comprehensive welfare organisation that it is today, where most of our services are non-denominational and available to the wider community. Our excellence in providing quality services where there would otherwise be none is often recognised and we are proud to have received Royal Patronage since 1815, the Patron being Her Majesty, The Queen. Norwood operates across London and the South East and through 1200 members of staff and 600 dedicated volunteers we support almost 8000 people every year.

Main activities of your organisation:

Norwood delivers a range of bespoke services supporting people with learning disabilities and children and families experiencing disadvantage at home, in school and throughout life. Home- We offer specialist support for children and families facing unique challenges from our three Children & Family Centres, which offer services including parent groups, art therapy, social work, children's counselling and specialist groups such as yoga for pre-school children with disabilities.

School -Our diverse educational services include the Hope Centre which focuses on developing thinking skills, a partnership with The Jewish Community Secondary School (JCoSS); the inclusive Norwood Nursery and Binoh, our mainstream support service for children and young people with special educational needs.

Life - Norwood provides supported living, recreational and respite services as well as housing support and advice for people with learning disabilities and autism. Our Life Long Learning service, provides opportunities to develop life and work skills by through courses, travel training, support from qualified Job Coaches, and employment projects.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
584	361	14	600

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

NEED

Norwood consulted with the people we support in order to gain insight into attitudes towards sports and levels of engagement. We surveyed 254 adults with learning disabilities to understand their personal goals and ambitions and found that sports and leisure were high on the agenda. Further research identified barriers preventing sports participation, including: -

- lack of opportunities
- lack of encouragement from support staff
- transport
- cost

DELIVERY

Through our Golden Arrow participation model (attached) Norwood will offer sports sessions to people with learning disabilities at various levels, from taster, to sheltered, select and elite level. Sessions will be delivered from sports centres, parks and community venues across North London. We are requesting funding to cover the cost of the Elite Team Leader and Job Coaching sessions, supporting people to engage with sport at a more advanced level, e.g. competing at national or international events, or pursuing a career in sports.

AIM

To increase sports participation for people with learning disabilities so they can:

- Engage in sports activities
- Access sports activities at their appropriate level of ability
- Partake in sports activities alongside people without learning disabilities
- Live more active and healthy lifestyles

We will also educate mainstream sports providers about how best to support people with learning disabilities to improve provision.

WHY NORWOOD

Norwood has adapted our sports delivery to provide a person centred approach, enabling people to access sport at the level that is right for them. In recognition of this work, Norwood was highly commended by Skills for Care (2013).

Norwood has a long-term approach. We never create projects without considering their impact across the organisation, sustainability and our exit strategy. We cross-refer between services and provide an individual, tailored approach.

MAKING LONDON MORE INCLUSIVE

'Change the Game' aims to increase disabled people's participation in sport through increasing opportunities and changing attitudes to sport.

Norwood recognises the barriers preventing people with disabilities, particularly learning disabilities, from accessing sport, and aims to overcome these barriers through 'Change the Game'. We recognise that when disabled people actively take part in sports, this can impact significantly on levels of independence and wellbeing.

Sports sessions will be delivered in two age groups; 14-25 years for those transitioning into adulthood, and 26+ years for those accessing adult services.

Through the Golden Arrow model people will begin to access sports more independently and disabled people are able to become actively involved in the running and management of sports activities. At Elite level, Norwood will provide Job Coaching and the Tottenham Hotspur Foundation will provide training for people who wish to pursue a career in sports.

PRINCIPLES OF GOOD PRACTICE

The project was developed in response to consultation with people we support and we will use Health Action Plans and Individual Learning Plans to review and shape the service.

Additionally, we will provide opportunities for people with disabilities to manage and run the service through our Elite sessions, offering Job Coaching and further training.

Norwood welcomes people from all backgrounds and values diversity amongst our staff and

the people we support. Services are open to anyone meeting the eligibility criteria regardless of ability or belief.

Norwood values the work of our volunteers, and supports them to achieve their own objectives. Change the Game volunteers will undergo full training and induction.

Norwood recognises the impact of our work on the environment and has taken steps to reduce our carbon footprint. Our Environmental policy promotes recycling; efficient use of energy and water resources; seeks to minimise pollution; and informs staff and the people we support in becoming more environmentally aware.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

The Elite Team Leader will deliver 10 hours of sports sessions per week, supporting 5 people per session. Over two years, this will amount to a total of 860 sessions, with 4,300 opportunities for sports engagement.

The Elite Team Leader will support approximately 50 adults with learning disabilities to engage with sports over the course of a year.

5 hours of one-to-one Job Coaching will be provided each week, supporting up to 5 people per year to pursue a career in sports.

Across the project as a whole, Norwood will provide 4 taster sessions, 10 sheltered sessions, 18 select sessions, 26 integrated sessions and 10 elite sessions per week. Over two years, this will amount to 344 taster sessions, 860 sheltered, 1,548 select, 2,236 integrated and 860 elite sessions.

Norwood will train up to 24 mainstream sports providers over two years to improve provision and provide support for people with learning disabilities.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

For the majority of people accessing the project, we anticipate that increased participation will culminate in participating in integrated sport -- people with disabilities accessing sport alongside people without disabilities. This will result in increased opportunities for social interaction and making friends, combatting isolation.

'Change the Game' will provide increased opportunities for people with learning disabilities to engage in sports and remove the barriers to accessing sports such as travel by offering travel training alongside sports activities.

Through specialist training, the project will improve knowledge within mainstream provision of how to support people with learning disabilities and associated physical disabilities.

The project will improve the health and wellbeing of adults with learning disabilities, which will be measured through Health Action Plans.

From our experience of delivering integrated sports activities, we expect to increase levels of confidence and independence in people with learning disabilities through interaction with those who do not have learning disabilities.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Norwood has recently been awarded the majority of the project costs for the next 3 years from Sport England. We are committed to raising the remainder of the funds required and will continue to apply for funding from charitable trusts. Additionally, income will be generated through charging fees to access the sports activities.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

40

In which Greater London borough(s) or areas of London will your beneficiaries live?

Barnet (35%)

Hackney (15%)

Harrow (35%)

Redbridge (15%)

What age group(s) will benefit?

16-24

25-44

45-64

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager	44059	45381	46742	136182
Team Leader	33667	34678	35718	104063
Elite Team Leader	40354	41564	42811	124729
Sports Coach	26204	26990	27800	80994
Sports Coach	26204	26990	27800	80994
Sports Development Coach	31864	32820	33805	98489
Volunteer Costs	1440	1483	1528	4451
Transport	2880	2966	3055	8901
Session delivery costs (equipment and venue hire)	27600	28428	29281	85309
Job Coach	4800	4944	5092	14836
Travel Trainer	4800	4944	5092	14836
Central Costs	17049	17560	18087	52696
Marketing	500	250	250	1000
TOTAL:	261421	268998	277061	807480

What income has already been raised?

Expenditure heading	Year 1	Year 2	Year 3	Total
Sport England Funding	153387	148340	143731	445458
Fee income	55200	66240	77280	198720
Norwood's contribution	13705	14115	14358	42358
TOTAL:	222292	228695	235369	686536

What other funders are currently considering the proposal?

Expenditure heading	Year 1	Year 2	Year 3	Total
None	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Elite Team Leader	34329	35359	36420	106108
Job Coach	4800	4944	5092	14836
TOTAL:	39129	40303	41512	120944

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	12,382,000
Activities for generating funds	776,000
Investment income	373,000
Income from charitable activities	22,515,000
Other sources	0
Total Income:	36,046,000

Expenditure:	£
Charitable activities	32,309,000
Governance costs	328,000
Cost of generating funds	3,806,000
Other	0
Total Expenditure:	36,443,000
Net (deficit)/surplus:	(397,000)
Other Recognised Gains/(Losses):	325,000
Net Movement in Funds:	(72,000)

Asset position at year end	£
Fixed assets	26,567,000
Investments	17,823,000
Net current assets	3,406,000
Long-term liabilities	(6,516,000)
*Total Assets (A):	41,280,000

Reserves at year end	£
Endowment funds	28,532,000
Restricted funds	11,128,000
Unrestricted funds	1,620,000
*Total Reserves (B):	41,280,000

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?

70%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	19,309,390	18,968,950	20,895,000
London Councils	0	0	0
Health Authorities	848,760	833,800	835,800
Central Government departments	0	0	0
Other statutory bodies	1,060,850	1,042,250	1,044,750

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
The Pears Family Charitable Foundation	0	150,000	150,000
The Milly Apthorpe Charitable Trust	300,000	0	0
K C Shasha Charitable Foundation	0	0	204,140
The Clore Duffield Foundation	55,000	0	121,112
Big Lottery - Reaching Communities	0	94,919	62,902

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Jessica Palmer**

Role within Organisation: **Trust and Statutory Bids and Tenders Fundraiser**

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: ADVANCE	
If your organisation is part of a larger organisation, what is its name? N/A	
In which London Borough is your organisation based? Hammersmith & Fulham	
Contact person: MS Eleri Butler	Position: Chief Executive Officer
Website: http://www.advanceadvocacyproject.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1086873
When was your organisation established? 20/01/1999	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London Safer
Which of the programme outcome(s) does your application aim to achieve? Domestic violence survivors empowered to avoid or leave violent, abusive or exploitative situations More survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being
Please describe the purpose of your funding request in one sentence. A Women's engagement project to increase domestic violence victims/survivors access to services and give women a voice in developing and evaluating domestic violence services.
When will the funding be required? 30/08/2014
How much funding are you requesting? Year 1: £30,000 Year 2: £30,000 Year 3: £30,000 Total: £90,000

Aims of your organisation:

Our organisational aims are

- to enable women and children to lead safe, violence free lives, so that they can flourish and actively contribute to society;
- to advance the education of voluntary, statutory agencies and the public in all aspects of domestic violence.

Our focus is on preventing domestic violence against women and children and on challenging and changing how women are treated in the justice system, whether as victims or offenders. We do this through primary prevention; early help and ongoing support to meet women's needs; protection and risk reduction interventions to maximise safety; and partnership working with voluntary, statutory and community agencies to improve coordinated responses, influence the practice of others, and increase our impact within local communities. In delivering our work we provide women and their families with the turning point they need to change their lives.

Main activities of your organisation:

ADVANCE offers the following services to meet our aims:

- Access to advocacy, advice and support for women and children who have experienced violence and abuse, including those with complex needs.
- 24-hour crisis support, risk management/safety planning for women at high-risk.
- Advocacy and support for women reporting to the police, accessing maternity/A and E services, or local authority housing or children's services.
- Support for women at risk of breaking the law, subject to probation supervision or short sentences, and young women at risk of offending
- Access to solicitors, counselling, individual and group-work programmes focusing on building resilience and recovery from domestic violence.
- Preventative education work, (training, community workshops, group work in schools, communities and early years settings).
- Young people's independent domestic violence advocates, targeting teenage domestic violence.
- Targeted support sessions for children and young people affected by domestic violence, delivered by independent Domestic Violence Family Support Workers co-located in children's services.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
36	10	11	5

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	5 years

Summary of grant request

The aim of this project is to improve the planning and delivery of domestic violence and other public services by listening to and learning from survivors' experiences.

Need

The 2014 HMIC Police inspection report, on police responses to women experiencing domestic violence, uncovered widespread inappropriate responses to women seeking help. This reinforced local research messages (ADVANCE 2013) highlighting barriers to accessing support (negative responses, judgmental attitudes); and established an urgent need to change:

- Inadequate responses of London practitioners
- Inadequate training and poor practice deterring women from seeking help
- Increasing social tolerance of abuse
- Lack of survivor knowledge about options

Delivery

A women's engagement worker will be employed to:

- Empower survivors to scrutinise/feedback on services provided to women, (collated from survivors in weekly 1 to 1 sessions; monthly focus groups; quarterly questionnaires/telephone surveys)
- Prepare reports and action based practitioner recommendations for improvement
- Develop a service user forum
- Develop information/communication materials to improve service access
- Provide practitioner briefings/workshops to local services, sharing best practice; presenting 'what works' findings; providing recommendations for current/future work
- Document vital project evidence of improved responses, benefits/effects

and will deliver

- A survivor consultation mechanism to inform domestic violence service responses;
- Tangible solutions to current failings experienced by domestic violence victims, survivors and families;
- Improved practitioners practice and attitudes to survivors;
- Increased access to appropriate services for survivors;
- Evidence based arguments for long term value/benefits of project work

Why ADVANCE?

ADVANCE's 15 years experience providing domestic violence advocacy and support for women, children, and young people, and 4 years experience providing successful community services for women offenders and women at risk of breaking the law, has given us an exceptional local and national reputation for timely, responsive, supportive, believing and non-judgemental services for survivors.

Our quality of provision is validated through national CAADA Leading Lights accreditation, Women's Aid Quality Standards accreditation and I Advice Quality Standard for outstanding work with women and families.

Meeting Outcomes

Core outcomes of the funded project align perfectly with City Bridge programme outcomes for making London safer (City Bridge outcomes in brackets)

- Women and children feel listened to and involved in development and review of services (domestic violence survivors empowered to avoid or leave violent, abusive or exploitative situations).
- Improved agency and community responses and training available to all agencies/services providing services (BME, LGBT and disabled survivors of domestic violence accessing appropriate services, which understand and meet their needs)
- Increased survivors knowledge relating to viable options and rights including rights to access services (more survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being)

Meeting 'Good Practice' principals

The project will:

Encourage women's engagement and involvement in challenges, changes, and improvements to practice, establishing a large survivor forum to advice on all aspects of work;

Provide culturally appropriate support, considering access and engagement barriers, values and perspectives, and actively demonstrate respect for those values/beliefs;

Value diversity, valuing different views, supporting and valuing sharing of expertise, managing communications with positivity, adapting work practices to create an inclusive environment, and promoting principles of equal employment opportunity, access and equity in all staffing policies/practice.

Value/support volunteers -- recognising volunteer contribution in staff meetings, events/awaydays and communication materials, and regularly consulting with volunteers to ensure an encouraging, respectful, supportive place to work;

Reduce our carbon footprint- recycling products, (domestic waste /packaging); using environmentally friendly office equipment (recycled paper, long-life light bulbs, recycled printer cartridges); promoting organisational practices to reduce waste, conserve energy; and enabling public transport for staff travel to/during work.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Not applicable

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Quarterly focus groups, scheduled over 3 years of funding, with a minimum of 10 women attending per group. Each group will be 3-4 hours with additional preparation time and post group support. Minimum 12 focus groups and a total 120 women will engage in qualitative feedback during the project.

Monthly qualitative service user feedback sessions, scheduled over 3 years of funding, consisting of a minimum of 15 service users interviews a month providing in depth discussion relating to 'what works', 'what doesn't', and 'what needs to change' (individual feedback from 540 women during the project)

Quarterly workshops presenting survivor experiences and feedback to practitioners, over 3 years of funding. Each workshop will consider actions to address failings identified and information will be provided to a minimum of 15 professionals from local statutory and community groups in each workshop, (180 practitioners during the project).

Establishing a Service User Forum with minimum 8 service user members. The forum will meet every 2 months i.e. 6 times each year (18 forum meetings during the 3 year project). The forum will advise and provide feedback on all aspects of project work. (Minimum 24 survivors over 3 years of funding).

Annual event for up to 70 service users/survivors where a report produced by the women's engagement worker, working with the Survivors forum, will summarise service users positive feedback and challenges for consideration to London practitioners, 'What is working', 'What needs to be done'. (210 survivors over 3 years of funding)

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Women and children feel listened to, believed and not judged, and are meaningfully involved in the development and review of domestic violence services and responses.

Women, children and communities experiences inform improvements in partnerships, policies, services and agency practices.

Improved agency and community responses, and effective good practice training available to all service practitioners

Increased awareness by women of options, legal rights, and entitlements available, including rights to accessing services and access to peer support

Improved accountability, efficiency, procedures and practice that deliver value and improvements for service users, practitioners and the wider community.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes, agencies will be persuaded of the benefit of learning from survivors experiences. We will continue activity by establishing a business case and persuasive commissioning argument for mainstream funding that highlights positive outcomes achieved, for example increased community engagement and inclusivity, establishing women and community champions, increased public safety, long-term budget savings.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

1,074

In which Greater London borough(s) or areas of London will your beneficiaries live?

Hammersmith & Fulham (25%)

Kensington & Chelsea (25%)

Brent (25%)

Westminster (25%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

Female

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary costs	32,799	32,799	32,799	98,397
Management costs	3,400	3,400	3,400	10,200
Contribution to core costs	3,000	3,000	3,000	9,000
Service user costs-forum meetings	1,200	1,200	1,200	3,600
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	40,399	40,399	40,399	121,197

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
ADVANCE core funding	10,399	10,399	10,399	31,197
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	10,399	10,399	10,399	31,197

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Imperial Trust	15,000	15,000	15,000	45,000
Volant Trust	10,000	10,000	10,000	30,000
	0	0	0	0
	0	0	0	0
TOTAL:	25,000	25,000	25,000	75,000

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary Costs	22,400	22,400	22,400	67,200
Management costs	3,400	3,400	3,400	10,200
Contribution to premises core costs	3,000	3,000	3,000	9,000
Service user costs-forum meetings	1,200	1,200	1,200	3,600
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	30,000	30,000	30,000	90,000

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	3,744
Activities for generating funds	0
Investment income	719
Income from charitable activities	1,440,210
Other sources	6,223
Total Income:	1,450,896

Expenditure:	£
Charitable activities	1,329,652
Governance costs	5,848
Cost of generating funds	12,000
Other	0
Total Expenditure:	1,347,500
Net (deficit)/surplus:	103,396
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	4,752
Investments	0
Net current assets	613,941
Long-term liabilities	-98,714
*Total Assets (A):	519,979

Reserves at year end	£
Restricted funds	248,538
Endowment Funds	0
Unrestricted funds	271,441
*Total Reserves (B):	519,979

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
61-70%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Significant time and resources were spent in 2012/13 to consolidate existing services and funding streams. We have reviewed financial management systems, policies and procedures to maximise efficiency savings and to prepare for the challenging commissioning environment we face. This places us in a strong position to maximise funds going forward. Our success in obtaining additional restricted funding to extend service delivery demonstrates local confidence in ADVANCE

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	295,112	540,753	842,200
London Councils	0	0	0
Health Authorities	60,632	60,632	60,632
Central Government departments	0	40,000	86,230
Other statutory bodies	325,000	45,000	91,000

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Esme Fairburn	10,750	32,250	43,000
Lankelly Chase Foundation	0	46,000	0
Comic Relief	0	0	40,000
LLoyds TSB Foundation	0	25,000	15,000
New Philanthropy capital	20,000	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **ELERI BUTLER**

Role within **CHIEF EXECUTIVE OFFICER**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Newham Asian Women's Project (NAWP)	
If your organisation is part of a larger organisation, what is its name? No	
In which London Borough is your organisation based? Newham	
Contact person: Ms Baljit Banga	Position: Director
Website: http://www.nawp.org	
Legal status of organisation: Charitable company	Charity, Charitable Incorporated Company or company number: 1001834
When was your organisation established? 11/02/1991	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London Safer
Which of the programme outcome(s) does your application aim to achieve? More survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being Children and young people living in refuges accessing specialist support that helps reduce trauma, increases resilience and gives them a voice
Please describe the purpose of your funding request in one sentence. Support survivors of domestic and sexual violence through specialist counselling and therapeutic services aiding their recovery, promoting safety and freedom from violence.
When will the funding be required? 03/10/2016
How much funding are you requesting? Year 1: £30,118 Year 2: £30,118 Year 3: £30,118 Total: £90,354

Aims of your organisation:

NAWP is a specialist BME organisation working to meet the needs of survivors of domestic violence through direct service provision enabling women to build-up their resources and capacity to live independent lives. NAWP's vision is to work towards the alleviation of domestic violence and other forms of gender violence. NAWP achieves its vision by pursuing its' key aim - to support and empower women and their children who are survivors of domestic and sexual violence to re-build their lives and promote their long-term recovery working in ways with them to ensure that they remain safe. Key activities are developed around specialist services and interventions under a framework of recovery and support through the provision of quality services to improve safety and health and well-being outcomes and work towards improved quality of life which includes reducing repeat victimisation, prevention and, resilience

Main activities of your organisation:

1. Housing support accommodation-based services to women and their children feeling domestic violence to enable them safe space to rebuild their lives. This service is accessed by all BME women from age 18+ and their children including victims of trafficking, sexual exploitation and grooming.
2. Therapeutic support including person-centred counselling and support groups for adult women suffering domestic violence and other forms of gender violence.
3. Dedicated services for young women and girls developed under an early intervention and prevention framework (mental health advocacy, 1:1 support, counselling and therapeutic services, schools based workshops and support groups) with dedicated work is delivered around sexual exploitation and abuse including grooming and sexual harassment.
4. Legal advice services available to BME women in East London and the London Borough of Haringey focusing on a human rights based approach delivering advice and advocacy.
5. Capacity building training programme around domestic violence to professionals working across sectors, and research and policy development activity.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
10	10	5	4

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	3

Summary of grant request

NEED: Women's Aid Day Count 2012 on women and children accessing refuges in the UK found that 7,608 women and 4,734 children were turned away because there was insufficient bedspaces in refuges to accommodate them. Specialist refuges for BME women fared less well with 6 refuges losing funding and closing across the country. In Newham domestic violence increased 7% compared to 4% across London. Newham is the second highest borough for domestic violence incidents. Newham is 5 bedspaces under the 30 suggested by the Best Value Performance Indicator on per capita domestic violence bedspace capacity. NAWP accommodates 104 women and 65 children annually. In the last 12 months 30 women could not be accommodated in refuges because of the lack of bedspaces. These figures paint a picture of high demand, lack of bedspace capacity and women remaining in violent relationships longer due to diminished resources to support them.

DELIVERY PLAN: (1) Recruitment of worker (2) Development of therapeutic support instruments and related processes, casework management system, counselling timetable, and referral management system. (3) Worker will provide therapeutic outcomes to support plans. (4) Development of a performance management framework (PMF) for the service.

AIMS: (1) Address a gap in provision for women and children in refuges through specialist therapeutic support. (2) Use empowerment based in humanistic and person-centre theory, to build resilience. (3) By providing bedspaces to trafficked women, provide therapeutic support to facilitate their health, well-being and independence. (4) Use casework to continuously develop and improve therapeutic support models for women and children suffering specific forms of violence (forced marriage, honour-based violence and FGM)

WHY IS NAWP THE RIGHT ORGANISATION? NAWP has a 27 years track record delivering specialist services to women and children suffering domestic violence. The following experience is relevant to this project: (1) Solid reputation for managing emergency accommodation for women and children and reducing repeat victimisation and moving women on to independent living. (2) NAWP has been developing therapeutic support models where the casework directly feeds into how we support women and children at risk. (3) We have a field tested and effective approach to reaching out to the most vulnerable BME women in the. (4) BME communities in general associate stigma to mental health intervention. NAWP has had more than 15 years of experience addressing mental health stigma in BME communities.

MEETING PROGRAMME OUTCOMES: NAWP will be meeting the outcomes by developing and delivering specialist domestic violence therapeutic and counselling support service to vulnerable BME women and children in refuges. The model will be based on empowerment, include recovery from complex and high risk domestic violence, focus on trauma mitigation through intensive support and meeting gaps in counselling provision to BME women and children.

GOOD PRACTICE PRINCIPLES: (1) NAWP has a service user panel which is attended by women from the refuge. The panel is called 'Strategic Voice' where service users can feedback on service performance, future development, gaps in provision, and governance. (2) NAWP diversified in 2010 to include all BME women and children maintaining a specialist focus and to meet need for services produced by the closure of specialist BME provision. (3) NAWP has a support structure to recruit and support volunteers providing them with training and awareness. (4) NAWP has been green conscious for a few years, aiming to become a paperless office (as much as possible given the nature of the work done, we have an awareness raising workshop for service users on eco matters, and are conscious on the use of SMART energy. We have plans to participate in an eco-audit and following that, develop a green policy for NAWP.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

NA

Do you have a Vulnerable Adults policy? ~~NO~~ YES BB

What Quality Marks does your organisation currently hold?

CUSTOMER FIRST, ADVICE QUALITY STAND BB

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Deliver 1:1 counselling to 135 women and 65 children annually.

Deliver weekly support groups (total of 36 annually) for women in the refuges where take-up is voluntary with a minimum of 5 women attending each session.

Deliver a monthly workshop (total of 10) for women in the refuge on awareness raising around mental health and well-being and focusing on domestic violence issues.

Engage 5 children quarterly in play therapy to address trauma and aid recovery.

Feed into casework good practice through the performance management system enabling NAWP to achieve continuous learning in supporting vulnerable BME women.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

135 women will improve their parenting skills through therapeutic support to build positive non-violent relationships with their children.

65 children will be supported to recover from the trauma of domestic violence through therapeutic support.

Women and children will have better awareness of domestic violence and its effects by developing positive coping leading to non-violence.

Use casework to inform and improve safeguarding training, practice and policy in the borough by disseminating results to 25 senior officers and commissioners.

Improve self-esteem, confidence and self-worth so that women feel empowered and independent to live free from violence.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

NAWP has a fundraising strategy linked to the business plan. Fundraising for a three year project start 12 to 19 months before the project end date however funding sources are continuously identified in the fundraising strategy. This approach ensure continuity and produces better sustainability outcomes for the organisation.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

200

In which Greater London borough(s) or areas of London will your beneficiaries live?

Newham (67%)

Haringey (33%)

What age group(s) will benefit?

0-15

16-24

25-44

45-64

What gender will beneficiaries be?

Female

What will the ethnic grouping(s) of the beneficiaries be?

Mixed/ Multiple ethnic groups (including White and Black Caribbean; White and Black African; White and Asian; Any other Mixed/ Multiple ethnic background)

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)

Other ethnic group (including Arab)

If Other ethnic group, please give details: **Arab, Persian**

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary costs	28,618	28,618	28,618	85,854
External supervision costs	1,500	1,500	1,500	4,500
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	30,118	30,118	30,118	90,354

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary costs	28,618	28,618	28,618	85,854
External Supervision costs	1,500	1,500	1,500	4,500
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	30,118	30,118	30,118	90,354

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	3,576
Activities for generating funds	0
Investment income	211
Income from charitable activities	831,908
Other sources	0
Total Income:	835,695

Expenditure:	£
Charitable activities	833,668
Governance costs	20,236
Cost of generating funds	20,920
Other	0
Total Expenditure:	874,824
Net (deficit)/surplus:	-39,129
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	39,129

Asset position at year end	£
Fixed assets	6,514
Investments	0
Net current assets	298,698
Long-term liabilities	0
*Total Assets (A):	305,212

Reserves at year end	£
Restricted funds	31,960
Endowment Funds	0
Unrestricted funds	273,252
*Total Reserves (B):	305,212

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
51-60%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

In the last financial audit Supporting People Income is stated as £316,697. This has been reduced by 60% in the current financial year. Revenue income from refuge rents will increase in the current financial year by approximately £100,000 due to additional bedspaces to meet demand and to offset the loss of income. The organisation is moving to a sustainability model reducing income from statutory sources.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	490,776	501,060	422,072
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery Fund	77,096	72,471	97,029
Paul Hamlyn Foundation	37,100	38,518	4,500
BBC Children in Need	16,303	19,000	20,000
Comic Relief	0	38,500	39,125
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Baljit Banga**

Role within **Director**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Woman's Trust	
If your organisation is part of a larger organisation, what is its name? Not applicable	
In which London Borough is your organisation based? Kensington & Chelsea	
Contact person: Ms Heidi Riedel	Position: Director
Website: http://www.womanstrust.org.uk	
Legal status of organisation: Charitable company	Charity, Charitable Incorporated Company or company number: 6886781 1143513 (charity)
When was your organisation established? 30/07/1996	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London Safer
Which of the programme outcome(s) does your application aim to achieve? More survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being Domestic violence survivors empowered to avoid or leave violent, abusive or exploitative situations
Please describe the purpose of your funding request in one sentence. We request core funding to support us achieve our strategic objectives of expanding services, strengthening impact measurement and improving our impact on policy and understanding.
When will the funding be required? 03/11/2014
How much funding are you requesting? Year 1: £45,000 Year 2: £45,000 Year 3: £45,000 Total: £135,000

Aims of your organisation:

Woman's Trust (WT) was formed by domestic violence (DV) survivors, counsellors and other women to address the substantial gap in mental health support to women affected by DV in London. DV damages mental health, disempowering women, preventing them from living full lives and undermining their ability to support their children.

Our aim is to empower women so they can overcome the harmful effects of DV on their mental health, re-gain control, make positive choices, rebuild their lives, live free from violence and abuse, and be better able to safeguard and support their children.

We do this through the provision of women-only, client-led, services, by:

- Delivering services solely;
- Delivering services in partnership with other agencies;
- Providing training to agencies, to increase their awareness of DV, to stimulate the referral of clients, and to help them respond better to the needs of women affected by DV;
- Working strategically to inform and influence policy and the provision of DV services.

Main activities of your organisation:

Current free direct services, London wide:

- Person-centred/Humanistic one-to-one counselling - one initial assessment, plus 18 weekly 50-minute sessions at times to suit the client, provided from local venues. (1141 referrals received 2013/14 for women 18+; sustained 30% increase on 2011/12).
- Self-development workshops- 1-day workshops, in 6-week blocks, where women learn, re-learn skills or learn about DV and its effects on them and their children, provided in East or West London. (675 participants in 2012/13; for women aged 18+).
- Training for statutory/voluntary agencies to increase their awareness of DV, their ability to provide responsive services to women and their ability to refer clients to WT for support. (15 presentations in 2013/14, half 2012/13 due to resource restrictions).
- One-to-one counselling for women aged 16-18 (pilot project: Kensington & Chelsea, Westminster, Hammersmith & Fulham).
- Support Groups for women. 8 women meeting once a week for 8 weeks, provided in rotated venues in East and West London.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
2	8	11	65

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	Rolling with 3 months notice

Summary of grant request

We request 3 years core funding to employ an Administration Manager to enable:

- Development and expansion of services
- Improvements in impact measurement
- Greater influence on policy

Need:

The economic climate and funding cuts have weakened support for DV survivors. Demand for our services increased 30% in 2012/13, without additional outreach or promotion, indicating unmet need. We sustained support at this level through 2013/14, but resources restricted growth.

We have identified gaps in our service including: lower demand from some demographics (addressable through partnerships); no support to 16-18 year-olds (service piloted); boroughs with no suitable local provision; no support group services (funding secured-services started March 2014).

The impact of current outreach suggests pro-active outreach would uncover more unmet need. We feel sharing learning from our impact measurement can enable better responses to all DV survivors.

Delivery:

Currently operational demands challenge growth and development. We seek core funding for an Administration Manager to reduce operational demands on our Director enabling her to focus on growth and development.

Aims for the next three years:

- Increase service capacity;
- Enhance existing services in response to feedback;
- Expand numbers of locations from which we operate, enabling access;
- Diversify counselling services (e.g. supporting young women - 16 to 18 - currently piloted);
- Increase partnerships, through consortia; collaborations with specialists
- Expand our impact measurement;
- Share data/knowledge from service provision to influence policy and provision to DV survivors London-wide/nationally.

Why us:

1. We were formed in 1996, explicitly to meet this need and have 15 years delivery/management expertise.
2. Evaluation has proven our Person-Centred approach effective.
3. We operate locally in communities we serve, building partnerships, enabling symbiotic effectiveness and wider referral routes.
4. We are reputable amongst statutory/non-statutory partners; and women in the communities we serve. 30% of referrals come via word-of-mouth.
5. Our counselling expertise is acknowledged by funders: Royal Borough Kensington & Chelsea, West-London-CCG, Barking & Dagenham NHS, Big Lottery, Dept. of Health.
6. Our low cost operating model uses specialist volunteer counsellors working to accredited standards.
7. Social Return on Investment research shows that women's organisations can generate up to £14 of social value for every £1 invested.

Programme outcomes:

In 2013/14, evaluation of CORE (Clinical-Outcomes-in-Routine-Evaluation) data and Exit questionnaires, showed women:

- Were healthier - 71% reported improvements in stress, 67% depression, 68% self-esteem, 65% isolation. 69% were less suicidal, 69% less likely to self-harm

- Had greater autonomy and more life choices - 90% reported improved knowledge of rights, 94% improved knowledge of other support services, 94% improved confidence, 92% felt more in control of their future, resulting in a greater ability to make healthy choices and effect life changes.
- Were better able to function - 94% reported improvements in their ability to interact with others, 94% in their ability to self-care, and 98% in their relationships with their children.
- Felt safer - 58% felt less at risk.

Good Practice:

Users

Users cannot involve in the management or running of services. Ex-users can, but predominantly don't due to the closeness of the issue. They volunteer in administrative roles. Current users involve in development/evaluation of services through our User Involvement Group, stakeholder surveys, focus groups, and end of service user consultation.

Diversity

In 2013 over 70% of clients were from BAMER communities. We provided counselling in 10 languages.

Volunteers

Counselling volunteers receive specialist training, induction, external clinical supervision and on-going management support. Administrative volunteers receive on-the-job training and support. All volunteers receive travel/lunch expenses.

Carbon footprint

WT's Environmental Policy aims for sustainable operations through initiatives such as: cycle scheme; desk-sharing; re-cycling equipment.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Not applicable

Do you have a Vulnerable Adults policy? ~~No~~ **Yes**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Employment of an Administrative Manager to take over day to day operational responsibilities currently carried out by the Director and to support the additional operational demands that will arise with expansion of services.

Administrative Manager takes over day to day operational management of Woman's Trust from the Director.

Director uses freed up time to undertake more growth and development work in line with strategic objectives: developing and expanding services, improving impact measurement, and influencing policy and practice.

Fundraising to support growth in services.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Through the employment of an Administration Manager there will be increased organisational capacity to enable growth and development.

Increase in our service capacity by approximately 15% per annum in years 2 and 3.

Expansion in the number of locations of 3 per annum, from which services are provided enabling more localised access as well as specialist DV counselling to be provided in boroughs where there is none at present.

Expanded impact measurement including through engagement with academic institutions and allowing input into wider research.

Impact shared more widely influencing policy and practice in the field.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Through full cost recovery we will aim to recover half of core costs from service contracts and service grants. The growth in services this grant will support us achieve, will facilitate this. We will add to this through events; individual donations; applications to statutory funders; and applications to local and regional trusts and foundations.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

1,800

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

75 and over

What gender will beneficiaries be?

Female

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Admin Manager Salary (including NI & pension)	35,110	36,163	37,248	108,522
Recruitment	1,000	0	0	1,000
Core costs (rent, rates, phone, copier, insurance etc)	8,680	8,680	8,680	26,040
External supervision	660	680	700	2,040
Training	300	309	318	927
Travel	50	52	53	155
Meetings/conference	100	103	106	309
Miscellaneous	100	103	106	309
	0	0	0	0
TOTAL:	46,000	46,090	47,212	139,302

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
No other funders are considering this at present	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Admin Manager Salary (including NI & pension)	35,110	36,163	37,248	108,522
Recruitment	1,000	0	0	1,000
Core costs (rent, rates, phone, copier, insurance etc)	7,680	7,590	6,468	21,738
External supervision	660	680	700	2,040
Training	300	309	318	927
Travel	50	52	53	155
Meetings/conference	100	103	106	309
Miscellaneous	100	103	106	309
	0	0	0	0
TOTAL:	45,000	45,000	45,000	135,000

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	225,318
Activities for generating funds	
Investment income	261
Income from charitable activities	306,698
Other sources	2,700
Total Income:	534,977

Expenditure:	£
Charitable activities	496,467
Governance costs	10,694
Cost of generating funds	38,907
Other	
Total Expenditure:	546,068
Net (deficit)/surplus:	(11,091)
Other Recognised Gains/(Losses):	
Net Movement in Funds:	(11,091)

Asset position at year end	£
Fixed assets	5,762
Investments	
Net current assets	192,641
Long-term liabilities	
*Total Assets (A):	198,403

Reserves at year end	£
Endowment funds	
Restricted funds	44,695
Unrestricted funds	153,708
*Total Reserves (B):	198,403

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 14%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: N/A

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	318,523	259,742	80,740
London Councils	0	0	0
Health Authorities	26,001	27,002	61,102
Central Government departments	20,000	31,594	73,684
Other statutory bodies	0	5,000	5,000

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Henry Smith Charity	10,000	20,000	20,000
Oak Foundation	38,728	0	0
Garfield Weston	0	10,000	10,000
Tudor Trust	0	0	30,000
Big Lottery Fund	0	96,972	87,911

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Heidi Riedel**

Role within **Director**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Arts Depot Trust Limited	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Barnet	
Contact person: Mr. Tim Burley	Position: Founder Director
Website: http://www.artsdepot.co.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1083893
When was your organisation established? 27/03/1998	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Older Londoners aged 75 years and over living more active and healthier lives Fewer older Londoners aged over 75 years with depression and more reporting improved well-being
Please describe the purpose of your funding request in one sentence. To reduce social isolation amongst the 75+ age group through facilitated arts attendance and participation in creative projects.
When will the funding be required? 03/11/2014
How much funding are you requesting? Year 1: £26,600 Year 2: £27,100 Year 3: £27,600 Total: £81,300

Aims of your organisation:

artsdepot is an arts venue in Barnet, North London, providing a diverse range of productions, events and activities welcoming 100,000+ visits per annum including 9,000 children and young people taking part in performance opportunities and/or creative education projects. Our participation programme includes strands aimed at young refugees, young people with disabilities, young offenders and young people in pupil referral units. We also provide mainstream youth theatre and youth dance companies, and work in partnership with twelve local primary schools and five secondary schools engaging children and young people in creative learning. From our constitution; The objects of the Trust are to advance and further public education in the arts by providing a centre for the benefit to the public to promote artistic education. Also, to provide, or assist in the provision of, facilities for recreation and other leisure time occupation in the interest of social welfare for members of the public with the object of improving their condition of life.

Main activities of your organisation:

Theatre, dance, comedy, music, circus and spoken word; c300 events per year, c45,000 tickets sold and 5,000 free attendances. Our largest audience segment is theatre for families.

Visual arts; free exhibitions welcoming c10,000 visitors annually including artsdepot Open where individual artists submit work for panel curation.

Schools projects; we work with 12 local primary schools on intensive creative education projects around communication, literacy and arts engagement - all from schools with high proportions of pupils in receipt of free school dinners.

Disability arts: we deliver club nights and associated workshops for young people with learning and physical disabilities.

Youth and adults arts workshops; weekly workshops across five age groups.

Targeted projects at disadvantaged groups including a pupil referral unit and young people at risk of offending.

Take Part programme: broad offer of third party activities including Mini Mozart, La La Land, Di Di Dance, Creative Writing, Yoga, Pilates, Zumba etc.

Artist support, research and development

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
24	40	11	35

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	11 years

Summary of grant request

Need for the project;

Social isolation is an avoidable human condition that reduces quality of life and reflects negatively on the make up of our society. The over 75+ population is expected to double in the next 30 years (Age Uk London), up to 16% of older people define themselves as being often or always lonely with 11% seeing friends, relatives and neighbours less than once a month, a further 17% less than once a week. As older people's lives change through the loss of a partner or friend, or changes to income and health, they can find their engagement in social and creative activities diminish. This project will explore how to better engage 75+ people in their local arts venue as attendee and participant, understanding barriers to participation, enabling social networks, and advocating an engagement model to other arts venues.

How we will deliver;

We will appoint a Community Champion to establish a local partnership of businesses, community groups, social services and older volunteers developing promotions that will attract older people, facilitating attendance through networking, arranging transport and providing social experiences such as lunches, talks and participation projects. This will include:

- Liaising with social services (incl Barnet Centre for Independent Living) engaging vulnerable older people
- Liaising with care homes and community support groups/ lunch clubs
- Marketing targeting older audiences
- Food and drink offers at artsdepot and in local restaurants
- Ticket offers & discounts
- Minibus providing transport for older people with access restrictions - we will approach Barnet Community Transport, and provide support staff at artsdepot
- An annual arts engagement project placing older people with an artist to support the development of a creative project, this could include older people performing, making an art-work, or helping an artist develop material
- 6 learning events annually including craft workshops, talks by artists associated to productions and exhibitions
- 10 social events introducing older people to our venue and work

What we will achieve:

- increased arts and social attendance and participation by 75+ people including those with mobility challenges and dementia.
- positive role models/ volunteers growing arts attendance by older people
- creative learning and enrichment of our programme through the contribution and participation of older people

Why are we right to deliver this;

The project compliments a new membership service we are developing aimed at older people with a grant of £117,600 from NESTA, Arts Council England and the Arts & Humanities Research Council's Digital RnD Fund. This service is being developed in partnership with University of the Arts London's DigiLab, technologists Ingelby, and research partners Warwick Arts Centre and Brewery Arts Centre. That grant funds research and development but not running costs, from late Autumn 2014 we will be recruiting members providing incentives to attend and facilitating social networking. This project will be an additional layer to that service, targeting the 75+ age group.

Programme outcomes

The project will tackle social isolation of the 75+ age group supporting more active and healthy lifestyles, improving well being and reducing depression. Some of the beneficiaries will be dementia sufferers and we will tailor services around individual needs.

Good practice

- The Community Champion will be an older person (65+) and we aim to appoint an older person to our board.
- We will support a group of local volunteers who will advise on programme opportunities, we will cover expenses and work with them to navigate the creative programme and support attendance and participation by their networks
- artsdepot has an environmental policy which is resulting in improved carbon efficiency

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

None.

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

None.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

10 food/ drink social events annually to engage older people, typically attached to a performance or exhibition, introducing them to our programme and building networks for people to make friends, find new co-attendees or simply enjoy the company of others

6 workshops or talks annually aimed at older people and linked to artsdepot's creative programme

(attendance anticipated at 30 per event).

Developing a new community of 500+ older people engaging in artsdepot's creative programme.

An annual creative project engaging older people as performers, makers or content contributors resulting in exhibitions or performances to the public.

Engaging community partners and social services in supported arts attendance (including free & subsidised transport) and advocating for other arts venues to better engage 75+ audiences.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Older people will feel less socially isolated resulting in improved well being and good health.

The project will develop a more positive impression of old age encouraging greater arts attendance as a method of staying socially active.

The project will engage older people in creative learning & participation opportunities benefitting the participants but also informing our creative programme and directly contributing to new arts projects.

The project will develop a positive community of older audiences and participants that will support advocacy encouraging other venues to place greater emphasis on older audiences.

Through supported transport and food & drink offers older people will access arts services they otherwise may not be able to participate in.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

By increasing familiarity and ensuring affordability we will grow attendance amongst the 75+ age group, additionally we shall continue fundraising for participation and engagement projects for this group in future years.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

500

In which Greater London borough(s) or areas of London will your beneficiaries live?

Barnet (100%)

What age group(s) will benefit?

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

21-30%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Community Champion (10 hrs pw @ £12 ph)	6,300	6,500	6,700	19,500
Marketing Assistant (1 day pw)	3,600	3,700	3,800	11,100
Workshop/ artist fees £300 x 6 annual events	1,800	1,800	1,800	5,400
1 annual creative project	5,000	5,000	5,000	15,000
Supported transport (estimate) 40 x £85 pa	3,400	3,500	3,600	10,500
Additional support staff 40 x £100	4,000	4,100	4,200	12,300
food/ drink events 10 x £100 pa	1,000	1,000	1,000	3,000
ticket discounts 500 x £3 pa	1,500	1,500	1,500	4,500
Programme Management, Admin & Overheads	5,000	5,000	5,000	15,000
TOTAL:	31,600	32,100	32,600	96,300

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Digital RnD project funds	5,000	0	0	5,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	5,000	0	0	5,000

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Fundraising targets Ys 2&3 (small trusts)	0	5,000	5,000	10,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	5,000	5,000	10,000

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Community Champion (10 hrs pw @ £12 ph)	6,300	6,500	6,700	19,500
Marketing Assistant (1 day pw)	3,600	3,700	3,800	11,100
Workshop/ artist fees £300 x 6 annual events	1,800	1,800	1,800	5,400
1 annual creative project	5,000	3,500	3,500	12,000
Supported transport 40 x £85 pa	3,400	3,500	3,600	10,500
Additional support staff @ £100 per day	1,500	3,000	3,000	7,500
food/ drink events 10 x £100 pa	0	1,000	1,000	2,000
ticket discounts 500 x £3 pa yrs 2&3	0	1,500	1,500	3,000
Programme Management, Admin & Overheads	5,000	2,600	2,700	10,300
TOTAL:	26,600	27,100	27,600	81,300

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: August	Year: 2013
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Income received from:	£
Voluntary income	323,580
Activities for generating funds	396,512
Investment income	1,848
Income from charitable activities	737,703
Other sources	0
Total Income:	1,459,643

Expenditure:	£
Charitable activities	1,310,282
Governance costs	8,000
Cost of generating funds	142,652
Other	0
Total Expenditure:	1,460,934
Net (deficit)/surplus:	-1,291
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-1,291

Asset position at year end	£
Fixed assets	71,073
Investments	2
Net current assets	223,507
Long-term liabilities	30,949
*Total Assets (A):	263,631

Reserves at year end	£
Restricted funds	19,151
Endowment Funds	218,173
Unrestricted funds	26,307
*Total Reserves (B):	263,631

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
21-30%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

No significant changes.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	150,566	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	304,628	300,216	0
Other statutory bodies	3,500	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Esmee Fairbairn Foundation	30,000	30,000	30,000
Big Lottery	10,000	29,325	30,000
John Lyons Charity	0	25,000	25,000
Milly Apthorp Charitable Trust	25,028	23,550	20,000
PRS for Music Foundation	0	16,970	3,630

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Timothy Stuart Burley**

Role within **Development Director**
 Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Finsbury and Clerkenwell Volunteers	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Islington	
Contact person: Mr Andrew Thompson	Position: Chair
Website: http://www.finsburyvolunteers.org.uk	
Legal status of organisation: First Contact	Charity, Charitable Incorporated Company or company number: 268511
When was your organisation established? 01/08/1971	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Older Londoners aged 75 years and over living more active and healthier lives Fewer older Londoners aged over 75 years with depression and more reporting improved well-being
Please describe the purpose of your funding request in one sentence. Funding will contribute to the running and maintenance of two wheelchair accessible minibuses, without which some clients would not be able to access our services.
When will the funding be required? 01/09/2014
How much funding are you requesting? Year 1: £10,000 Year 2: £10,000 Year 3: £10,000 Total: £30,000

Aims of your organisation:**Aims**

1. Reduce social isolation among older people
2. Support clients to continue to live independently
3. Support clients in maintaining a level of well being

Outcomes

1. Clients feel less isolated
2. Clients level of social activity is enhanced
3. Clients are able to continue living independently
4. Clients level of well being is enhanced / maintained

Main activities of your organisation:

Lunch Club: Meets twice a week. Clients receive a freshly cooked two course meal.
 Shopping trips: Clients are driven and escorted to one of a number of local shopping centres once a week.

Steeple Bay caravan: This is available for one day visits and extended visits.

Telephone Club: Clients receive a phone call at least once a week.

One to One Befriending: Clients are linked with a befriender who visits them at home on a regular basis.

Our two accessible mini buses are used to transport clients who are disabled or have difficulty with mobility. Without them these clients would not be able to attend the Lunch Club, take part in shopping trips or visit the caravan. Nor would we be able to allow other organisations the use of the ambulances for one-off events.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	1	8	62

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	3 years

Summary of grant request

Our clients are mainly drawn from the Bunhill, Clerkenwell and Canonbury wards in the London Borough of Islington. The majority live alone. They are elderly and sometimes disabled. Many live in accommodation which is unsuited to their needs

Islington is a borough of extremes. In 2008 The Cripplegate Foundation commissioned a report called "Invisible Islington -- Living in Poverty in Inner London" in order to highlight the poverty that exists along side the bars, restaurants and Georgian terraces. This was followed in 2013 by "Distant Neighbours -- Poverty and Inequality in Islington" which found that Islington's lower income residents are "under more pressure than ever" and the "gap between the wealthiest and the rest is growing

"Invisible Islington" drew attention to the varying levels of happiness reported by the interviewees. These levels were dependent on the degree of social interaction or isolation they experienced. Participants who had friends and participated in activities had a more positive outlook. The report recognised the importance of community organisations in providing information, advice and support. "Social contact and connections be it with family, friends or community are critical to happiness and well being".

The Indices of Deprivation published in 2010 ranked Islington as the 14th most deprived local authority in England and the 5th most deprived in London. The authority is ranked 4th most deprived nationally on the measure of income deprivation affecting older people.

Our specific aims are driven by the context set out above. They are:

- to reduce social isolation
- to support clients to live independently
- to support clients in maintaining a positive level of well being

We seek to meet these aims by providing the following services

1. A Lunch and Social Club.
2. Telephone Club
3. Assisted Shopping Trips
4. One to One Befriending.
5. Accessible transport

We operate 2 wheelchair accessible minibuses which provide a door to door service for disabled clients and clients with limited mobility. We believe we are the only organisation offering such a bespoke service in our area. These vehicles ensure that clients are not denied access to our services because of their disabilities.

6. Management and day to day running.

The services are staffed by volunteers and one part time salaried organiser. A management committee made of up volunteers and service users oversees the day to day running of the organisation. This is supported by smaller steering and finance committees.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Mentoring & Befriending Foundation Certificate 2012 - 2013

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Lunch and Social Club.

Lunch Club meets twice a week. Clients receive a two course freshly cooked meal. Disabled clients are collected from and returned to their homes by our wheelchair accessible minibuses. There are after lunch activities such as bingo and occasional entertainment. Currently membership stands at 49.

Assisted Shopping Trips

Shopping trips to local shopping centres take place once a week. Using our minibuses we are able to provide a door to door service that accommodates disabled clients, their wheel chairs and shopping trollies. Volunteers accompany the group. Currently 28 clients have signed up for this service.

Accessible transport

We operate 2 wheelchair accessible minibuses which provide door to door services for disabled clients and clients with limited mobility. We are the only organisation offering such a bespoke service in our area. This ensures that clients are not denied access to our services because of disabilities.

One to One Befriending.

Sixteen clients are linked to a befriender. These clients tend to be more housebound. Clients receive a regular visit in their own home in addition to contact by telephone. As well as the social contact the befriender provides support and assistance on the basis of need.

Telephone Club

Members, many of whom are housebound, at risk of isolation, receive a telephone call at least once a week from a volunteer. Clients may also call the office if they need assistance. The service offers valuable support and reassurance to clients and families. There are 96 members

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Clients are less isolated and more socially connected to their community. Our services provide opportunities for our elderly and sometimes disabled clients to attend events and outings outside their homes,

The mental and physical wellbeing of clients is enhanced through regular social contact and social interaction. Our Lunch Club provides a healthy freshly cooked meal

Clients are able to continue to live independently. Regular shopping trips, social activities, telephone calls, befriender visits, and occasional support with odd jobs provide support for clients to live in their own homes

Our services provide support and reassurance to family members of clients particularly those family members who live outside of London

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Our services will be ongoing so we will be looking for replacement funding at the end of the period.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

161

In which Greater London borough(s) or areas of London will your beneficiaries live?

Islington (95%)

Camden (5%)

What age group(s) will benefit?

45-64

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

White (including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy, Traveller or Irish Traveller; Any other White background)

Mixed/ Multiple ethnic groups (including White and Black Caribbean; White and Black African; White and Asian; Any other Mixed/ Multiple ethnic background)

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

31-40%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
insurance for 2 ambulances	4,600	4,600	4,600	13,800
Petrol for 2 ambulances	1,800	1,800	1,800	5,400
Repairs for 2 ambulances	3,300	3,300	3,300	9,900
MOT/AA for 2 ambulances	350	350	350	1,050

TOTAL:	10,050	10,050	10,050	30,150
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
N/A	0	0	0	0

TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
N/A	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Running and maintenance of 2 ambulances	10,000	10,000	10,000	30,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	10,000	10,000	10,000	30,000
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: 31st MARCH	Year: 2014
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Income received from:	£
Voluntary income	8,166
Activities for generating funds	1,289
Investment income	167
Income from charitable activities	3,022
Other sources	10,167
Total Income:	22,811

Expenditure:	£
Charitable activities	45,616
Governance costs	1,720
Cost of generating funds	216
Other	0
Total Expenditure:	47,552
Net (deficit)/surplus:	-24,741
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	

Asset position at year end	£
Fixed assets	5,118
Investments	0
Net current assets	33,040
Long-term liabilities	0
*Total Assets (A):	38,158

Reserves at year end	£
Restricted funds	16,495
Endowment Funds	0
Unrestricted funds	21,663
*Total Reserves (B):	38,158

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
0%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)		0	
London Local Authorities	12,804	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder		2012 £	2013 £	2014 £
Lloyds TSB Foundation	0	10,000	6,667	
Ward Partnership/LIF Fund	0	7,500	3,000	
Cripplegate Foundation	20,834	5,000	0	
Community Chest	5,000	5,000	0	
St Sepulchre	4,600	4,600	4,600	

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Andrew Thompson**

Role within
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Iraqi Community Association	
If your organisation is part of a larger organisation, what is its name? NO	
In which London Borough is your organisation based? Hammersmith & Fulham	
Contact person: Mr. Jabbar Hasan	Position: Director
Website: http://www.iraqiassociation.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1101109
When was your organisation established? 01/08/1987	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Older Londoners having increased awareness of benefits, finance, housing and other rights Older Londoners aged 75 years and over living more active and healthier lives
Please describe the purpose of your funding request in one sentence. We will empower the elderly members of the community to improve their lifestyle and become more independent.
When will the funding be required? 01/08/2014
How much funding are you requesting? Year 1: £27,866 Year 2: £27,661 Year 3: £28,102 Total: £83,629

Aims of your organisation:

Iraqi Association was established in 1987, registered as a charity in 1988 and re-registered in 2003, in response to the need of the Iraqi Community to create an identity in Britain. Through the provision of a welfare and advisory service, and an on-going programme of Social, Cultural and educational activities, IA aims to promote the well-being of it's members, encourage mutual understanding and bridge the gap between the British and Iraqi cultures.

The main aims of Iraqi Association are that the Iraqi community in the UK will:

- Receive a range of services regarding their social and health needs including both physical and psychological well-being
- Create a Social and Cultural identity in Britain.
- Promote itself in a positive manner.
- Have access to support & services from dedicated voluntary and statutory agencies through appropriate representation of the Community's interests
- Play a role in developing services to meet their needs through involvement in all of the Association's work.

Main activities of your organisation:

We provide our services, free of charge to Iraqis in the United Kingdom -- whatever their race, ethnic origin, language, religious or political background.

1. Offers Face-to-face and group guidance in areas of, training, employment, education, family reunion, health, welfare, housing and immigration.
2. Provide assessment and referral service and assist different vulnerable groups with outreach services and volunteerism.
3. Publish necessary and target led information .
4. Raise public awareness on the needs of the community and its achievements.

IA services:

- Welfare Advisory covering a broad range of social issues, immigration and asylum, housing, welfare benefits, education, training and employment, child and family welfare, care of the elderly and carers.
- Recruits and train volunteers to provide services to the community.
- Two Elderly Day centres.
- A rolling programme of cultural and social activities reflecting the diversity of the community.
- Bilingual Community Newspaper (Al-Muntada).

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
2	2	8	8

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	

Summary of grant request

- We serve elderly exiles where the proportion of people aged 75 years or over is increasing.
- Our community led proposal will work to empower 75+ service users allowing them to improve their lifestyle and become more independent.
- The feedback information and assessment we have made identified the following needs:
 1. Many members of target group live in isolation;
 2. Fear and depression a big problem among them;
 3. Poverty reduces their ability to access social services.
 4. Poor knowledge British institutions and services;
 5. Deprived of opportunities such as befriending scheme.

A part-time worker will be recruited to

- a. Provide advice & advocacy to Iraqi 75+ and refer on to other agencies when appropriate.
- b. Help clients paperwork, follow ups and referral to relevant agencies by office appointments or out-reach for the vulnerable.
- c. Develop and strengthen networks with voluntary and statutory agencies to improve access to those agencies for vulnerable elderly people.
- d. Organise activities to improve elderly users' networking thereby reducing isolation.
- e. Recruit and supervise project volunteers, to provide outreach and home visits.

The work will include;

- Face-to-face/telephone welfare advice and practical support to clients over 75.
- Outreach Work for isolated and housebound clients over 75 targeting housing, health and general welfare.
- Utilise IA's two day centres to organise cultural, social and leisure events & health workshops.

This proposal is for three years and will deliver the following key outcomes:

- a. Linking people to their community, improving confidence, allowing them to become more independent;
- b. Peer groups that establish friendships;
- c. Decreased isolation through regular volunteer visits and networking;
- d. Empowering them to access local services;
- e. Users becoming active volunteers;
- f. Regular community contact established for the elderly housebound;
- g. Peer support development is in place;
- h. Awareness of their rights and entitlements.

As client-led non-sectarian organisation, our community-focused skills and experience have given us a unique position to serve community members. Our trust and credentials with our target users and stakeholders have given us advantages over other local services. We are the only community led service of its kind. Our organisation:

1. Empowers clients and educates them to make informed choices.
2. Values all clients equally and treats them with the utmost dignity and respect.
3. Has a well-established community presence with specialised knowledge in people's socio-cultural backgrounds.
4. Encourages community participation and works to foster relationships with the wider community.
5. Works to improve the level of knowledge and competence among our service users building independence, confidence and community spirit.

The proposal will meet the trust's programme outcome by:

- Providing high quality services

- Involving and targeting vulnerable elderly users
- Delivering change
- Encouraging healthy lifestyle
- Promoting volunteerism

As a grassroots community group the Iraqi Association operates with and for the community by promoting social inclusion through positive action. The service will improve the well-being of 75+ men and women through unconditional support, with the view to reconnecting them with the community. The project will deliver agreed tangible results as an alternative to mainstream services. The project will be delivered by employing a part-time worker. This proposal meets the City Bridge Trust "that many more Londoners are living longer and enjoying an active older age."

We are committed to promoting diversity and equal opportunity. Iraqi Association is a non-sectarian organisation. We implement our policy to:

Build inclusive communities where all will be treated with dignity and respect and have equality of opportunity. The examples can be defined as:

- The removal of direct/indirect discrimination
- Equal rights/access to services
- Positive action
- Disability equality

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? ~~No~~ YES

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Face-to-Face advice of 6 sessions per week (total of 9.5 hours) and telephone methods 12 calls per week(total of 6 hours), on immigration, health guidance, welfare benefit and housing advice. Total of 936 face to face sessions & 1800 calls over the 3 years of project life time.

Volunteers home visit 1 per week, 39 during 1st year & total of 143 over the project life time. By recruiting and training 12 volunteers during the 3 years of the project life. Volunteers will be assigned with clients to act as advocates and carrying out home visits.

Regular weekly group meetings (2 meetings a week in Camden 30 meetings/year & Hammersmith 40 meetings/year) A total of 222 group meetings over the 3 years of project life. Including activities and events, targeting different boroughs across London, to release pressure of loneliness and distress.

Elderly user-led community events X 12 events. Organise elderly social & leisure activities and delivered by volunteers, such as day trips to local attractions, group holidays, outings and cultural activities.

Disseminate information of concern on every day issues affecting the elderly life, in the community Newsletter "Al-Muntada" x 3 issues annually and fact-sheets x 4 annually.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Increased economic well being:

Fortnightly group workshops on information targeting 50 elders leading to less dependency and by using mailing X 4 annually, weekly daycentre and newsletter x 3 annually. To maintain and improve personal skills using weekly one-to-one advice x 5 and telephone calls x 9 clients per week.

Link to the local community:

Maintain links with the community and avoid social isolation by organising home visits x 4 monthly; regular group meetings using our day-centres X 2 weekly. Invite non-users elderly, who live in deprived areas, to user-led community elderly events X 4 events annually.

Less anxious about fear:

Develop a network of elderly users' contact numbers to check their peer groups regularly. Regular visits by elderly volunteers x 4 monthly targeting vulnerable elders. Network and exchange information with relevant agencies and attend meetings as and when required, minimum of 5 voluntary & statutory agencies.

Healthy lifestyle:

Supervised exercises at our daycentre x 1 per-week; Promote healthy eating among users, inform daycentres users every week, use existing publications regularly targeting lone users; Raise awareness on risk of falls & prevention, by disseminating information in two languages and use home visits to explain the consequences regularly.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will use the success of the project to sustain the work beyond its lifetime and develop our fundraising strategy. It will become a model for further funding to inform and influence potential funders . IA has a long term organisational strategy. Our funding bids are based on needs and consultation with stakeholders and beneficiaries.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

200

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

Other ethnic group (including Arab)

If Other ethnic group, please give details: **IRAQI & ARABS**

What proportion of the beneficiaries will be disabled people?

21-30%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries including PAYE	16,879	17,417	17,971	52,267
Staff & Volunteer cost	2,490	1,740	1,590	5,820
Office (Rent , Service charge and Rate)	2,740	2,740	2,740	8,220
Insurrance	150	155	159	464
Venue hire & Refreshments	3,180	3,180	3,180	9,540
Telephone & Internet	300	300	300	900
Postage, Stationary, Photocopier,Publicity	400	400	400	1,200
Audit & Accountancy	400	412	424	1,236
Management & Supervision	1,327	1,317	1,338	3,982
TOTAL:	27,866	27,661	28,102	83,629

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries including PAYE	16,879	17,417	17,971	52,267
Staff & Volunteer cost	2,490	1,740	1,590	5,820
Office (Rent , Service charge and Rate)	2,740	2,740	2,740	8,220
Insurrance	150	155	159	464
Venue hire & Refreshments	3,180	3,180	3,180	9,540
Telephone & Internet	300	300	300	900
Postage, Stationary, Publicity	400	400	400	1,200
Audit & Accountancy	400	412	424	1,236
Management & Supervision	1,327	1,317	1,338	3,982
TOTAL:	27,866	27,661	28,102	83,629

From your most recent audited or independently examined accounts, complete the following:

Financial year ended -

Month: 31st March

Year: 2014

Income received from:	£
Voluntary income	77,200
Activities for generating funds	15,554
Investment income	2,015
Income from charitable activities	9,534
Other sources	0
Total Income	104,303

Expenditure:	£
Charitable activities	98,189
Governance costs	1,695
Cost of generating funds	9,602
Other	0
Total Expenditure	109,486
Net (Deficit)/Surplus:	(5,183)
Other Recognised Gains/(Losses)	0
Net Movement in Funds	(5,183)

Asset position at year end	
Fixed assets	913
Investments	0
Net current assets	285,975
Long-term liabilities	0
*Total A	286,888

Reserves at year end	
Endowment funds	0
Restricted funds	179,082
Unrestricted funds	107,806
*Total B	286,888

* Total A and Total B must be the same and should be taken from your balance sheet

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	5,667
London Local Authorities	2,791	0	0
London Councils	41,967	40,000	40,000
Health Authorities	20,289	27,823	16,046
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Lloyds TSB Foundation	20,000	9,650	0
Diana Princess of Wales Memorial Fund	18,421	22,628	7,848
Comic Relief	0	8,246	0
Award for All BLF	0	6,398	3,200
BBC Children in Need	0	0	4,003

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Jabbar Hasan**

Role within **Director**
Organisation:

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Aims of your organisation:

Newham NDP has a 7 year track record of successful community engagement work. The charity has an established a community involvement programme in Canning Town and Custom House. It has a 4 year record of working strategically across the borough with local community groups to develop a number of effective community outreach initiatives that are having a big impact

Newham NDP works locally and strategically across Newham; its vision is of proactive and creative communities without barriers where everyone is able to fulfill their potential and live in dignity. Our aim is to be agents of community cohesion and transformation through advice, training, employment and the arts. We transform lives, inspire communities and provide platforms and centres, which enrich our societies and stimulate people from all of the diverse communities in Newham

Main activities of your organisation:**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?

Summary of grant request

The Steering Group includes beneficiaries, volunteers, a social worker, a psychologist and an O.T. in Dementia Services. Consultation with 45 agencies has shown that too many people feel unsupported and isolated in their roles caring for partners and relatives with Alzheimer's and dementia. Newham has a high proportion of older people who stay behind once their younger relatives move on. Each year in the borough c.2,000 people receive social care services because of mental health conditions, including dementia. There are over 670,000 people in the UK acting as the primary carers for people with dementia. Many face financial hardship, often forced to give up work and pay high care bills from limited incomes. Two thirds of older carers have long-term health problems or a disability themselves. Newham NDP has been providing the Good Neighbours Service since 2012 and most referrals come from Newham's Adult Services and the NHS Mental Health Trust (Memory Services). The Service provides befriending, practical or other support to over 350 people in their homes, sheltered accommodation and community spaces. Over 40% of those befriended have some level of dementia. Over 70 trained volunteers provide the Service and having the resources to recruit and train additional volunteers would enable expansion to meet demand.

A grant will enable us to build on the existing activities including a project using tablet computers to enhance the memory skills of older people with dementia. We also plan to provide a dedicated package of support to older carers. A grant would be used to support the management and administration of the Service. One objective will be to provide the Service to an additional 120 older people with dementia and their carers living throughout Newham. We also want to train at least a further 12 volunteers each year for the next three years to deliver the Service. Support for older carers will include improved access to healthcare services, advice about disability benefits and respite care and befriending support through regular home visits.

The project will help Newham residents age more healthily and build resilience to cope with the ageing process. It will enable residents to recognise and act upon the early signs of dementia for themselves or for others. The project will encourage more residents to support their relatives, friends and neighbours who have Alzheimer's and dementia. Support will enable older people to have positive choices, control over their lives and to retain as much independence as possible for as long as possible. Each year the Service will expand to work with a further 40 people with dementia and by the end of three years we will be supporting 550 people. Our volunteer team will be boosted by an additional 12 trained volunteers each year. We will support 30 older carers of people with dementia each year.

Newham NDP has a 7 year track record of successful community engagement work including effective community outreach initiatives that are having a big impact. The Good Neighbours Service has achieved Approved Provider Standard (Mentoring & Befriending Foundation).

The Service will meet the theme of Older Londoners through activities supporting people mostly over 75 years of age. They will be older people with dementia and their carers with a high proportion of them being older carers. An outcome will be to improve mental health and ensure that people are encouraged to live healthier lives..

Newham NDP's activities are led by service users and that they are actively involved in the design and delivery of all projects. Volunteers are the bedrock of the charity and are the main way in which services are delivered.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Approved Provider Standard (Mentoring & Befriending Foundation)

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

The Service will expand to work with a further 40 people with dementia and their carers each year -- 120 in total. By the end of the three years the aim will be to be supporting 550 people living across Newham with practical support and befriending activities

Provide information and advice on dementia to the befriended and families including welfare benefits and respite care through regular home visits and helping people attend social activities in the community

The team of c.75 volunteers will be boosted by an additional 12 trained volunteers each year. By the end of the three years the Service will aim to have 115 trained volunteers working on the project.

Progress unemployed volunteers who are keen to improve social care and IT skills into paid employment and study.

Tailored support for older carers of people with dementia will be designed to work with at least 30 people each year. The Service will support over 90 older carers over the three years.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Assist Newham residents age more healthily and build resilience to cope with the ageing process by enabling residents to recognise and act upon the early signs of dementia for themselves or for others

Encourage more residents to support their relatives, friends, neighbours and other community members who have Alzheimer's and dementia by volunteers building networks of individuals in local communities willing to support the befriending activities

Enable older people with dementia and their carers to have positive choices, control over their lives and to retain as much independence as possible for as long as possible.

Ensure that those with dementia and older carers are made aware of the positive opportunities that exist locally to improve their mental health and wellbeing

Provide positive opportunities for unemployed volunteers to learn skills that can be a bridge into paid employment in the social care sector

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

In which Greater London borough(s) or areas of London will your beneficiaries live?

Newham (100%)

What age group(s) will benefit?

45-64

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

51-60%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager	28,450	28,450	29,304	86,204
Volunteer Costs	5,200	5,356	5,517	16,073
Promotions	1,540	770	793	3,103
Travel	2,704	2,758	2,813	8,275
Evaluation	875	875	875	2,625
Supervision	1,800	1,836	1,873	5,509
Management & Admin	6,085	6,007	6,176	18,268

TOTAL:	46,654	46,052	47,350	140,057
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Henry Smiths Charities	8,500	0	0	8,500
Lloyds Bank Foundation	8,125	0	0	8,125
Other Trusts	1,000	0	0	1,000

TOTAL:	17,625	0	0	17,625
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Henry Smiths Charities	0	15,000	15,000	30,000

TOTAL:	0	15,000	15,000	30,000
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager	21,915	21,993	21,824	65,732
Management & Admin	6,085	6,007	6,176	18,268

TOTAL:	28,000	28,000	28,000	84,000
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: 31 st MARCH	Year: 2013
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Income received from:	£
Voluntary income	500
Activities for generating funds	246,710
Investment income	4,578
Income from charitable activities	506,270
Other sources	0
Total Income:	758,058

Expenditure:	£
Charitable activities	522,587
Governance costs	12,947
Cost of generating funds	296
Other	0
Total Expenditure:	535,830
Net (deficit)/surplus:	222,228
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	247,688
Long-term liabilities	0
*Total Assets (A):	247,688

Reserves at year end	£
Restricted funds	310
Endowment Funds	0
Unrestricted funds	247,378
*Total Reserves (B):	247,688

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
21-30%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)		0	
London Local Authorities	234,140	234,050	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder		2012 £	2013 £	2014 £
Henry Smith Charity	0	17,000		17,000
Lloyds Bank Foundation	1,667	0		16,250
Arts Council	0	6,930		29,000
Lottery	2,718	12,338		15,000
	0	0		0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Fiona Baird**

Role within
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Royal Docks Learning & Activity Centre	
If your organisation is part of a larger organisation, what is its name? No	
In which London Borough is your organisation based? Newham	
Contact person: Ms. Elahe Panahi	Position: Centre Manager
Website: http://www.rdlac.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1085818
When was your organisation established? 02/10/1968	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Older Londoners aged 75 years and over living more active and healthier lives Older Londoners having increased awareness of benefits, finance, housing and other rights
Please describe the purpose of your funding request in one sentence. To overcome social , emotional and financial poverty faced by isolated older people.
When will the funding be required? 05/01/2015
How much funding are you requesting? Year 1: £11,400 Year 2: £12,400 Year 3: £13,400 Total: £37,200

Aims of your organisation:

Royal Docks Learning & Activity centre (RDLAC) has been working in North Woolwich and Silver town area since 1968.

The Centre is firmly rooted in the community and does represent the diversity of life experiences, culture, ethnicity, faith, age and abilities of local people. The short, medium and long term strategies of the Centre are informed by views, needs and experiences of local people and all the Centre stake holders.

The aim of the centre is to work with local people and to assist them in finding solutions to their problems and aims:

- To improve the education and welfare opportunities of local people.
- To improve the quality of life for all sections of the community and help reduce the level of poverty and disadvantages faced by those with the greatest needs.
- To facilitate change by encouraging people to engage in local issues and play active parts in issues of concern to them.

Main activities of your organisation:

Activities currently on offer include:

- Parents and Toddlers Project. Running weekly activities targeting young parents with pre schools children age from 0-4 years old.
- Women Support Project -- running educational, social and personal development activities targeting isolated and newly arrived members of the community
- Employment Project to help local people to learn employment related skills and benefit from job opportunities
- Health and well being Project. Improving health through activities on prevention, information sharing, healthy living workshops
- Older people Project (60+ Age group) to assist local older people to come out of isolations and maintain active life.
- Play project (5-12 years) running full care after school and holiday services 5 days per week
- Community Participation. We work in partnership with local organisations to deliver services targeting emerging needs
- Letting services- make Centre resources available to local people for social and cultural events and generate income to contribute towards Centre's core costs.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
2	9	11	30

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	24 years

Summary of grant request

The Need for the Project:

For the last several years, Centre has been running project for older people in partnership with the Age Uk and the Stay well Partnership which is a consortium of 11 community projects with good knowledge of the issues faces by older people . We have undertaken needs analysis to inform our planning and delivery of our services for older people. We have used outcome of our monitoring & evaluation to identify emerging needs . We have good contact with older people experiencing food poverty in our neighbourhood, many are new to the area and unaware of the services available to them. Many live in isolation and need support to come out and find new friends. Centre has a list of volunteers who are happy to support older people in becoming active and if we become able to offer them support, can utilise this invaluable asset for the benefit of old and frail members of the community.

How the work will be delivered:

We will set up a steering group led by older people to do further local need analysis to identify and target existing and emerging needs. We aim to remove barrier such as transport , language , ill health and emotional isolation by encouraging supported participation of older people in targeted activities. We will work closely with Dial - a Ride and other transport services for those with mobility problems, promote active volunteering from minority ethnic communities to encourage inclusion and participation of excluded community members, to organise befriending programme & will bring specialist advice agencies to deliver their services to older people from the Centre. We will run weekly activities targeting different needs.

What project aims to achieve:

Improve older people's sense of belonging and feel supported
Give older people more choice and better control over their lives
Make them feel less isolated and more included in the community
have active life style and improved health and wellbeing
Able to be connected to other support services to raise awareness about their rights and entitlements
Support them to become well informed and have a voice on issues that affects them.

Why rdac is the right organisation:

Centre is a well-established local organisation with many active local Trustees, experienced staff and volunteers who work and live in the area. We have years of knowledge and experiences of working with older people. We have effective systems to engage and consult with older people and a desire to become effective in helping local people to establish a strong and inclusive neighbourhood. We have excellent links with organisations and local networks. We are member of Health & Social Care Network, Newham Clinical Commissioning Group, The Forum of Health & Wellbeing. Work in partnership with Age Uk and Stay Well Partnership. Three main local businesses have representatives on our Board of Trustees with willingness to support the Centre and all its projects.

How we meet the Trust's programme outcome:

By enabling older people to come out of isolation, to become active, to take control of their lives, to be well informed of their entitlements, to make informed decisions, to have better access to support services and opportunities, to claim their benefits so that they overcome any social, emotional and financial poverty they are experiencing.

How we meet the Trust's 'Principle of Good Practice':

We buy and use recycled papers, have compost bins for food waste, can, bottle and plastic. All volunteers live in walking distance. lights in communal areas have occupancy sensors. computers are turned off at the end of the day. We use energy efficient water boiler.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

We have Quality Star obtained from London Borough of Newham and also accredited certificate of Communities of Health from The Forum for Health and Wellbeing.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Further needs analysis to establish clarity on diverse needs of older people (75 years and over) who are experiencing poverty. This will involved using qualitative and quantitate method of research involving face to face interview, questionnaires, feedback forms, meetings and core group discussions

set up befriending programme to support 40 local volunteering to track older people with multiple deprivations and organise local support for around 80 frail older people and remove barriers to their involvement and participations with the project

To run regular weekly social , creative, craft and health related activities for 150 older people and assist them to set up, take part & run social club, cultural dance, Tai Chi, bingo sessions, chair base exercises, Mat ball games and small gardening events

To run weekly drop in session for 2 older people X 40 weeks, to assist them with their social, health, benefit and housing entitlements and support them to make claims. To make referrals to specialist organisations and follow up cases with positive result for around 60 of the service users

To facilitate change by raising awareness about the issues faces by older local people by working with up to 20 specialist organisations so that they have access to more and better services. Run 10 workshops on issues that are identified by older people as useful and relevant

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Centre will be better informed of the issues faced by older local people and will be more equipped to bring targeted and adequate support services to help older people to be part of the solutions to the challenges faced by them.

A more caring neighbourhood will be established with older people being supported by local volunteers to remain active and integrated into the community and would feel appreciated as valued members of the community, contributing to establishing a coherent and caring neighbourhood.

There will be more active and happier older people, less with ill health, isolation and depression and more in control of their lives. They will be less dependent on social, health and other public services by taking part in proactive and preventative measures.

Older people will eat better, have an improved diet, have less experience of food poverty and manage a healthier life style. They become more in charge of their health and wellbeing and learn to make best use of resources available to them and also access a wide range of services.

Stronger network of support in the community for older people and better recognition of their needs by the service providers.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will aim to use the outcomes and impact of the project to attract new funds to continue with the project. We aim to demonstrate the differences our activities have made on improving the quality of lives for older members of the community and secure funding from Charities, Trusts, Private and public sources.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

150

In which Greater London borough(s) or areas of London will your beneficiaries live?

Newham (100%)

What age group(s) will benefit?

65-74 (15%)

75 and over (85%)

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project support worker	11,000	12,000	13,000	36,000
Managment and supervision	2,000	2,000	2,000	6,000
Project volunteers	1,000	1,000	1,000	3,000
Running Cost	2,000	2,000	2,000	6,000
Use of Centre facilities, rooms , hall	2,000	2,000	2,000	6,000
Trainings and workshop leaders	2,400	2,400	2,400	7,200
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	20,400	21,400	22,400	64,200

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Centre reserve	4,000	4,000	4,000	12,000
Local Businesses	3,500	3,500	3,500	10,500
Project incomes - small fees and fundraisng	2,000	2,000	2,000	6,000
	0	0	0	0
TOTAL:	9,500	9,500	9,500	28,500

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff cost	7,000	8,000	9,000	24,000
Managment and supervision	1,000	1,000	1,000	3,000
Running Cost	1,000	1,000	1,000	3,000
Use of Centre facilities	1,000	1,000	1,000	3,000
Training and workshop instructores	1,400	1,400	1,400	4,200
	0	0	0	0
	0	0	0	0
TOTAL:	11,400	12,400	13,400	37,200

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	101,122
Activities for generating funds	42,642
Investment income	53
Income from charitable activities	75,478
Other sources	0
Total Income:	219,295

Expenditure:	£
Charitable activities	230,402
Governance costs	789
Cost of generating funds	0
Other	0
Total Expenditure:	231,191
Net (deficit)/surplus:	-11,896
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	151,315

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	151,315
Long-term liabilities	0
*Total Assets (A):	151,315

Reserves at year end	£
Restricted funds	128,026
Endowment Funds	0
Unrestricted funds	23,289
*Total Reserves (B):	151,315

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
11-20%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	21,000	17,500	12,600
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Royal Docks Trust	31,400	30,000	28,000
Trust for London	16,000	17,000	13,000
Awards for All	7,500	0	9,500
Lloyds Bank Foundation	8,000	8,000	0
Stay Well	9,000	7,000	7,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Elahe Panahi**

Role within **Director**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Enfield Citizens Advice Bureau	
If your organisation is part of a larger organisation, what is its name? Citizens Advice	
In which London Borough is your organisation based? Enfield	
Contact person: Ms Jill Harrison	Position: CEO
Website: www.enfieldcab.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1072841
When was your organisation established? 01/09/1939	
<p>Aims of your organisation:</p> <p>To provide advice to anyone in need in Enfield to help them to secure their rights and understand their responsibilities and to exercise a responsible influence over the policies and practices that affect their lives.</p> <p>In practice this means that we help people to claim benefits, manage debts, resolve housing, family and employment problems by providing free advice and casework to anyone who needs our help.</p>	
<p>Main activities of your organisation:</p> <p>We provide advice by drop in sessions 4 days a week plus one evening sessions, telephone and email advice daily and outreach across the borough in children's centres, libraries and community centres. We also have some small projects working with the most vulnerable members of our community - those with HIV, those with substance misuse problems and members of the Roma community.</p> <p>Each year we help over 12,000 local people resolve over 30,000 problems. 49% of the problems brought to us concern benefits and/or debt problems, and are directly related to the poverty that is endemic in many parts of this borough.</p>	

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
5	14	8	80

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	ongoing

Grant Request**Details of grant request**

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? More people accessing debt and legal services More Londoners with improved economic circumstances
Please describe the purpose of your funding request in one sentence. To fund our first paid benefits and debt adviser to help us address increasing poverty in this borough.
When will the funding be required? 05/05/2014
How much funding are you requesting? Year 1: £43,742 Year 2: £43,735 Year 3: £44,642 Total: £132,119
Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to fund it? We plan to use the worker's expertise to skill up our large volunteer workforce by undertaking activities such as shadowing and mentoring in order that we can continue this work after 2017 when this project will end.
If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached? not applicable

Summary of grant request

Enfield is one of the few areas in London where poverty is increasing - 50% of private renting households now need housing benefit to cover their costs. In 7 of the wards in Enfield over 20% of working-age people claim out-of-work benefits. Enfield also has the largest numbers of people (over 1,500) affected by the overall benefits cap in the UK. CAB, as the only advice agency open to anyone in the borough, is at the sharp end of these changes -- demand for our help increasing by 78% over the last 3 years.

Each year over 12,000 people seek our help with around 40,000 different problems and 49% of our workload now involves poverty related issues like benefits or debts. In the last year we advised on 12,173 benefits and 7,335 debt issues.

We wish to employ one full time adviser to increase our capacity on benefits and debt and offer greater expertise to mentor our large team of volunteer advisers. The adviser will be based in the bureau 3 days a week and providing advice at outreach 2 days a week.

One of the outreach days will be based at Alma - one of our largest deprived council estates. 800 residents are mainly housed in 4 high rise blocks, and 80% are on benefits. The need for this work has been identified by residents themselves who are experiencing indebtedness and fuel poverty as they have regular heating failures and chronic dampness. Alma Residents Association have also identified a need to skill up people from the estate to act as 'barefoot advisers' - able to explore a problem, suggest emergency steps and make referrals to the correct local agency. CAB will provide training and support for these residents.

The other outreach will be at our local credit union who have asked us to provide independent benefits and debt advice as part of their service to low income members.

We are the only advice agency in the borough open to all clients. We have quality assurance systems in place to ensure we give the right advice. We are AQS quality marked at general help level in all areas, give level one immigration advice and are licenced to give money advice.

This work involves the provision of increased access to money advice by an AQS qualified organisation. Its outcomes will directly impact on users' economic circumstances through increased benefits and reduced indebtedness.

We convene steering groups of service users to consult on aspects of service delivery --we have an Eastern European steering group, which includes a representative of the Roma community, advising us on improving services to this group. Additionally we carry out consultation exercises annually on ease of access, waiting times and overall satisfaction.

Our team speak 24 languages and only 24 out of 92 describe themselves as white British. 75% of our clients come from BME communities. We have projects supporting vulnerable clients -- those with HIV, substance misusers and the Roma community. Equalities work and challenging discrimination is fundamental to our work

We value and support our 80 regular volunteers. They receive comprehensive training, support and supervision and annual appraisal. There are regular team meetings and briefings and volunteers are actively involved in subcommittees e.g. social policy. Annually we also have over 1,000 donated pro bono legal advice sessions with local solicitors.

We are taking steps to reduce our carbon footprint. We are based in an award winning environmentally friendly building -- using geo thermal energy to regulate its temperature without additional heating or air conditioning. It is double glazed. We use recycled products where possible.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

540 additional advice appointments on benefits and debt in CAB per annum = 1620 total additional advice appointments

180 additional advice appointments at new Alma outreach per annum = 540 total Alma outreach appointments

180 additional appointments at credit union per annum = 540 total credit union outreach appointments

5 new volunteer advisers trained from Alma estate

45 volunteers given shadowing/mentoring opportunities

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

£300,000 total increased benefits income generated for residents

£600,000 total debt managed for residents

Volunteers better equipped to provide advice on benefit and debt

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

900

In which Greater London borough(s) or areas of London will your beneficiaries live?

Enfield (100%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary and NI of project adviser	33,600	34,272	35,258	103,130
Training	950	250	150	1350
Travel	450	460	470	1380
Postage, stationery, tele	420	430	440	1290
Rent and service charge	750	750	750	2250
Insurance	72	73	74	219
Supervision costs	4,500	4,500	4,500	13,500
Admin (include publicity)	2,300	2,300	2,300	6,900
Sundry	700	700	700	2,100
Total	43,742	43,735	44,642	132,119

What income has already been raised? Please list amounts and sources

Source	Year one	Year two	Year three	Total
None	0	0	0	0
TOTAL:	0	0	0	0

What other funders are considering this proposal?

Source	Year one	Year two	Year three	Total
None	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year one	Year two	Year three	Total
Salary and NI of project adviser	33,600	34,272	35,258	103,130
Training	950	250	150	1350
Travel	450	460	470	1380
Postage, stationery, telephone	420	430	440	1290
Rent and service charge	750	750	750	2250
Insurance	72	73	74	219
Supervision costs	4,500	4,500	4,500	13,500
Admin (include publicity)	2,300	2,300	2,300	6,900
Sundry	700	700	700	2,100
Total :	43,742	43,735	44,642	132,119

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	643,748
Activities for generating funds	13,000
Investment income	2,373
Income from charitable activities	0
Other sources	5,109
Total Income:	664,230

Expenditure:	£
Charitable activities	747,817
Governance costs	14,772
Cost of generating funds	13,000
Other	0
Total Expenditure:	775,589
Net (deficit)/surplus:	(111,359)
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	(111,359)

Asset position at year end	£
Fixed assets	16,165
Investments	0
Net current assets	172,080
Long-term liabilities	0
*Total Assets (A):	188,245

Reserves at year end	£
Endowment funds	0
Restricted funds	0
Unrestricted funds	188,245
*Total Reserves (B):	188,245

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
90%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

New CEO appointed February 2014.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2010 £	2011 £	2012 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	568,169	559,888	568,651
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	5,000	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2010 £	2011 £	2012 £
Lloyds TSB Foundation	20,000	0	0
Trust for London	0	23,000	23,000
Christian Action Housing	13,000	13,000	12,515
Westminster Drugs Project	9,679	13,500	13,500
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Jill Denise Harrison**

Role within **Chief Executive**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Fitzrovia Neighbourhood Association	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Camden	
Contact person: Ms Barbara Jacobson	Position: Co-ordinator, older people; advice
Website: http://www.fitzrovia.org.uk	
Legal status of organisation: Charitable company	Charity, Charitable Incorporated Company or company number: 1111649
When was your organisation established? 10/01/1975	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? More Londoners with improved economic circumstances More people accessing debt and legal services
Please describe the purpose of your funding request in one sentence. To help people maximise their income, find support of others and be able to participate more fully in the community as a result.
When will the funding be required? 01/12/2014
How much funding are you requesting? Year 1: £48,000 Year 2: £49,000 Year 3: £50,000 Total: £147,000

Aims of your organisation:

To relieve poverty, and improve the environment and living conditions of all who live and work in Fitzrovia, an area in Central London with a diverse population, straddling London Boroughs of Camden and Westminster.

Main activities of your organisation:

AQS/CLS Quality Mark accredited general advice service in English and Asian languages
 Health and arts initiatives for older people and the Asian community
 Fitzrovia News website and newspaper which goes out to 5000 local households and businesses each quarter.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	4	4	15

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	Lease at will (LB Camden)

Summary of grant request

Need: Although we are in the West End of London, gentrification north of Oxford Street only started about 15 years ago; there are still pockets of poverty, mainly people living in social housing and private rentals. Mainly we see local Asian people of Bangladeshi origin, but the other focus of our work is older people. Both groups are on low fixed incomes. Because of the age and reputation of our service, and the dispersion of families out of central London, we see people from all over Camden and Westminster, most of whom come to us after a recommendation by a friend or relative. There is also another group living in hidden poverty in our area, that is to say younger workers who often are living in over-crowded flats whom we have not been able to reach because our advice sessions have only been in the mornings. The latest census figures show that over 1/3 of local residents in work are claiming some form of benefit.

Delivery: The work will be delivered by drop-in sessions and appointments, plus we would like to pilot a support group. At the moment we do two morning sessions a week; this grant would allow us to add another drop-in session in the evening, during hours which are friendlier to people in work. With the aid of this programme we also want to pilot a support group for people who come to see us regularly.

Aims/outcomes: The drop-in sessions will reduce poverty by maximising clients' income: making sure they are getting all the benefits they are eligible for and help them to deal with debt and housing problems. An added evening drop-in session will significantly increase the range of people who will be able to access our service. A support group would be piloted with the aims of: 1) sharing ways of coping/dealing with their problems; 2) providing a forum for direct management of how our service is delivered; 3) empowering clients to get involved with other activities.

Why us?: We are the only drop-in advice service in this part of central London with Bengali, Hindi & Urdu spoken. We do holistic advice, in the sense that we try to help with the whole range of clients' money and debt issues together since they are often interlinked. Our advice service is very successful in improving people's economic circumstances; last year of cases with a financial outcome, 37 clients gained a total £97,880 in increased benefits or reduced debt (total 238 clients). Our service also often acts as a gateway to other community development programmes we run. If we can also offer a drop-in session after working hours this will increase the number of people who will be able to access our advice and other activities.

Good practice: 1) Success with this application will help us to increase user management of our service; at the moment we do regular surveys of user opinion and have two former advice clients on our board of Trustees, but regular meetings of service users will help. 2) The non-Asian people we see come from a wide range of backgrounds: primarily Phillipino, Spanish, Greek and African or Afro-Caribbean and/or speak English as a second language. Our Trustees include a woman of Bangladeshi origin and a man of African origin. 3) The support group could also be a feeder for volunteers who could help expand our service, as well as gain valuable training for other paid work. 4) We do what we can to reduce our carbon footprint by cutting down on printing, recycling paper and glass, using as little electricity/gas as possible.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Advice: Two morning drop-in sessions a week, one general and one women only; plus appointments outside these hours including outreach appointments at local sheltered housing site. One 2 hour drop-in evening session for people who are in work, help with benefits and housing/employment issues. Will be open 46 weeks/year.

Pilot of support group for users: starting with 2 the first year, 6 bi-monthly sessions a year after and carry on another if viable.

Needed administration: Regular updating and supervision of individual cases; monitoring usage/financial outcomes and showing trends in cases. Regular training of case workers to keep up with benefit changes, plus attendance at meetings with other advice agencies plus council & DWP officers to flag up recurring problems/keep abreast with changes.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Increased income and/or security of housing for 415 families/individuals

190 people who work during the day helped with employment, benefit and / or housing problems as a result of new evening session

50 clients feel better able to cope with benefit changes (and engage in employment, community activities, local democracy) as result of mutual support

Strengthening of organisational capacity and knowledge; strengthening of links with other agencies and communication of trends & recurring service failures to relevant officials.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes, by applying for further grant funding, corporate donations, online donations via website with giftaid associated with that & trading. Also currently looking at fundraising events.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

150

In which Greater London borough(s) or areas of London will your beneficiaries live?

Camden (75%)

Westminster (25%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

Other ethnic group (including Arab)

If Other ethnic group, please give details: **many speakers of English as 2nd language from Europe**

What proportion of the beneficiaries will be disabled people?

51-60%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Senior advice worker (p/t 20 hours/week)	22,450	23,123	23,817	69,390
Advice worker (p/t 21 hours/week)	19,965	20,564	21,180	61,709
Advice worker + admin (p/t 14 hours/week)	14,460	14,894	15,341	44,695
Overheads (rent + bills)	29,750	30,000	30,000	89,750
Outreach + volunteer expenses	2,000	2,000	2,000	6,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	88,625	90,581	92,338	271,544

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Henry Smith	15,000	0	0	15,000
Westminster CAB (income from office hire)	3,500	3,500	3,500	10,500
	0	0	0	0
	0	0	0	0
TOTAL:	18,500	3,500	3,500	25,500

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Henry Smith (grant extension)	0	15,000	15,000	30,000
West End Ward fund (Westminster CC)	6,000	0	0	6,000
Tudor Trust (in process)	88,000	90,000	92,000	270,000
	0	0	0	0
TOTAL:	94,000	105,000	107,000	306,000

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Senior Advice Worker	12,123	12,487	12,861	37,471
Advice Worker	10,781	11,105	11,437	33,323
Advice Worker + admin	7,808	8,043	8,284	24,135
Overheads	16,065	16,200	16,200	48,465
Outreach + volunteer expenses	1,080	1,080	1,080	3,240
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	47,857	48,915	49,862	146,634

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	1,822
Activities for generating funds	121
Investment income	54
Income from charitable activities	83,759
Other sources	0
Total Income:	85,756

Expenditure:	£
Charitable activities	115,425
Governance costs	2,640
Cost of generating funds	0
Other	0
Total Expenditure:	118,065
Net (deficit)/surplus:	-32,309
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-32,309

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	111,682
Long-term liabilities	0
*Total Assets (A):	111,682

Reserves at year end	£
Restricted funds	12,342
Endowment Funds	0
Unrestricted funds	99,340
*Total Reserves (B):	111,682

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 1-10%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: We secured £4070 from Westminster City Council Small Grants fund for older people's singing sessions Jan 2014-Dec 2014 and £15,000 from Derwent Community Programme to fund massage & exercise programmes with older people and Asian women, June 2014-May 2015.
--

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	62,289	80,539	16,288
Health Authorities	5,000	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery	15,791	71,336	34,470
Henry Smith Charity	0	0	20,000
DESTA Consortium	0	8,000	7,000
Arup/OVE	0	5,000	0
E Vincent Harris Trust	5,000	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Barbara Lynn Jacobson**

Role within **Fundraiser/Advice Worker/Older people's Programmes**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Only Connect	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Islington	
Contact person: Miss Nicola Savage	Position: Development Manager
Website: http://www.oclondon.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1116147
When was your organisation established? 16/09/2006	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Resettlement and Rehabilitation of Offenders
Which of the programme outcome(s) does your application aim to achieve? More ex-offenders successfully and sustainably resettled in the community and re-offending rates reduced
Please describe the purpose of your funding request in one sentence. OC Kitchen: An on release food enterprise project to engage and recruit prisoners, with training and employment opportunities.
When will the funding be required? 22/09/2014
How much funding are you requesting? Year 1: £50,720 Year 2: £41,172 Year 3: £43,839 Total: £135,731

Aims of your organisation:

Only Connect is a crime prevention charity providing a positive community - including training, support and creative opportunities - for young people at risk, prisoners and ex-offenders. Our programmes deliver support at every point in the crime cycle in order to reduce offending and support members(ex-offenders and youth at risk of offending) back into employment, education or training. We see the people we work with as assets, not liabilities, with a contribution to make to their families, communities and wider society.

Main activities of your organisation:

- OC Inspire our programme for prisons and young offenders institutions, delivering accredited training for employment upon release.
- OC Central and OC West, our centres in Kings Cross and White City where our members engage in social activities, receive accredited training, and access practical support and therapy. Members can also explore their talents and passions through a range of opportunities such as enterprise and music.
- OC Create is Only Connect's arts programme delivering opportunities for members to experience and learn new skills across a spectrum of art forms. Members get the chance to collaborate with creative professionals on specific projects to produce high-quality work for public audiences.
- OC Impact is our programme for young people and young adults. It helps young people in mainstream education, at risk of exclusion, and involved in the youth justice system, through interactive presentations, workshops and intensive projects, co-led by our members, in schools, colleges and other youth settings.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
32	15	7	10

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	Three months (for head office)

Summary of grant request

A MoJ survey found that the re-offending rate is 69 per cent for those who do not enter employment after release; compared to 32 per cent for offenders who do enter employment. Building on the current government agenda for rehabilitation, we propose a high engagement project utilising the assets we already have at our centre. The new project is targeted at recruiting prisoners nearing release to engage with food based training and enterprise at our members centre in Kings Cross.

We are looking to provide a 10 week accredited catering training (minimum level 2 NCASS Food Hygiene and Health and Safety, to ensure a good base of knowledge) to prisoners upon release from across the London prisons and Young Offender Institutions. As well as recruiting to work with prisoners upon release we will utilise the Release on Temporary Licence scheme to give prisoners the opportunity to gain even more work experience on day release working in the OC Kitchen enterprises as well as with our wider catering contacts.

Only Connect will take advantage of the inspiring space at our Kings Cross centre to host a series of pop-up supper clubs. Working with a variety of different volunteer chefs, cuisines and dining styles gives our members the opportunity to gain a much wider experience of the different career paths within catering. The pop-ups will combine excellent food, theatre, music and performance in an interesting and unique setting.

Over the 10 week period we will train the group in marketing and social media to promote the pop-ups, as well training for front of house, budgeting, sourcing ingredients, and menu creations and matching.

After three months training and experience in our OC Kitchen, we will explore opportunities with some of our partner food companies (including Chilango, KERB and Beef Wagon) to enable individuals to have work experience in a professional kitchen. Support would also be provided to the employer, so that they are able to understand how their new recruit might react to stress or pressure. This will minimise miscommunication and maximise the chances of success for the candidate.

Only Connect believes the key to our success in progressing individuals into employment, training or education (ETE) is through wrap-around support provided at our members centre. Once identified as being suitable to join our catering project, individuals will be invited to become members. As part of this six week process (which needs to be completed before starting the catering training) individuals will be assessed and a pathway plan will be put in place for progression. Regular 1:1 support, therapy, advocacy and other employability courses can be accessed to ensure that each member is fully supported.

Only Connect is best positioned to deliver this work as we have a long track record of successfully supporting members into ETE - last year 26 members moved into employment and 16 members went onto further education. We also have a relationship with a number of food companies that would be willing to offer work experience to members.

This package of care offered in parallel to training, enterprise and work experience provides a solid foundation for ex-prisoners to be successfully and sustainably rehabilitated and reintegrated in the community.

Feedback from each session will be used to model a service that is led by the users' needs. Only Connect seeks to support and work with people from all backgrounds and have a zero tolerance policy to discrimination.

As part of our green initiative, this project will be run sustainably, sourcing second hand equipment, encouraging recycling of food and waste, as well as harnessing the use of social media over traditional marketing.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

We do not currently hold any Quality Marks.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Recruitment of 30 prisoners nearing release (less than three months remaining) in year one, 35 in year two and 43 in year three.

Training of 25 in year one (29 in year two/ 36 in year three) ex-offenders or serving prisoners on ROTL at our members centre in Kings Cross to receive a minimum level 2 in NCASS Food Hygiene training, as well as expert training in front of house and menu creation.

Ex-offenders to cater for large numbers with each individual preparing dinner at minimum of six weekly community dinners (catering for 20 to 120 members/staff/supporters).

Individuals to experience enterprise by supporting a minimum of three pop-up restaurants in year one, with six to 12 events happening each year.

10 members in year one (12 in year two and 15 in year three) to complete work experience in a professional kitchen with one of our food partners.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

25 ex-offenders to increase catering skills with accredited training (29 in year two and 36 in year three).

25 ex-offenders to increase their life-skills, including confidence, time-keeping, money management - which are vital for future employment (29 in year two and 36 in year three).

16 move into employment, further training or education (19 in year two and 25 in year three).

13 sustain employment, training or education for a minimum of three months (15 in year two and 20 in year three).

Reduced risk of re-offending on release.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

As part of the on release work with this project, ex-offenders will be supported in setting up and running a series of pop up restaurants/supperclubs. The revenue created through this platform will help partly support the training costs of this project. We also hope to increase corporate and major donor support for our wider project.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

25

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

21-30%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Kitchen Refit	11,872	0	0	11,872
Recruitment and Marketing	2,000	2,000	2,000	6,000
Membership Support and members expenses	20,850	24,186	30,024	75,060
Accreditation costs	850	1,365	1,450	3,665
Popup set up/equipment costs	2,000	200	500	2,700
Sundry (raw materials etc)	1,600	0	0	1,600
Insurance	400	400	400	1,200
Project management and overheads	24,220	22,421	24,165	70,806
External training (social media)	800	800	800	2,400

TOTAL:	64,592	51,372	59,339	175,303
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Beatrice Laing Trust - Kitchen refit	11,872	0	0	11,872
The Besom - Popup set up costs	2,000	200	500	2,700
	0	0	0	0

TOTAL:	12,072	200	500	12,772
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Recruitment and Marketing	2,000	2,000	2,000	6,000
Membership Support and Expenses	20,850	24,186	30,024	75,060
Accreditation costs	850	1,365	1,450	3,665
Sundry (Raw materials)	1,600	0	0	1,600
Insurance	400	400	400	1,200
Project management and overheads	24,220	22,421	24,165	70,806
External training	800	800	800	2,400
	0	0	0	0
Total cost of items :	50,720	51,172	58,839	160,731

TOTAL:	50,720	41,172	43,839	135,731
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: December	Year: 2013
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Income received from:	£
Voluntary income	767,483
Activities for generating funds	0
Investment income	0
Income from charitable activities	561,021
Other sources	0
Total Income:	1,328,504

Expenditure:	£
Charitable activities	1,236,945
Governance costs	8,800
Cost of generating funds	0
Other	0
Total Expenditure:	1,245,745
Net (deficit)/surplus:	82,759
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	82,759

Asset position at year end	£
Fixed assets	27,164
Investments	0
Net current assets	205,758
Long-term liabilities	74,052
*Total Assets (A):	158,870

Reserves at year end	£
Restricted funds	49,065
Endowment Funds	0
Unrestricted funds	109,805
*Total Reserves (B):	158,870

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
1-10%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Continuing the company's year-on-year growth (including growth of 57% in turnover in 2013), we anticipate turnover in 2014 of £2.66 million (a 100% increase, of which 39% - £974,000 - is already committed). We present a budget that is both progressive and prudent, based on a 'value for money' approach balancing the necessary expense to deliver the charitable objectives of the company.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	30,681	131,904	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Esmee Fairbairn Foundation	56,466	58,190	0
Mark Leonard Trust	0	52,600	22,000
Hans K Rausing Trust	0	52,039	0
Vodafone Foundation	0	25,000	25,000
Henry Smith Charity	0	50,000	50,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Nicola Savage**

Role within **Development Manager**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Black Training and Enterprise Group (BTEG)	
If your organisation is part of a larger organisation, what is its name? BTEG	
In which London Borough is your organisation based? Islington	
Contact person: Mr Jeremy Crook	Position: Director
Website: http://www.bteg.co.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1056043
When was your organisation established? 01/05/1996	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Strengthening London's Voluntary Sector
Which of the programme outcome(s) does your application aim to achieve? More organisations with the skills to improve their volunteer management
Please describe the purpose of your funding request in one sentence. To increase the value and benefit of the volunteering experience for both the BAME organisations hosting volunteers and that of young people placed/seeking voluntary work
When will the funding be required? 01/11/2014
How much funding are you requesting? Year 1: £59,452 Year 2: £59,952 Year 3: £59,552 Total: £178,956

Aims of your organisation:

BTEG's overall aim is to end racial discrimination. We do this by championing equality and fairness, tackling racial inequalities and increasing opportunities for BAME communities in education, employment and enterprise.

AIMS

1. To reduce inequalities for Black, Asian and Minority Ethnic (BAME) people in education, employment and enterprise.
2. To ensure that national and local policy and decision making includes a focus on achieving race equality.
3. To build coalitions, networks and partnerships to have the greatest impact on achieving race equality.
4. To ensure the sustainability of BTEG.

Main activities of your organisation:**Policy and action research**

- Advise to government departments through research, statistics, briefings to stimulate new approaches to close the racial inequalities in education, employment and enterprise.
- Regular conferences and seminars
- Direct advisory work with DWP/Jobcenter Plus looking at barriers to employment for young black men.
- Research and analysis of the Transition to Adulthood programme supported by Barrow Cadbury.

Innovative projects and partnerships

Routes2Success - a volunteer force of 25 successful men from African/Caribbean and mixed backgrounds to inspire black boys/young black men to succeed in education, employment and enterprise.

Opening Doors Network - supported by three local delivery partners an enterprise programme for 210 young unemployed people aged 18-30 in London to provide business skills

CJS network - Established a network of BAME service providers working in the CJS

Mayors Mentoring Programme - responsible for managing three delivery partners that aim to support 1000 black boys in London.

VCS Assist - Providing organisational support to 12 organisations in London in partnership with LVSC

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
4	4	7	1

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	

Summary of grant request

THE NEED - BTEG recognises the importance of volunteers to the sector and individual organisations. Volunteers' gifts of time and skills are crucial to an organisations well-being and success -- even more so now with the ever decreasing resources and capacity within the sector. Volunteering plays an integral part in voluntary and community sector organisations' provision and delivery of services.

Volunteers bring many benefits to organisations - diversity, innovation and enthusiasm, and are a valuable source of flexible and informal support, adding value to any formal support services.

THE PROPOSAL -- The pathways to Progression Volunteer support project aims to

- build the capacity of young BAME individuals and get them 'volunteering ready'
- improve volunteering experiences of young BAME volunteers
- improve the skills and capacity of BAME organisations taking on volunteers

The project will enable 195 BAME (65 per year) individuals (aged 18-30) to be better equipped to volunteer and maximise the opportunity presented to them in their placement and to strengthen 75 established BAME organisations in London to be better placed to take on volunteers and maximise this resource

METHOD OF DELIVERY

Over three years, delivery will be in five distinct but overlapping parts:

1. Support 25 existing young volunteers annually through workshops to enable them to realise their potential, maximise the value of their placement and support their personal development to develop core competencies and remain committed to volunteering.
2. Get ready 40 competent and enthusiastic young BAME individuals a year ready to volunteer. They will be equipped to be able to demonstrate 'know how' and core competencies that organisations are seeking. They will be supported through workshops, individual development plans and a placement in the sector for a minimum of 3 months.
3. Workshops for 25 London BAME organisations per year to better understand the needs and motivations of volunteers, how to better manage and support their volunteer base as well as how to recruit the right person for a volunteering role.
4. Placement/brokerage service - getting 'volunteer ready' individuals placed for a minimum of 3 months
5. Placement fairs -host two fairs to offer volunteers the opportunity to meet host organisations face to face

OUTPUTS

- 75 volunteers will have a more productive placement
- 90 new volunteers will have a 3 month placement
- 75 BAME organisations will have an enhanced experience of hosting volunteers
- Online resources uploaded to the website
- A practical workbook/toolkit
- 195 people will attend learning workshops and be better equipped to secure/keep placements
- 2 volunteer placement fairs organised with 100 attendees

ORGANISATION OUTCOMES:

- 75 organisations better equipped to recruit, support, manage and retain volunteers
- Organisations effectively utilise the skills, time and resources given by volunteers
- Organisations understand their legal responsibilities
- Organisations appreciate the resource and measure the economic value of volunteers
- Organisations to explore Investors in Volunteering

INDIVIDUAL OUTCOMES. They will:

- Increase confidence with securing placements
- Develop self esteem and personal goals
- Be clearer about what they give and gain
- Be able to understand their responsibilities/expectations
- Be able to explore new career options and try new fields of work
- Be more employable
- Have improved problem solving, dealing with difficult situations and team work skills

WHY BTEG: BTEG understands the issues facing BAME people and BAME organisations and has access to over 400 BAME third sector organisations in London and is part of excellent networks. BTEG is centrally located and has a set of robust policies and procedures, committed and skilled staff and trustees who all have many years of experience in the sector.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/a

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Investors in People.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Workshops for 75 BAME volunteers e.g. 1. Making the most of your placement

- 2. Organisation development e.g. fundraising, evaluating etc.**
- 3. Understanding/appreciating the work environment**
- 4. Communication/presentation skills**
- 5. Interview skills**
- 6. Customer care, managing difficult people or situations**
- 7. How to make constructive suggestions for improving a service.**

Train up, support and place 120 young BAME volunteers in to the voluntary, community and social enterprise sector (BAME or mainstream organisations) for a minimum of 3 month.

6 half day workshops per year (twice) for BAME organisations intending to use volunteers.

Knowing what you need

Policies and practice - e.g. DBS, expenses, Health and Safety, induction, insurance, complaints/disputes

Getting the right volunteer

Support/supervision/reward/recognition/retention

When things don't work out, problem solving/conflict management

M&E and measuring value

Placement/brokerage service - to place 120 young BAME people into relevant placements for a minimum of 3 months

2 Placement fairs

BTEG will organise and host two placement fairs (years two and three of the grant). To provide potential volunteers with the opportunity to meet possible host organisations face to face and to explore opportunities that they may not have considered

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

BAME VCS organisations are more knowledgeable and better equipped to utilise their volunteer resource (including managing, supporting and retaining)

Young BAME volunteers are equipped to make better use from any volunteering placements

Both the hosting organisation and the volunteers will positively gain from the placement

Young BAME volunteers have increased placement opportunities

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

The project will be evaluated and reviewed throughout the delivery and will inform the longer term strategy for any continuation - particularly any links to employability. BTEG is keen to work in partnership with other organisations and will look to explore opportunities for joint bids for contracts, European funds or other Trusts/Foundation.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

90

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

16-24

25-44

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

Mixed/ Multiple ethnic groups (including White and Black Caribbean; White and Black African; White and Asian; Any other Mixed/ Multiple ethnic background)

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff costs	47,832	47,832	47,832	143,496
Overheads and rent (inc desk, IT, marketing etc)	7,020	7,020	7,020	21,060
Direct cost - Workshops, training and placement fairs	3,000	3,500	3,200	9,700
Direct cost - Volunteer travel	500	600	600	1,700
Direct cost - Specialist staff support	2,000	2,000	2,000	6,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	60,352	60,952	60,652	181,956

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
BTEG Core	900	900	900	2,700
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff costs (Head of volunteering, admin and management)	47,832	47,832	47,832	143,496
Overheads and rent (inc IT, desk space, marketing etc)	6,820	6,720	6,620	20,160
Direct costs - Workshop, training and placement fairs	2,500	3,000	2,700	8,200
Direct cost - Volunteer travel	300	400	400	1,100
Direct cost - Specialist staff support	2,000	2,000	2,000	6,000
	0	0	0	0
TOTAL:	59,452	59,952	59,552	178,956

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary income	37,500
Activities for generating funds	10,600
Investment income	135
Income from charitable activities	241,831
Other sources	0
Total Income:	290,066

Expenditure:	£
Charitable activities	299,476
Governance costs	4,418
Cost of generating funds	5,579
Other	0
Total Expenditure:	309,473
Net (deficit)/surplus:	-19,407
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	19,407

Asset position at year end	£
Fixed assets	1
Investments	0
Net current assets	174,550
Long-term liabilities	0
*Total Assets (A):	174,551

Reserves at year end	£
Restricted funds	3,931
Endowment Funds	0
Unrestricted funds	170,620
*Total Reserves (B):	174,551

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
31-40%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

The charity, is the lead fund manager in Opening Doors project which is funded by the DCLG and Trust For London and commenced in November 2013. In addition the charity was awarded funds from Big Lottery to run the Route to Success project. Both projects are restricted with tight financial controls.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	75,000	75,000	124,167
Other statutory bodies	0	0	27,231

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Trust for London	37,500	50,000	16,384
Monument Trust	0	20,881	94,915
Big Lottery	0	60,672	100,759
Joseph Rowntree	37,500	37,500	40,000
Voice 4 Change England	61,344	23,098	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Jeremy Crook**

Role within Organisation: **Director**

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Cranfield Trust	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Outside London	
Contact person: Ms Mo Houlden	Position: Manager
Website: http://cranfieldtrust.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 800072
When was your organisation established? 26/08/1988	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Strengthening London's Voluntary Sector
Which of the programme outcome(s) does your application aim to achieve? More organisations with improved skills in financial management More organisations with improved capabilities in monitoring, evaluation and impact reporting
Please describe the purpose of your funding request in one sentence. To support voluntary organisations in London with tailored management consultancy projects, free online HR advice via HRNet and masterclasses to build skills and sustainability.
When will the funding be required? 30/06/2014
How much funding are you requesting? Year 1: £65,998 Year 2: £61,683 Year 3: £0 Total: £127,601

Aims of your organisation:

The Cranfield Trust is a leading provider of free management consultancy support and advice to frontline voluntary organisations in the social welfare field, specifically those addressing issues of poverty, disability and social exclusion. Our aim is to improve the lives of disadvantaged people and communities by ensuring the charities working with them are well managed, supported and sustainable, and that charity leaders have the skills and confidence they need to address a wide range of management issues.

Main activities of your organisation:

The Trust has an excellent track record of placing highly skilled volunteers from the commercial sector as consultants to support small to medium sized voluntary organisations and help them address a wide range of management issues. Last year, Trust pro bono volunteers worked on 245 consultancy projects (41% of new project starts were in Greater London) offering measurable benefits to frontline organisations that help people overcome disadvantage throughout the UK.

The Cranfield Trust also provides HRNet, an online and moderated human resources advice service for organisations with limited in-house HR expertise. HRNet works with a panel of volunteer advisors (many also active as Trust project volunteers) and enables 700 member charities to receive answers to short questions on HR issues, supported by a searchable website and a weekly email newsletter. 40% of HRNet members are currently based in London.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
2	13	9	750

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	Rolling lease

Summary of grant request

The Cranfield Trust has delivered a programme of free, independent strategic support to voluntary sector organisations in London including City Bridge grant-holders thanks to funding from The City Bridge Trust for the last three years, delivered by highly skilled volunteer consultants from the commercial sector and by free advice from HRNet. As the monitoring reports show, this has been extremely effective in strengthening the voluntary organisations that have been involved. We would like to apply for a grant to continue and develop this programme of support for a further two years, to support organisations at a time when voluntary organisations are going through a period of considerable change and uncertainty.

We are experiencing high demand for our consultancy projects and advice, and would like to continue to deliver a programme of strategic support to voluntary organisations in Greater London, in order to improve all management areas including financial processes and reporting, and impact measurement and performance. It would be delivered using a combination of individually tailored management consultancy projects with charities, offering one-to-one support from the Trust's pro bono consultant volunteers on particular management and/or technical issues, a series of masterclasses on key management topics and the Trust's online resource for HR, HRNet.

The main objectives of the programme would be:

- * To help City Bridge grant holders and voluntary organisations in Greater London supporting disadvantaged people and communities, by helping them manage change and by building capacity and resilience,
- * To extend the skills and confidence of charity leaders and trustees,
- * To increase the number of skilled, pro bono volunteers from the commercial sector available in the Greater London area,
- * To contribute to wider sector knowledge on issues affecting small to medium sized voluntary organisations, in particular.

The Cranfield Trust has a 25-year track record of providing support to the voluntary sector and, in this our 25th anniversary year, are planning to increase the support we provide and the range of services we offer so that we can reach many more voluntary organisations in order to improve services for beneficiaries.

The Cranfield Trust's approach is unique in offering a highly tailored, flexible service within a strong process framework. Key elements of our consultancy service are:

- * Offering one-to-one support by dedicated Project Managers to charity leaders in diagnosing management issues and helping them work through any issues that are causing concern,
- * Delivering well-specified consultancy projects tailored to meet the needs of each organisation,
- * Providing a quick response to technical HR queries,
- * Working with high calibre volunteers with excellent management skills and providing them with meaningful and managed opportunities where they can use their skills pro bono to benefit the communities where they live and work,
- * Providing a highly successful service at very low cost.

The project will meet the programme outcomes by working with 350 organisations a year to improve all aspects of their management including volunteer management, financial processes such as cash-flow forecasting, HR and performance measurement.

We gain both qualitative and quantitative feedback from both volunteers and our client charities to help inform the future development of the service and we are particularly

geared to supporting smaller to medium-sized organisations without the resources or experience of employing external consultants. Our Project Managers visit each charity client to discuss their needs before helping them scope a consultant's brief for one of our pro bono volunteers. We regularly share our learning with the wider sector through the publication of twice-yearly briefing reports - unlike membership organisations, we have very detailed knowledge of many organisations and publish trends and issues of concern.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

40 voluntary organisations in London including City Bridge grant-holders to receive highly tailored consultancy support in management, finance, HR, impact and ICT per year. This would include a diagnostic healthcheck, a thorough review of all management systems and support throughout the project by dedicated Project Managers.

At least 250 Greater London charities to receive free HR support from their membership of HRNet, including the ability to have individual employment questions answered by a panel of skilled HR practitioners, a weekly newsletter covering latest employment legislation and good practice, and a searchable knowledge database.

50 charity leaders and trustees will receive high quality masterclasses delivered by leading business thinkers and academics where they will have the opportunity to work on specific plans connected with the management of their organisations including business plans, financial processes, marketing strategies, for example.

180 highly-skilled volunteer consultants from the commercial sector will be supported by the Cranfield Trust staff team and receive regular opportunities for volunteering in a variety of different ways, as well as regular training/briefing and networking opportunities to increase their knowledge and engagement. 50 new volunteers will be recruited.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

As a result of the Trust's support, leaders of voluntary organisations in London will have increased confidence in their management skills and voluntary organisations will show improvements in their key KPIs.

London organisations who are members of HRNet will show increased confidence in HR and employment issues and will have increased knowledge about HR and employment legislation.

Charity leaders and trustees will have worked on practical plans and strategies in the masterclasses that they will be able to implement in the future.

Volunteers from the commercial sector will have made a contribution in the communities where they live and work, and will have received a rewarding volunteering experience, with increased knowledge and understanding of the issues facing disadvantaged people on their doorstep.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We plan to continue both our HRNet service and free management consultancy. The Trust is currently diversifying its funding base and work has successfully started on accessing new charitable and statutory funding with partnerships for the Trust to provide funder plus support with grant-makers and with fundraising from high-net worth individuals.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

20,000

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
HRNet Manager and Administrator (part-time)	22,824	23,964	0	46,788
HRNet server//IT support	3,200	3,360	0	6,560
HRNet subscriptions and resources	2,463	2,555	0	5,018
HRNet office costs	8,500	8,755	0	17,255
London Project Manager for 3 days	32,400	33,375	0	65,775
HRNet platform development	13,500	0	0	13,500
Volunteer briefing and networking event	2,000	2,000	0	4,000
Masterclasses for London charities - 2 per year	4,000	4,000	0	8,000
Management costs @ 12.5%	11,111	9,751	0	20,862

TOTAL:	99,998	87,760	0	187,758
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Salesforce Foundation pro bono support	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
The Beatrice Laing Foundation	10,000	10,000	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
HRNet Manager and Administrator @ 40%	9,129	9,586	0	18,715
HRNet server//IT support @ 40%	1,280	1,344	0	2,624
HRNet subscriptions and resources @ 40%	985	1,022	0	2,007
HRNet office costs @ 40%	3,400	3,502	0	6,902
London Project Manager for 3 days	32,400	33,375	0	65,775
HRNet platform development @ 40%	5,400	0	0	5,400
Volunteer briefing and networking event	2,000	2,000	0	4,000
Masterclasses for London charities - 2 per year	4,000	4,000	0	8,000
Management costs @ 12.5%	7,324	6,854	0	14,178

TOTAL:	65,918	61,683	0	141,779
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: September	Year: 2013
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Income received from:	£
Voluntary income	343,876
Activities for generating funds	458
Investment income	2,631
Income from charitable activities	0
Other sources	0
Total Income:	346,965

Expenditure:	£
Charitable activities	310,591
Governance costs	2,935
Cost of generating funds	45,074
Other	34,000
Total Expenditure:	392,600
Net (deficit)/surplus:	(45,635)
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	(45,635)

Asset position at year end	£
Fixed assets	1,572
Investments	305,307
Net current assets	225,209
Long-term liabilities	0
*Total Assets (A):	225,209

Reserves at year end	£
Endowment funds	31,000
Restricted funds	7,500
Unrestricted funds	186,709
*Total Reserves (B):	225,209

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 0%
--

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: No significant changes
--

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	27,300	10,700

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Esmee Fairbairn Foundation	0	59,600	0
Dulverton Trust	35,000	35,000	35,000
Lloyds TSB	25,000	25,000	25,000
Pears Foundation	30,000	30,000	15,000
John Ellerman	0	0	34,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Mo Houlden**

Role within **Head of Development**
Organisation:

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The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: National Association of Child Contact Centres	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Outside London	
Contact person: Ms Patricia Ross	Position: Service Development Manager
Website: http://www.naccc.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1078636
When was your organisation established? 03/06/1991	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Strengthening London's Voluntary Sector
Which of the programme outcome(s) does your application aim to achieve? More organisations with the skills to improve their volunteer management More organisations with improved capabilities in monitoring, evaluation and impact reporting
Please describe the purpose of your funding request in one sentence. To provide extra support to coordinators and volunteers in London Child Contact Centres, in order to enhance the quality of services provided to separated families
When will the funding be required? 24/11/2014
How much funding are you requesting? Year 1: £32,500 Year 2: £33,150 Year 3: £0 Total: £65,650

Aims of your organisation:

To keep children in touch with their parents following separation by:

1. Promoting the highest quality, child-focused services within a national framework of child contact services
2. Supporting, representing and accrediting a national network of child contact centres.
3. Sustaining and developing NACCC and the contact centre network.
4. Ensuring that the importance of child contact centres is high on the public and political agendas, nationally and locally

Main activities of your organisation:

NACCC has a membership of over 350 child contact centres, which provide safe venues for children to meet non-resident parents. (47 in Greater London)

We provide:

1. An accreditation process to ensure safety and quality standards.
2. Training for staff and volunteers, both through a course programme and online individual learning for volunteers.
3. An information line and website for parents, staff and referring agencies.
4. An online safe referral system for participating centres to ensure contact arrangements are assessed for risk for all parties.
5. Regular meetings with relevant policy makers and stakeholders to promote the work of contact centres, attract funding where possible and promote good practice.
6. A 'Moving on' project providing extra support to separated parents, by linking them with a support worker who will help them to collaborate to meet their child's needs

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
11	26	9	0

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	5 years

Summary of grant request

The work undertaken by Contact Centres in London has become increasingly complex, involving safeguarding children, working with parents who are in conflict and may be distressed or angry and with families from diverse backgrounds. The vast majority of contact centres are run and managed by volunteers. There is an emphasis in government towards supporting parents to work together in making arrangements for their children. Volunteers require an increasing range of skills, knowledge and confidence to be able to do this.

NACCC has received an increase in complaints about contact centres, in the last two years, from families from Black, Asian and minority ethnic families in London. There is a need to understand issues behind this, in order to support Centres to better meet needs of different communities. Through working with the Family Justice Young People's Board we have also identified a need to ensure that services are child-focussed, as the demands of parents can sometimes obscure this.

Our grant request is to address these needs through 5 strands:

- ~~61656~~; Support to Centres to achieve accreditation
- ~~61656~~; Promotion of volunteers' training and provision of additional licences to access online training
- ~~61656~~; Greater participation in national policymaking forums and in joint planning with agencies working with separated families
- ~~61656~~; Research into needs of Black, Asian and Minority Ethnic families and dissemination of learning to all London Centres
- ~~61656~~; Support to Centres to implement recommendations of Young People's Board inspections and share learning across London

NACCC is an umbrella organisation for Child Contact Centres and Cafcass requires Centres to be accredited through us. We have an infrastructure to provide support, national standards and a training programme for co-ordinators. Thus we would be able to deliver the work above cost effectively through our pool of support workers and assessors and use existing networks to cascade learning for maximum impact. Similarly staff represented on policy-making forums would attend extra meetings and feedback information both ways, using existing networks. Research would be undertaken by a London-based support worker, who would organise workshops to disseminate learning.

The overall aim of the activities for which we are applying for funding is to develop the skills of volunteers in Child Contact Centres, by increasing their understanding of the needs of separated families and improving their skills in providing a culturally sensitive service and also in incorporating young people's perspectives into everything they offer. In supporting co-ordinators, we aim to increase their skills in managing volunteers and to encourage greater evaluation of their services through feedback from parents and children.

Our project will meet the Principles of good practice:

- ~~61656~~; Feedback from workshops and training will enable us to monitor the impact of the work and learning from research and practice development
- ~~61656~~; An integral part of the project is to encourage Centres to collate and review feedback from service users in order to improve and meet needs of diverse groups
- ~~61656~~; By offering volunteers opportunities to access training online and through support towards accreditation we will improve access to our services
- ~~61656~~; Planned workshops will enable us to share learning across London and across the country through our newsletter and website. Within London we will encourage the formation of networks for sharing practice and mutual support. There is a wide range of centres in London and opportunities to share examples of good practice will help volunteers to provide a good standard of service to children and their parents across London.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Not applicable

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Help and Support for Separated Families Mark (Dept of Works and Pensions)

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Support provided to 30 Child Contact Centres over 2 years to achieve and maintain new national standards through accreditation and or re-accreditation, and to meet the requirements of the Help and Support for Separated Families Mark (HSSF Mark).

Training: 1000 modules of online training completed by volunteers, covering Safeguarding, Health and Safety and working with children and parents of separated families. Safeguarding training offered in an alternative workbook method for volunteers without access to IT.

Liaison and attendance at a minimum of 5 meeting per year with key policymakers and relevant organisations working with separated families in order to raise awareness of the work of Child Contact Centres and promote good practice.

Undertake research with Child Contact Centre staff, volunteers and service users in the Greater London area in order to identify the needs of Black, Asian and minority ethnic families experiencing separation and ways in which centres could offer support. Produce report of findings and deliver workshop to staff and volunteers

Provide support to 6 Child Contact Centres following inspections by members of the Family Justice Young People's Board to implement recommendations and ensure services are child-friendly and meet the needs of children and young people from separated families. Learning from inspections disseminated through 2 workshops to all London Centres.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

30 centres achieve accreditation or re-accreditation and achieve HSSF Mark.

250 volunteers working in Child Contact Centres are more confident and have greater understanding and skills to meet the needs of separated families.

Representation on working groups and committees working on issues for separated families and work of child contact centres recognised as integral to family justice system.

Child Contact Centres in Greater London have increased understanding of the needs of Black, Asian and minority ethnic families and are able to provide more effective and appropriate services to their local communities

6 centres inspected by the Family Justice Young People's Board in London implement recommendations made to ensure services are child -focused and develop systems to monitor feedback from children. All London centres receive feedback and ideas to develop systems to incorporate children and young people's views into their service.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We would continue to train volunteers, accredit and re-accredit centres but would have to reduce support unless successful in securing future funding. The research into the needs of BAME families and the work with the YPB are time limited, new funding would be sought to implement learning and recommendations.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

1,750

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary Costs	17,324	17,671	0	34,995
Training and Workshops	4,400	4,488	0	8,888
Travel and Subsistance	5,342	5,450	0	10,792
Telephone Costs	243	248	0	491
Printing and Stationery	600	612	0	1,212
Postage and Carriage	1,200	1,224	0	2,424
Premises Costs	3,391	3,459	0	6,850
	0	0	0	0
	0	0	0	0
TOTAL:	32,500	33,152	0	65,652

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None, City Bridge Trust funding is specifically for the activities outlined.	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary Costs	17,324	17,671	0	34,995
Training and Workshops	4,400	4,488	0	8,888
Travel and Subsistance	5,342	5,450	0	10,792
Telephone Costs	243	248	0	491
Printing and Stationery	600	612	0	1,212
Postage and Carriage	1,200	1,224	0	2,424
Allocation of Premises Costs	3,391	3,459	0	6,850
	0	0	0	0
	0	0	0	0
TOTAL:	32,500	33,152	0	65,652

Financial year ended -

Month: 31st March

Year: 2014

Income received from:	£
Voluntary income	377,836
Activities for generating funds	0
Investment income	2,427
Income from charitable activities	131,854
Other sources	0
Total Incoming Resources	512,117

Expenditure:	£
Charitable activities	339,713
Governance costs	24,491
Cost of generating funds	40,926
Other	0
Total Resources Expended	405,130
Net (Deficit)/Surplus:	106,987
Other Recognised Gains/(Losses)	0
Net Movement in Funds	106,987

Asset position at year end	£
Fixed assets	39,026
Investments	0
Net current assets/(liabilities)	508,550
Long-term liabilities	0
*Total A	547,576

Reserves at year end	
Unrestricted funds	272,060
Restricted funds	170,697
Endowment funds	104,819
*Total B	547,576

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	159,084	175,978	128,605
Other statutory bodies	0	64,583	159,137

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Tudor Trust	50,000	50,000	30,000
The Dulverton Trust	0	0	25,000
George Barnes	112,316	71,896	9,076
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Patricia Ross**

Role within **Service Development Manager**
Organisation:

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Aims of your organisation:

To promote any charitable purposes for the benefit of the public, principally but not exclusively in the local government area of Tower Hamlets and its environs and, in particular, build the capacity of third sector organisations and provide them with the necessary support, information and services to enable them to pursue or contribute to any charitable purpose.

To promote, organise and facilitate co-operation and partnership working between third sector, statutory and other relevant bodies in the achievement of the above purposes within the area of benefit.

Main activities of your organisation:

Empty box for main activities of your organisation.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?

Summary of grant request

Governance, Finance & Impact Project

Through a holistic approach, we aim to achieve a step change in how trustees, staff and volunteers work together for continuous improvement in the quality of their organisations and services. The project comprises two areas:

- 1) Support and training on finance, monitoring and impact reporting
 - (i) In-depth tailored support for a cohort of 8 organisations a year includes diagnostic assessment to ascertain strengths and weakness around financial management and systems, monitoring, evaluation and impact measurement. This will result in a mutually agreed action plan for improvement.
 - (ii) Training and support on monitoring, evaluation and impact reporting will provide resources and 8 workshops for 64 participants a year on monitoring, evaluation and impact reporting.
 - (iii) Training on financial management and systems will provide fact sheets and 62 workshops and surgeries on financial management and systems.
- 2) One year Volunteer trustee training and brokerage service in partnership with Volunteer Centre Tower Hamlets is a one year scheme involving recruitment, training and placement of 30 trustees in VCS organisations.

Need

1.1 Our development work has highlighted that many organisations are facing challenging capability issues and need more specific support on governance, organisational structure and finance, particularly during transition from one phase to another e.g. from being entirely volunteer led to having paid staff, or from having only small grants to applying for larger funding.

1.2 Public sector commissioning requires organisations to demonstrate quality assurance and effectively monitor, evaluate and demonstrate impact of their services. It is one of the strategic aims in the Tower Hamlets VCS Strategy:

"Evaluating and monitoring impact is a key strand of this VCS Strategy...it is increasingly important that the effectiveness of interventions and services are well understood..."

1.3 Poor financial stewardship in VCS organisations is of concern. Our recent European Social Fund Technical Assistance programme revealed weaknesses in many small organisations' financial systems and management.

2. THCVS found that boards can hinder rather than facilitate change. The issues we have identified include:

- Stagnation e.g. board members remaining the same over many years.
- Difficulty in recruiting, inducting and training new trustees.
- Split boards, with different levels of commitment or understanding.

Our Volunteer Centre led trustee training and brokerage pilot project in 2012-13 addressed some of these issues by recruiting, training and matching trustees to organisations. This informs our proposal.

THCVS has evidence based knowledge of the governance, finance, monitoring, evaluation and impact needs of local voluntary and community organisations. We have the expertise,

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

96 hours in-depth support for 8 organisations (12 hours each) per annum, from diagnosis to implementation of action plan for organisational development.

8 specialist monitoring, evaluation and impact reporting training/workshops (including 2 PQASSO workshops) for a total of 64 participants per annum.

A minimum of 30 surgeries/in-depth one to one support on financial management and 30 surgeries on systems per annum to provide small organisations with the knowledge and capability to manage their organisations in a for robust financial management.

4 PQASSO workshops per annum on the quality assurance standards of managing money, managing resources, monitoring & evaluation, and results.

3 Trustee training courses for 10 participants each complemented by 3 open evenings and 3 matching events in year 1, training 30 residents and placing them with a minimum of 15 organisations.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

80% of supported staff and trustees surveyed reporting more confidence and capability in managing their organisations.

80% of organisations supported reporting improved capability to monitor, evaluate and report the impact of their projects and activities.

80% of organisations supported reporting a more robust financial management, controls and systems.

80% of organisations supported making informed decisions to raise more funds from Gift Aid.

60% of supported organisations have new and or diverse board members to strengthen their capability. 80% of trained residents feel well-trained/prepared and able to contribute effectively to local trustee boards (70% women, 70% under the age of 40).

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?
In which Greater London borough(s) or areas of London will your beneficiaries live? Tower Hamlets (100%)
What age group(s) will benefit? 16-24 25-44 45-64 65-74
What gender will beneficiaries be? All
What will the ethnic grouping(s) of the beneficiaries be? White (including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy, Traveller or Irish Traveller; Any other White background) Mixed/ Multiple ethnic groups (including White and Black Caribbean; White and Black African; White and Asian; Any other Mixed/ Multiple ethnic background) Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background) Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background) If Other ethnic group, please give details: Vietnamese
What proportion of the beneficiaries will be disabled people? 1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff and Management	61,942	52,667	53,025	167,634
Other Direct Delivery Costs	2,650	2,150	2,150	6,950
Overheads	6,506	5,573	5,657	17,736
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	71,098	60,390	60,832	192,320

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
THCVS Reserves	4,328	4,328	4,328	12,984
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	4,328	4,328	4,328	12,984

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff and Management	57,614	48,339	48,697	154,650
Other Direct Delivery Costs	2,650	2,150	2,150	6,950
Overheads	6,506	5,573	5,657	17,736
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	66,770	56,062	56,504	179,336

From your most recent audited or independently examined accounts, complete the following:

Financial year ended -

Month: 31st March

Year: 2014

Income received from:	£
Voluntary income	205,137
Activities for generating funds	0
Investment income	0
Income from charitable activities	248,835
Other sources	0
Total Income	453,972

Expenditure:	£
Charitable activities	474,763
Governance costs	4,570
Cost of generating funds	1,715
Other	0
Total Expenditure	481,048
Net (Deficit)/Surplus:	(27,076)
Other Recognised Gains/(Losses)	0
Net Movement in Funds	(27,076)

Asset position at year end	
Fixed assets	1,491
Investments	0
Net current assets	111,321
Long-term liabilities	0
*Total A	112,812

Reserves at year end	
Endowment funds	0
Restricted funds	861
Unrestricted funds	111,951
*Total B	112,812

* Total A and Total B must be the same and should be taken from your balance sheet

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	237,741	193,462	200,000
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	279,906
Other statutory bodies	0	0	47,000

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
	0	0	0
	0	0	0
	0	0	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Khadiru Mahdi**

Role within **Chief Executive**
Organisation:

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